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Cyngor Sir
CEREDIGION
County Council

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Aberaeron, Ceredigion SA46 0PA
ceredigion.gov.uk

Date Not Specified

Dear Sir / Madam

I write to inform you that a Meeting of the Healthier Communities Overview and Scrutiny Committee will be held at the COUNCIL CHAMBER - PENMORFA on Monday, 23 January 2023 at 10.00 am for the transaction of the following business:

1. **Apologies**
2. **Disclosures of personal interest (including whipping declarations)**
Members are reminded of their personal responsibility to declare any personal and prejudicial interest in respect of matters contained in this agenda in accordance with the provisions of the Local Government Act 2000, the Council's Constitution and the Members Code of Conduct. In addition, Members must declare any prohibited party whip which the Member has been given in relation to the meeting as per the Local Government (Wales) Measure 2011.
3. **A report on the Trace and Protect service in Ceredigion (Pages 3 - 12)**
4. **Presentation from Child Adolescent Mental Health Service (CAMHS) (Pages 13 - 14)**
5. **Ceredigion Carers Unit Annual Report 2021-2022 (Pages 15 - 38)**
6. **West Wales Care Partnership Regional Carers Development Group Annual Report (Pages 39 - 58)**
7. **Independent Reviewing Officer Quarter 1 and quarter 2 report (Pages 59 - 120)**
8. **Sport Wales School Sport Survey 2022 (Pages 121 - 194)**
9. **To confirm Minutes of the previous meeting and to consider any matters arising therefrom (Pages 195 - 200)**

Members are reminded to sign the Attendance Register

A Translation Services will be provided at this meeting and those present are welcome to speak in Welsh or English at the meeting.

Yours faithfully

A handwritten signature in black ink, appearing to read 'L Edwards', written in a cursive style.

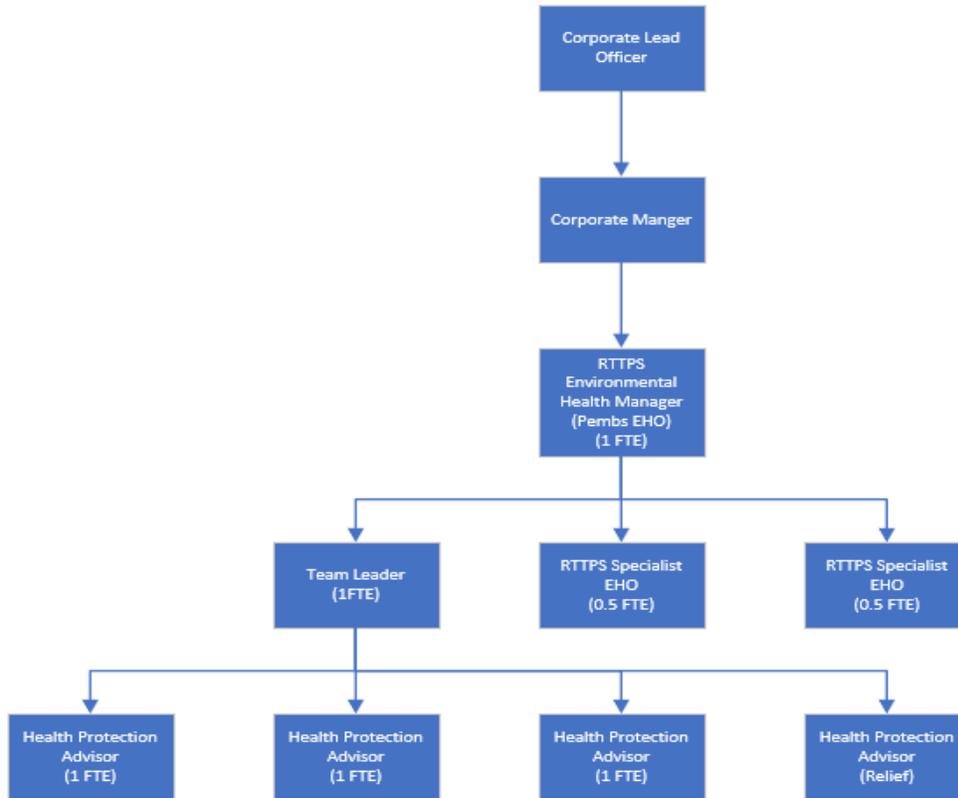
Miss Lowri Edwards
Corporate Lead Officer: Democratic Services

To: Chairman and Members of Healthier Communities Overview and Scrutiny Committee

The remaining Members of the Council for information only.

Cyngor Sir CEREDIGION County Council	
REPORT TO:	Healthier Communities Overview and Scrutiny Committee
DATE:	23rd January 2023
LOCATION:	Hybrid
TITLE:	A report on the Trace and Protect service in Ceredigion.
PURPOSE OF REPORT:	To provide an update on the Trace and Protect service for Ceredigion.
REASON SCRUTINY HAVE REQUESTED THE INFORMATION:	To be updated on the current position.
<p>Background</p> <p>In July 2022, a new but temporary service delivery model for the Trace and Protect Service was established, within the Hywel Dda Region. The new service was set up in response to the objectives outlined in “Together for a Safer Future: Wales’ Long-term Covid-19 Transition from Pandemic to Endemic” and the expectations from Welsh Government regarding the use of the significantly reduced contact tracing funding for 2022-23 i.e. 40% of 2021/22 budget. To account for the reduced budget and reduction in staff numbers (15-20% of the 2021/22 staff complement), Pembrokeshire and Ceredigion TTP services combined to achieve economies of scale and build resilience across the two smaller local authorities. The combined team works alongside the Carmarthenshire TTP service.</p> <p>Each Trace and Protect Team is supported by a Regional Response Cell (RRC), staffed by the Health Board and Public Health Wales. Each team reports to a Regional Strategic Oversight Group (RSOG) who are generally responsible for agreeing the main strategic direction and priorities. The RSOG is comprised of senior officers from Ceredigion, Carmarthenshire, and Pembrokeshire County Councils, Hywel Dda UHB and Public Health Wales.</p>	

Ceredigion Team Structure



Since the beginning of July 2022, contact tracing has been targeted on protecting the most vulnerable and supporting the response to local Covid-19 outbreaks and clusters, primarily in closed care settings. In practice, this means that only positive cases identified as health and social care workers or who are connected to other closed settings such as care home residents, hospitals, and Additional Learning Needs Educational (ALNE) Units are contact traced. Their close contacts are then sent an automated “warn and inform” text message rather than receiving a telephone call.

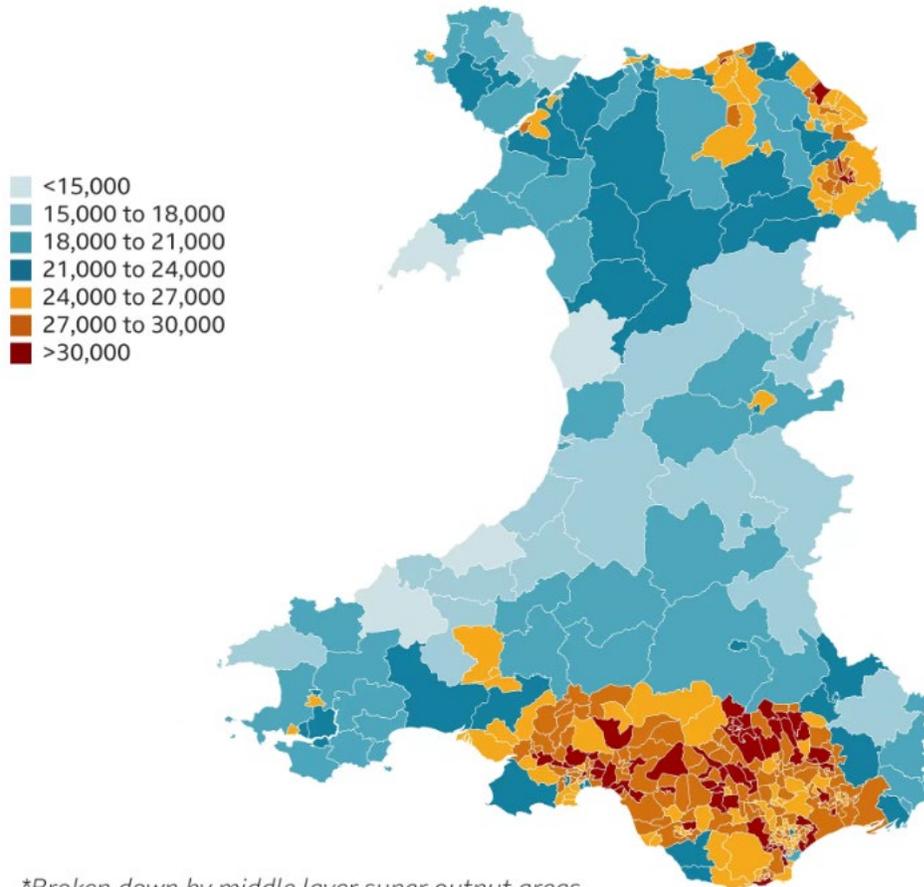
As a consequence, the scope for full contact tracing is very narrow and coexists alongside a significant reduction in the scale of testing now available. Testing is currently only made available to specified groups of individuals within our community, as described above. Widespread community testing, as seen during the height of the pandemic, is no longer available.

Incidence of Covid-19 in Wales

The series of graphs and illustrations below have been included to visually represent the development of the COVID-19 pandemic throughout Wales since March 2020.

Welsh Covid-19 cases

Cases per 100,000 people (Mar 2020 - Apr 2022)



**Broken down by middle layer super output areas*

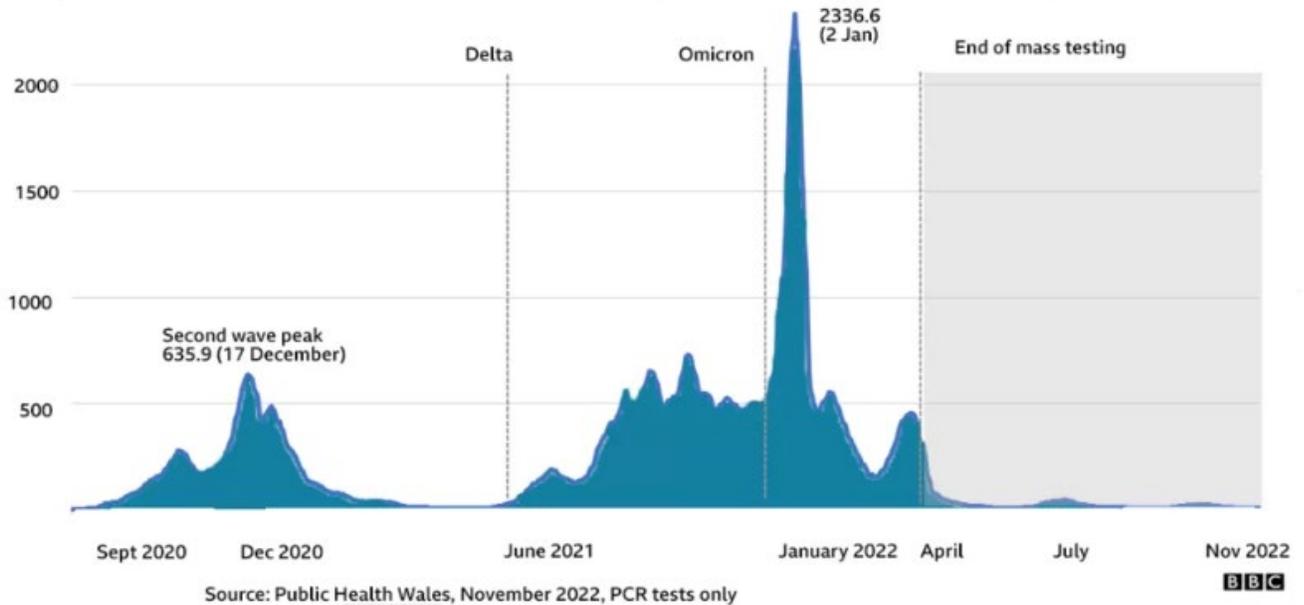
Source: Public Health Wales

BBC

The map of Wales above clearly demonstrates that the incidence of Covid-19 in Ceredigion during that period was one of the lowest in Wales. Please note that this map includes cases up until April 2022. Following this mass testing was significantly scaled back.

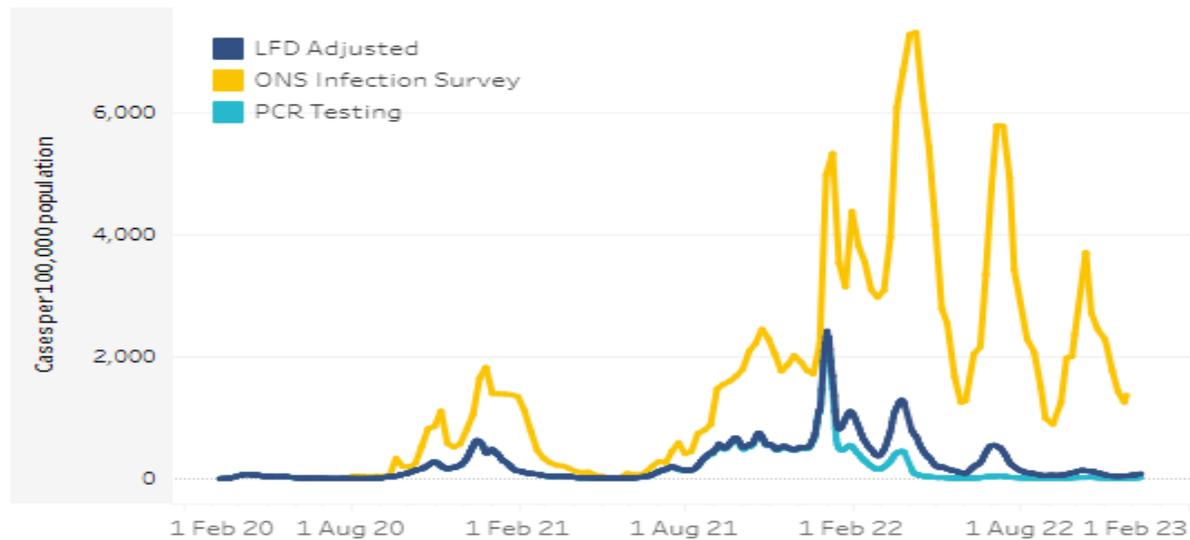
Covid-19 case rate in Wales

Positive tests per 100,000 people over seven day period



The graph above provides a clear timeline of the development of the COVID-19 pandemic depicting the case rate across Wales over time. The associated 'waves' of the pandemic are clearly visible. Also of particular interest are additional annotations to help provide some context along the timeline, which include the two most virulent variants of COVID-19 (Delta and Omicron) and the end of mass testing.

Comparison of adjusted case episode rates (PCR + LFD episodes) per 100,000 population to cases estimated by the ONS infection survey



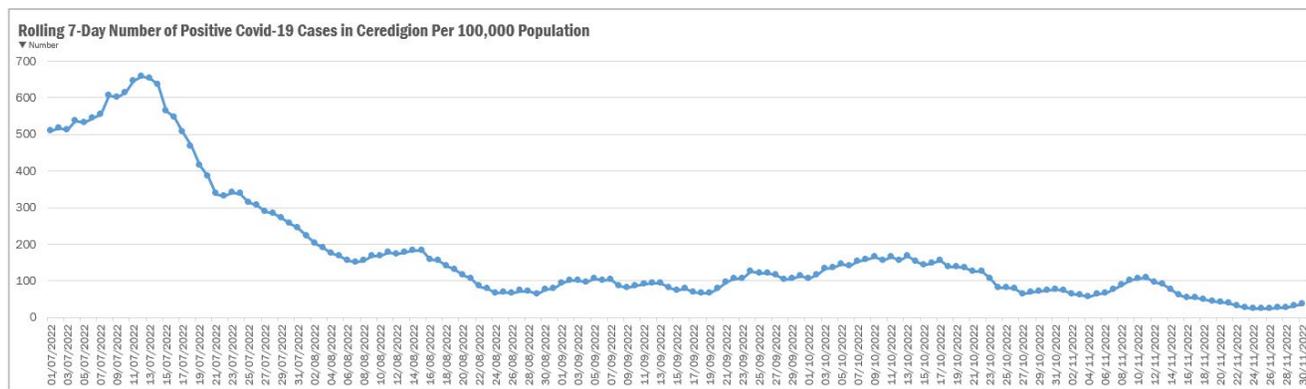
Following the end of mass community testing, the numbers that are generated for the incidence of COVID-19 are no longer reflective of the true levels of infection within the community. The above graph highlights this point by including the data provided by the ONS infection survey (which estimates the true levels of infection in the community) against the cases reported through either PCR or LFD testing. The disparity between the two are more evident post April 2022.

Current incidence of Covid-19 in Ceredigion.

Between the 1st of July and 30th of November 2022 there have been a total of 2647 cases officially reported to TTP in Ceredigion. 591 of which are deemed to be priority cases and therefore would have received a full trace. This accounts for approximately 22% of the total cases reported. The table below provides details of the number of cases per month:

Month	Total	Priority	%
July	1381	255	18.5
Aug	398	99	24.9
Sept	309	59	19.1
Oct	389	106	27.2
Nov	170	72	42.4

Below is a line graph that represents the incidence rate for COVID-19 in Ceredigion per 100,000 population from 1st July – 30th November 2022.



The incidence rate in this period was highest in mid-July and has fallen since and remained relatively stable over the last four months. The most recent data for December, that are not shown in this graph, are starting to increase.

Performance

The performance of the Ceredigion TTP team was acknowledged as being one of the best in Wales. The table below illustrates the continued performance of the team in cases received and processed from 1st July – 12th December 2022.

% Successful follow up	% Cases followed up in 24 hours	% Successfully followed up within 48 hours
97.87%	87.23%	97.87%

Contact tracing priorities and additional work streams July 2022 - March 2023

Regional Priorities (in order of importance) for the new Team are as follows:

Covid-19 response:	
Priority 1	<ul style="list-style-type: none"> • Contact tracing • Reactive response to significant incidents and outbreaks across the Region • Surge contingency plans and maintenance programme
Priority 2	<ul style="list-style-type: none"> • Pro-active and preventative advice and support to priority settings (i.e. Health care / Care homes / Special schools)
Priority 3	<ul style="list-style-type: none"> • Pro-active and preventative compliance checks to priority settings (with referrals to Environmental Health Practitioners, Health and Safety Executive, Care Inspectorate Wales where appropriate) • Engagement with diverse and minority groups with respect to Covid-19 (i.e. health awareness, vaccine uptake, advocacy to ensure they are not disadvantaged by practices/ processes)
Priority 4	<ul style="list-style-type: none"> • Covid-19 pro-active and preventative advice and support, compliance checks to lower priority settings (i.e. schools, childcare, large manufacturers and processors)
Wider health protection delivery:	
Priority 4+	<ul style="list-style-type: none"> • Contact Tracing of other infectious diseases • Wider health inequalities support for vulnerable and disadvantaged groups (i.e. health promotion, childhood vaccinations, participation in screening programmes) • Food safety support • Supporting testing or supporting Covid-19 vaccination

Priority 1 - Contact Tracing / Reactive Response / Contingency Planning

- From July 2022 contact tracing has continued and is targeted on protecting the most vulnerable individuals. It continues to be the main priority of the team.
- Support and response to significant incidents and outbreaks of Covid-19 within Ceredigion is provided by Specialist Environmental Health Officers who have been retained within the team. These Officers provide public health support to all high-risk settings within the county when outbreaks of COVID-19 occur. These settings include residential/nursing homes and ALNE Units. The officers actively work with these settings providing advice on infection prevention and control to prevent further transmission of the virus.

In Ceredigion there are 18 residential/nursing homes and 10 ALNE Units. When onward transmission of COVID-19 is identified at these settings, enhanced public health interventions are triggered and an incident is declared. On average the Specialist Environmental Health Officers would respond to 2/3 incidences a month. However, this number fluctuates considerably in line with the prevalence of the virus in the wider population and is seasonal dependent - we are currently experiencing an increase in the number of incidents within our care homes during the autumn and early winter period.

- Contingency planning to ensure that mechanisms are in place for a surge workforce if required. A 'reservist' register of previously employed TTP staff is held by the Authority.

Priority 2,3 & 4 - Health Protection

When demand for contact tracing is low and there is capacity within the team, other priority areas are considered which include the following:

Proactive Care Home Project

The first phase of this project has been completed. All residential and nursing homes in Ceredigion have now received a proactive call from a Health Protection Adviser. The purpose of the call was to discuss their understanding and compliance with current guidance in the care home in readiness for the Autumn and Winter period. Information on the following areas was gathered for each care setting:

- Details of care setting including number of residents and staff
- Details of standard infection prevention and control precautions (IP&Cs) in place
- Details of policies, procedures, and training in place.

The team are now progressing to 'Phase 2' of this project. The information gathered from the care settings has been considered by the Specialist Environmental Health Officers and those homes requiring further assistance and advice have been determined. These homes will receive ongoing proactive support whilst also being provided with training in relation to infection prevention and control. Some establishments have already received specific training in relation to donning and doffing/ hand washing by the Health Protection Advisors. Whilst carrying out this project, Health Protection Advisors have also taken the opportunity to engage again with these settings to promote the uptake of the COVID-19 and flu vaccinations for both residents and health and social care staff.

Investigate sporadic cases of gastrointestinal illness

As part of the TTP Service, the Health Protection Advisors have developed specialist skills to undertake their duties in contact tracing. These focus predominantly on communication, interviewing and investigatory skills gained during the pandemic. These skills have been

recognized as having value within the wider communicable disease function of public protection. As such Health Protection Advisers have been trained to undertake other communicable disease investigations to assist the wider public protection team.

Summary

The team continues to trace and provide support to Covid-19 positive individuals with the overall aim of protecting the most vulnerable in our society. In addition, the team will continue to implement, where possible, the regionally agreed alternative workstreams which promotes the wider public protection agenda.

WELLBEING OF FUTURE GENERATIONS:	Has an Integrated Impact Assessment been completed? If, not, please state why		This is a report on an activity not a new policy.
	Summary:		
	Long term:		
	Integration:		
	Collaboration:		
	Involvement:		
Prevention:			
RECOMMENDATION (S):			
That scrutiny considers the content and accept the report for information.			
REASON FOR RECOMMENDATION (S):			
Contact Name:	Carwen Evans		
Designation:	Corporate Manager Public Protection		
Date of Report:	15 th December 2022		
Acronyms:	None.		
Background Papers:			

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CEREDIGION COUNTY COUNCIL

Report to: Healthier Communities Overview and Scrutiny Committee

Date of meeting: 23rd January 2023

Title: Presentation from Child Adolescent Mental Health Team (CAMHS)

Purpose of the report: Requested by Chair and Committee Members

**Cabinet Portfolio and Councillor Alun Williams
Cabinet Member:**

Background

The Chair and Members of the Healthier Communities Overview and Scrutiny Committee agreed to invite the Head of CAMHS to a Committee meeting.

Angela Lodwick, Head of Service CAMHS & Psychological Therapies agreed to attend and present the following information:

1. CAMHS provision for young people in Ceredigion,
2. Increased demands on the service, and the reasons for this,
3. Support available to raise self-confidence and self-worth for secondary school children (especially years 8 – 10 who lost two key years due to Covid-19),
4. Self-referring, early intervention and services available to alleviate the problems before they escalate.

Angela Lodwick, Head of Service CAMHS & Psychological Therapies) agreed to attend and present at the 23rd January 2023 meeting.

**Has an Integrated Impact No
Assessment been completed?
If, not, please state why**

Wellbeing of Future Generations:
Summary:
Long term:
Collaboration:
Involvement:
Prevention:
Integration:

Recommendation(s): To receive information and feedback to Cabinet if required.

Reasons for decision:

Overview and Scrutiny:

Policy Framework:

Corporate Priorities: Support public and third sector partners to develop community-based mental health facilities, support groups and programmes

Finance and Procurement implications: None

Legal Implications: None

Staffing implications: None

Property / asset implications: None

Risk(s): None

Statutory Powers:

Background Papers:

Appendices:

Corporate Lead Officer:

Reporting Officer: Angela Lodwick, CAMHS (report complete by Dwynwen Jones, Overview and Scrutiny Officer)

Date: 19/12/22

Cyngor Sir CEREDIGION County Council

REPORT TO: Healthier Communities Overview & Scrutiny Committee

DATE: 23 January 2023

LOCATION: Hybrid

TITLE: Ceredigion Carers Unit Annual Report 2021-2022

PURPOSE OF REPORT: To report on the achievements of the Ceredigion Carers and Community Support Team and progress against their agreed targets and objectives during the year 2021-2022

**REASON SCRUTINY
HAVE REQUESTED THE
INFORMATION:** For information.

BACKGROUND:

During 2021/22 as part of the TAW re-structure the Carers Unit and Community Connectors were joined under a single management structure, becoming the Carers and Community Support Team.

Community Connectors support residents of all ages and their families to make connections, access advice and assistance opportunities, as well as identifying appropriate services and groups, within their own communities, such as social groups that could help contribute to and improve their wellbeing. They also develop opportunities to meet the various needs within these communities.

A Carer is 'Anyone who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction, cannot cope without their support'.

Carers have a right to a life beyond their caring role and to do so, need both effective services to support the people they care for and for them as Carers in their own right.

Welsh Government refers to a "Carer Friendly Wales", noting that unpaid Carers of all ages are a valued and valuable part of society. Across Wales there are over 370,000 unpaid Carers undertaking 96% of care at a community level. Furthermore, Carers make a positive difference by holding families together, enabling loved ones to get the most out of life whilst making an enormous contribution to society and saving the economy billions of pounds every year.

Welsh Government have set out their expectation under the Social Services and Wellbeing Act (Wales 2014) that health, local authorities and the third sector will work in partnership to support Carers under the Act. In 2021, The Welsh Government under their Strategy for Unpaid Carers, set out 4 priorities:

- Identifying and valuing Carers
- Providing information, advice and assistance
- Supporting life alongside caring
- Supporting Unpaid Carers in Education and the Workplace.

Provision of information via the DEWIS and Family Information Service platforms continues to be a priority for the Carers and Community Support Team.

CURRENT SITUATION:

SOCIAL SERVICES AND WELLBEING ACT (WALES) 2014

Ceredigion County Council remain committed to providing the best possible outcomes-focused service to enhance the lives of Carers, and to continuously improve support, services and recognition of Carers in Ceredigion. The Act provides a definition of a **Carer** as *“a person who provides or intends to provide care for an adult or disabled child”*. This removed the requirement that carers must be providing “a substantial amount of care on a regular basis”.

Has an Integrated Impact Assessment been completed? If not, please state why

Summary:

WELLBEING OF FUTURE GENERATIONS:

- Long term:** Balancing short term need with long term and planning for the future
- Integration:** Positively impacting on people, economy, environment and culture and trying to benefit all three
- Collaboration:** Working together with other partners to deliver
- Involvement:** Involving those with an interest and seeking their views

Prevention: Putting resources into preventing problems occurring or worsening

RECOMMENDATION (S):

REASON FOR RECOMMENDATION (S):

Contact Name: Sara Humphreys
Designation: Team Manager Carers and Community Support Team
Date of Report: 28 November 2022



CARERS AND COMUNITY SUPPORT TEAM

Annual Report



Cyngor Sir
CEREDIGION
County Council

2021 - 2022



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INTRODUCTION



A MESSAGE FROM CORPORATE MANAGER - EARLY INTERVENTION, IWAN DAVIES

I am very pleased to receive the Carers and Community Support Team Annual Report for 2021/2022. I would like to take the opportunity to congratulate the team and its partners for their considerable achievements over what has been a challenging year due to the global pandemic.

Research informs us that nationally there is an increase in the number of unpaid carers. The need for the support provided by the Carers and Community Support Team has never been so important.

The report highlights a number of successes including the distribution of the Carers Fund to promote the wellbeing of carers in Ceredigion and the delivery of Afternoon Teas (Break in a Box) to carers. The Community Connectors received over 800 referrals for support during the 12 months and the Connect to Kindness Campaign has been nominated for a Western Telegraph Award.



As services increasingly return to face-to-face delivery, I am confident that the Carers and Community Support Team is well placed to continue to provide an excellent service and develop further initiatives for the benefit of the residents of Ceredigion.



BEGINNING THE TRANSFORMATION

2021/22 has been a year of transition. As part of the transformation towards the Through-Age and Wellbeing model, two small teams, the Carers Unit and Porth y Gymuned merged to become the Carers and Community Support Team. This new way of working has required us to re-evaluate how we operate and to develop ways in which we can integrate the two former entities into one, effective and high performing, team.

The Through Age and Wellbeing model gives a strong foundation to build on and a clear direction for the work that the team will be undertaking in the coming years.

The Carers and Community Support Team deliver the 'right support at the right time' to the residents of Ceredigion.

Working in the presence of COVID, for a second year, continued to present us with challenges. We have been committed to delivering the message of the importance of the vaccination programme to the community, ensuring that unpaid carers knew when they could expect their vaccinations and boosters and that those who are vulnerable knew where, when, and how to get theirs.

Replacement care

One of the biggest challenges for unpaid carers is accessing long term replacement care to enable them to have a break from their caring role. Care agency staff vacancies and staff isolating due to Covid made it difficult for replacement services to be commissioned for carers. Some of the requests from commissioning were going out to tender 3 times or more without an agency having capacity to take on a new client. To help alleviate this, we were able to access 'winter pressure' funding to extend the short-term replacement care service that Gofalwyr Ceredigion Carers offered, from 6 weeks to 12 weeks. This allowed more time to source long term services.

Towards the end of the year the Community Connectors were able to undertake doorstep visits and be involved in outdoor events. This has had a positive impact on the team and our clients, allowing us to connect within our communities and showing us that there is light at the end of the tunnel. We are looking forward to being back out, in person, across Ceredigion in 2022/23.

**SARA HUMPHREYS
TEAM MANAGER - THROUGH AGE CARERS
AND COMMUNITY SUPPORT**

CARERS UNIT BUSINESS OBJECTIVES

- 1 Identifying and recognising carers, providing them with information advice and assistance.
- 2 Supporting life alongside caring to enable them to maintain their capacity to care and have a life beyond caring.
- 3 Supporting carers in education and the workplace enabling carers to work and learn alongside their caring role.

What did we do?



Increased Carers Information Service membership by

43%

to

1659

carers



Printed and distributed

5000

Carers Magazines across Ceredigion



Reopened **Ceredigion Carers Fund**, awarding

£98,528

of funding directly to carers to improve their health and wellbeing

Delivered

1600

Welsh Afternoon Teas 'Break in a box' to carers.



Worked with partners to deliver

16

activities/learning sessions for carers

75,911

views and shares on facebook



Worked with partners to raise awareness of carers and coordinate programmes of activities to align with

3

national carer events



YOUNG CARERS ACTION DAY

16 MARCH 2022

Taking Action on Isolation



Gofalwyr Ceredigion Carers

Supported Gofalwyr Ceredigion Carers to deliver information and advice to

711

carers, and provide

2143 hours of replacement care to give them a break from their caring role



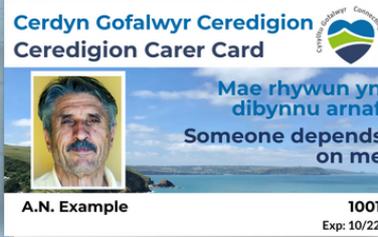
an **80%** increase from 2020/21



160

new registration and referral forms received from GP surgeries

Issued **150** carer cards to adult carers and young carers



Worked with Action for Children to support



83 young carers and young adult carers to have a life outside their caring role

YOUNG CARERS SERVICES

This year, we were required to coordinate recommissioning the young carers service in Ceredigion. To do this, we consulted with young carers about what support they felt they needed and how and where they wanted to access it.

Working with key partners within the local authority, health services and the third sector, we designed a new service specification which successfully went out to tender in November 2021.

The new service commenced on 1 April 2022, with the old and new providers working in partnership to ensure a seamless hand over. Action for Children, who were the outgoing commissioned service, worked professionally with the new service to ensure that the young carers continued to receive the best possible service during this time. We would like to thank all the staff at Action for Children for their commitment and hard work with young carers in Ceredigion over the past few years.

The new young carer service provider is Gofalwyr Ceredigion Carers, who currently provide support for adult carers in the county. We look forward to seeing how they will develop our joint vision of a through age service over the next two years.

We also reached out to young carers to review the outdated 'Who cares' young carer leaflet. Using ICF money, we asked our partners to develop a new regional information booklet.



The new leaflet will be distributed across the region as a free resource for young carers, during 2022-23.



HOW ARE CARERS SHAPING OUR SERVICE?

WE RECEIVED FEEDBACK ABOUT...



Ceredigion Carers Fund

Information provision



**Welsh afternoon tea
'break in a box'**



Training and learning sessions

Young carer information



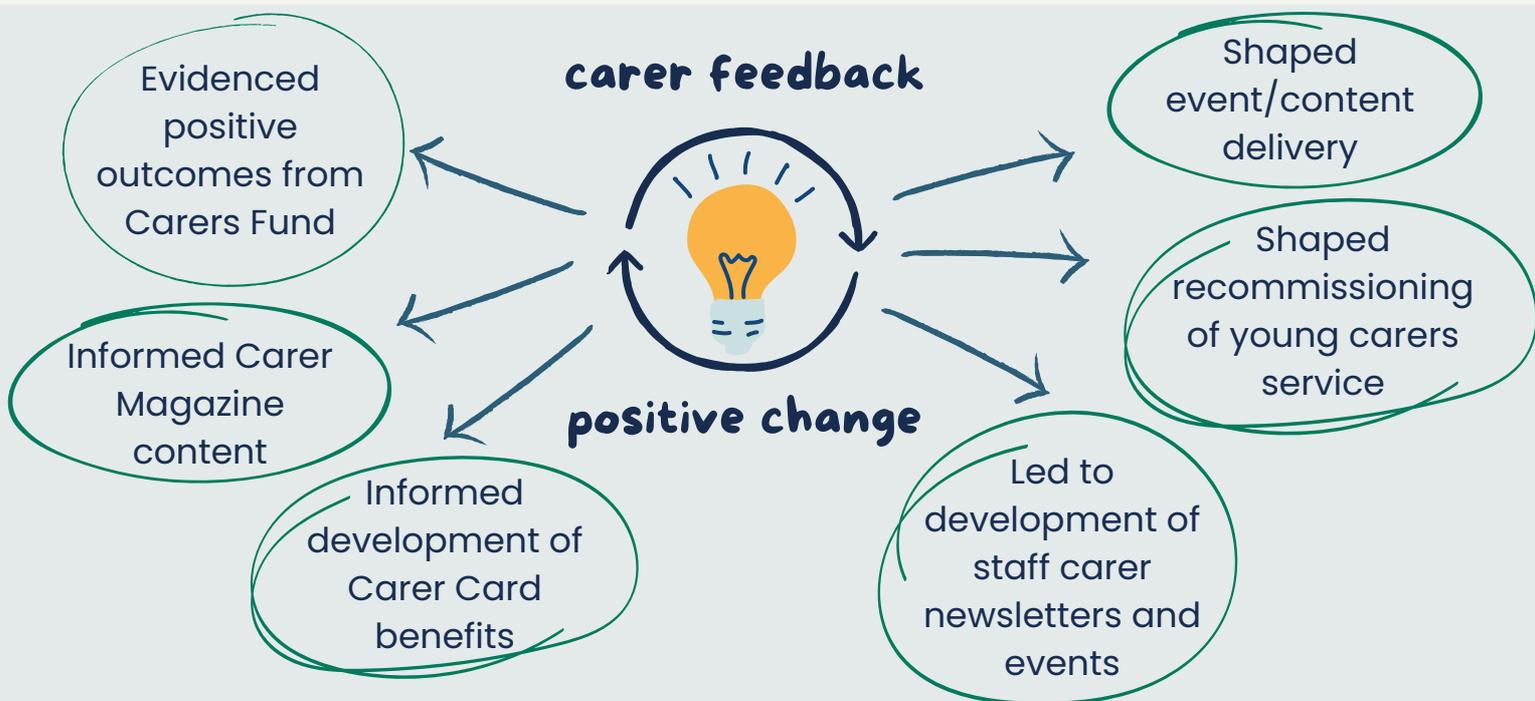
Carers Magazine



Events and activities



HOW FEEDBACK WAS USED:



EXAMPLE:

CARERS WERE ASKED WHAT THEY WOULD LIKE TO BE ABLE TO USE THEIR CARER CARD FOR

Carers said...

'the swimming pool and stuff like that'

'leisure centres'

'gyms and leisure facilities'

What did we do?

We approached Porth Cymorth Cynnar's Wellbeing Centre Service and were able to negotiate free access to all Council owned leisure facilities for carers of all ages, on production of their Ceredigion Carer Card.



WHAT WERE THE CHALLENGES?

- Another year of Covid and period of change
- 'Zoom fatigue'; finding ways to continue to maintain remote engagement with carers
- Engaging with and providing support to carers who are not digitally active
- Supporting carers to have breaks without face-to-face services
- Delivering support, events and activities without face-to-face contact
- Capacity to deliver everything we would have liked to
- Unable to engage with schools re young carer cards



WHAT WENT WELL?

- Increased reach of Carers Information Service
- Appointment of new commissioned support service for young carers
- Increased social media promotion
- Carers Fund
- Regional partnership working
- Collaborative working with other council services



WHAT NEEDS TO HAPPEN?

- Increase team capacity through appointment of new staff and newly created roles
- Review structure and content of all the carers pages on the website and revise to improve accessibility and usability
- Work across the region to review information for young carers and ensure information available for them is up to date relevant and accessible
- Work across the region (and nationally) to develop sustainable breaks for carers



COMMUNITY CONNECTORS BUSINESS OBJECTIVES

1 Asset Based Community Development

2 Embed/ Link Service area within Porth Cymorth Cynnar – Expand Information, Advice and Assistance

3 Develop Family Information Services and Dewis

What did we do?



971

enquiries logged through Clic, via email, mail, telephone and website

845

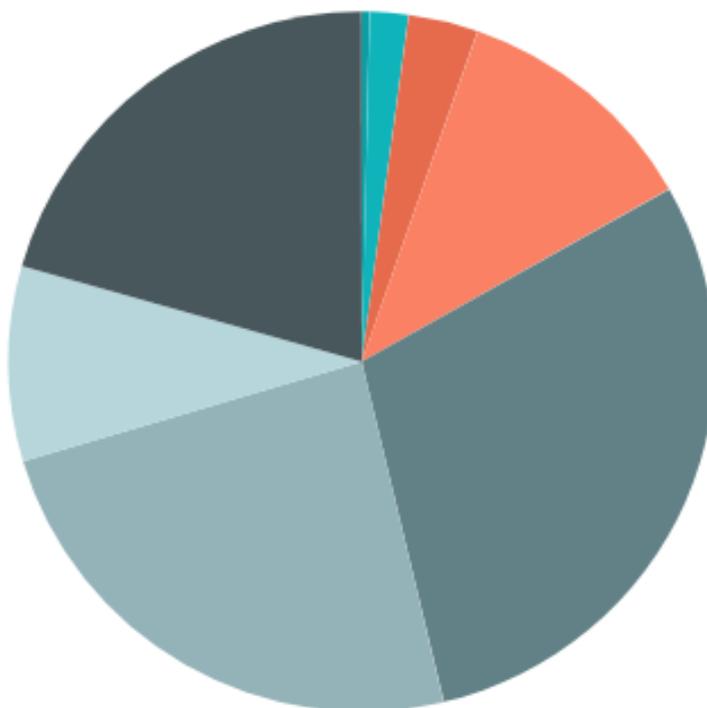
referrals received

Signposted and referred

468

individuals and community groups to other council services, health services and 3rd sector organisations

Age range of referrals received



0-17 (0.36%) 18-25 (1.78%) 26-39 (3.2%)
 40-59 (11.48%) 60-79 (29.47%) 80-89 (24.14%)
 90+ (8.99%) Unknown* (20.59%)

*referral may be for a group of individuals; therefore no age is recorded



63% of individual referrals were for people over the age of 60.



Worked with partners to raise awareness of 'Connect to Kindness' campaign and the 'Connect' platform,

676

members and contributors signed up

Identified the top

5

service gaps



- **Transport**
- **Befriending**
- **Sitting services**
- **Meals at home**
- **Handyperson**



56

Blue badge applications completed



54

safeguarding referrals raised



Dewis Cymru

Have choice and take control



Supported over

1700

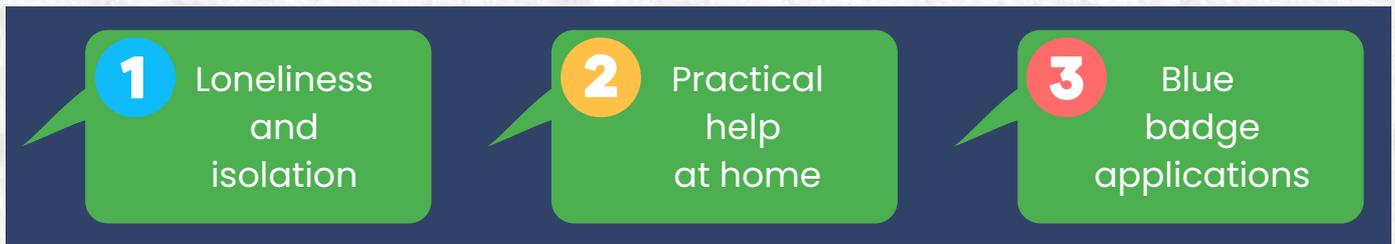
local and national services to advertise their services on Dewis Cymru

including over

650

Ceredigion specific resources

The top 3 reasons people contacted the Community Connectors were:



EXAMPLES:

Scenario	Outcome
<p>A young person is lonely and having difficulty socialising in her area.</p>	<p><i>'After having a 'what matters' conversation with the young person, I learned about her interests, and I suggested joining a local Arts4Wellbeing group. I was in regular communication with the young person and since advising and assisting, this particular young person has been attending the group on a regular basis. She is now able to enjoy socialising and has developed great friendships with other members within the group.'</i></p> <p>- Enfys James, Community Connector</p>
<p>A 91-year-old lady is feeling isolated.</p>	<p><i>'After meeting the client, I helped and supported her to attend a coffee morning in her community hall. I enabled her to connect with her local community, attend more activities and make new friendships. Something she said had given her 'a new lease of life'.'</i></p> <p>- Claire McNamara, Community Connector</p>
<p>A lady, with a visual impairment, requires help to complete a Blue Badge application.</p>	<p><i>'I was able to help a 92-year-old lady, who was visually impaired, to complete her online blue badge application form. While at the visit, she told me that she would like to join in with social opportunities within her local community. Her blue badge application was accepted and delivered to her, enabling her to access groups and services in the community more easily.'</i></p> <p>- Sam Henly, Community Connector</p>

WHAT WERE THE CHALLENGES?

- Ongoing issues caused by the Covid-19 pandemic
- Lack of face-to-face contact
- Intermittent support provided by community groups and disappearing resources
- Inability to visit school and childcare settings



WHAT WENT WELL?

- Funding from 'winter pressures' to support development of food delivery
- Connect to Kindness
- Recruitment of Dewis editors
- Multi-agency work
- Through age work



WHAT NEEDS TO HAPPEN?

- Train new staff members to become Social Prescribers
- Build strong relationships with wellbeing centres and arrange regular community drop-in sessions at various local venues
- Adapt and update case recording systems to accurately collate referral data
- Develop Family Information Service on Dewis
- Continue to promote Dewis as a tool for citizens to access information



TEAM HIGHLIGHTS

CEREDIGION CARERS FUND

Carers applied for up to £150 to improve their health and wellbeing.

WHAT DID CARERS SPEND THE MONEY ON?



£98,528

awarded

418

individual and family applications processed

536

carers benefitted

9-90

age range of carers who applied

CARERS SAID...

'It came when I needed a bit of a boost and is most generous. I am looking forward to sitting out in the garden along with the person I care for in my new garden seat.'

'Funds, such as this, demonstrate to carers that they are important and valued. Well done to Ceredigion for recognising both the value of unpaid carers and the impact that it has upon their wellbeing! Thank you.'

'We had a fabulous time at the wigwams & also walked Pen-y-fan & along the Brecon canals. It was a great opportunity to have some time to myself with a friend & met lots of lovely people along the way. Thanks ever so for making this possible with the financial help from the council to make this a great time to recharge my mind, soul & body before getting back to the busyness of every day life. Much appreciation'

CARERS BREAK IN A BOX

WHAT DID CARERS RECEIVE?

Pack contained a variety of treats, cakes and teas for two to share.



1600
boxes sent out to carers across the county

CARERS SAID...

'Thank you for the 'break in a box' that will be enjoyed by my wife and I when it's time to put one's feet up and to have some chill out time with tea & biscuits!'

'We are truly grateful for a very unexpected surprise that made our day. In fact, thanks to your kindness...several very good days!'

'Your thoughtfulness and generosity for Ceredigion Carers never fails to surprise us - especially when we opened the box to see such indulgence!'

'I just want to say a big thank you for my break in a box today. It was a lovely surprise and a reminder that someone cares. Life has been very difficult lately and every little show of kindness goes a long way. Thank you.'

'Having had some very low days recently I would just like to thank you for the 'carers break in a box' I received this morning. As carers we so often feel alone in what we do, always trying to remain upbeat for the people we look after, so as not to make them feel guilty about putting their wellbeing and happiness before our own. It is so lovely to have recognition for our efforts and it actually helped me feel less isolated.'



YOUNG CARERS FILM PROJECT

The Carers and Community Support Team worked alongside Arad Goch, Ceredigion's Youth Service and Action for Children to support a group of young carers from Ceredigion Young Carers Service to create a short film that educates and raises awareness of what it means to be a young carer.

The young carers worked with Arad Goch to create a story and script, and filmed scenes in and around Aberystwyth, before editing the footage to create a short film.

The film was produced by young carers under the guidance of local theatre company, Arad Goch. The project was also supported by local drama pupils, who took part in the production as young actors.



The film follows the journey of a young person who has caring responsibilities, with the aim of educating and raising awareness of the topic.

 Most of the planning and work on the film had to be done virtually due to covid restrictions and the launch of the film was no different. We organised an online virtual event on Young Carers Action Day; awarding 'Oscars' gift boxes to the young carers who participated in the project



'Thanks so much for last night. It was a real celebration this end. And it turned out to be an international event as (the young carer's) cousins and uncle and aunt were proudly watching in Portugal.'
– **A young carer's family who attend the film's launch**



CONNECTING THE COMMUNITY THROUGH SIGNS OF WELLBEING

The team follows the 'Signs of Wellbeing' framework in all that we do. This approach allows us to encourage individuals, and groups, to work out what they think is best for them and for us to provide the steppingstone for them to take action to achieve their own wellbeing goals.

MEALS ON WHEELS

Throughout 2021/22 the team continued to keep the Covid community resources up to date, giving us the ability to easily identify gaps in service and when there was a particular need for action to be taken to fill those gaps.

A surge in requests for information on accessing meals on wheels, from clients and professionals, illustrated that people in particular areas of the county did not have access to this service.

Following a mapping exercise, carried out by the team, several geographical areas were identified as a priority and we decided to contact local businesses and enterprises to ask if they would be interested in the opportunity to develop a service to meet the need of the local community.

Penparcau Community Forum were one of the organisations who answered our call to action, and they were quick to respond. We supported the Forum to contact CAVO and to apply for the necessary funding required to start delivering meals on wheels again.

Following the successful bid for funding in 2021/22, Penparcau 'HUBGRUB' began delivering meals on wheels in April 2022. The Forum now employs staff, including a Kitchen Manager, to facilitate regular meals on wheels to residents who had previously been unable to access cooked meals.



Sam Hughes-Evans, Forum Manager, explains how the Community Connectors supported them to get the project going:

"In 2021, Sam Henly a Community Connector, engaged with the hub to ask if we have the capacity and facility to start up a meal on wheels service to support individuals that he had come across who needed meals cooked for them.

Sam was informed by the Forum that they once trialled the service, however, it came to a sudden end due to funding which subsidised meal costs coming to an end.

The Forum contacted CAVO to discuss the potential of re-establishing the meals on wheels service and if there was any funding available. Since the initial discussions, the Forum were successful in securing funding from CAVO and now have a fully established meals on wheels team who are cooking meals for over 45 people per week."

CONNECTING PEOPLE... KIND COMMUNITIES

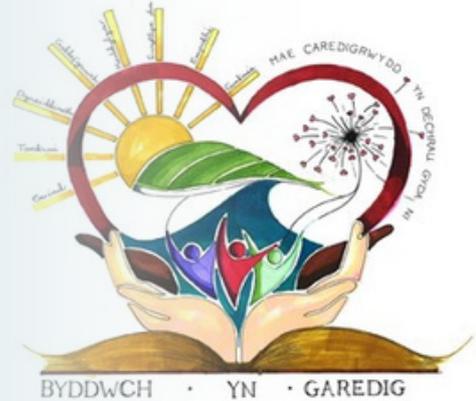
KINDNESS MURAL

In December 2021, we worked with our colleagues in Porth Cymorth Cynnar, school services, CAVO and Connect to Kindness to call upon young people to design a mural based on the theme of 'Kindness'. The competition began during National Anti-Bullying Week and was judged in December.

The response to the design competition was fantastic and the Services received a host of creative designs, which all served as a reminder to young people about the importance of being kind to each other.

All of the schools who took part received funding to purchase an art pack to enable pupils to create their special mural on the school site and all pupils received a Connect to Kindness badge.

We look forward to seeing lots of colourful 'kindness' murals popping up in schools across the county.



The winning design was created by a group of pupils at Ysgol Uwchradd Bro Teifi.

INTERGENERATIONAL WORK - PROGRAMME 7

We worked with our partners, 3rd sector organisations and key members of the community to launch intergenerational projects. These projects aim to nurture connections that will alleviate the loneliness and isolation that is prevalent in many of our communities.



RAY CEREDIGION INTERGENERATIONAL PLAY PROJECT

The Ray Play project aimed to build friendships across generations, supporting young and older people to learn from one another and reduce isolation.

TYSUL YOUTH INTERGENERATIONAL PROJECT

This project, based in Llandysul, aimed to reconnect young people with older people and tackle isolation directly by forming lasting relationships.



SUMMARY

WHAT WE NEED TO DO NEXT?

Looking back on this year, we are proud of how both the Carers Unit and the Community Connector teams have come together to build a bigger, stronger team that will improve the early support and intervention that the Council provides. The **Carers and Community Support Team** will continue to develop the existing relationships we have across other services within the Council, the Health Board and the 3rd sector and look forward to embarking on new relationships throughout the coming year.

Our report demonstrates what we have achieved so far, but as always, we need to look forward to see how we can develop our work further, taking with us our learning and providing the residents of Ceredigion with the best possible support, information and assistance. We will continue to improve on and enable:

- carers to continue in their caring role and to have access to a life outside of their caring role

- access to services and social groups within local communities
- access to support and funding for local groups
- access to training and events
- citizens to have a say in how services are developed

During 2022-23, we will continue to develop our service in a way that enhances and promotes the existing resilient communities and networks in Ceredigion. Through our support we will enable more individuals and groups to become independent, self-sufficient and sustainable in the future.

In 2022/23 we will be holding events across the county for residents of all ages. During these events, and through talking to our service users, we will be able to identify gaps in existing services and to develop new ways to combat them. We will continue to use a blend of in person and virtual events that provide mutual benefits to both citizens and the Council.



CARERS AND COMMUNITY SUPPORT TEAM

BUSINESS OBJECTIVES - 2022/23

- 1 Embedding Through-Age and Wellbeing strategy, action plan and hybrid working, into the team
- 2 Provide information advice and assistance
- 3 Develop work with groups, businesses and 3rd sector to build community resilience
- 4 Develop sustainable breaks for carers

Carers and Community Support Team
Porth Cymorth Cynnar
Ceredigion County Council

 **01545 574200**

 **connecting@ceredigion.gov.uk**



Cysylltu Ceredigion
Gofalwyr a Chymorth Cymunedol
Connecting Ceredigion
Carers and Community Support

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Cyngor Sir CEREDIGION County Council

REPORT TO: Healthier Communities Overview & Scrutiny Committee

DATE: 23 January 2023

LOCATION: Hybrid

TITLE: West Wales Care Partnership Regional Carers Development Group Annual Report

PURPOSE OF REPORT: The report has been produced for the Welsh Government to outline the progress that has been delivered to meet the Welsh Government Carer priorities by the West Wales Care Partnership Regional Carers Development Group (WWCDG)

REASON SCRUTINY HAVE REQUESTED THE INFORMATION: For information.

BACKGROUND:

The West Wales Regional Partnership Board (RPB) has Carers as a key work stream, reflecting the importance of this population group within the responsibilities of the Social Services and Well-being (Wales) Act 2014.

This report summarises the activity of the West Wales Carers Development Group (WWCDG) during the period 1st April 2021 – 31st March 2022. The WWCDG is a formal sub-group of the West Wales Regional Partnership Board (RPB) which includes representatives of Hywel Dda University Health Board (Health Board), the three Local Authorities of Carmarthenshire, Ceredigion and Pembrokeshire, as well as Third and Voluntary sector organisations, and representatives of Carers in West Wales.

West Wales Carers Development Group Annual Report 2021/22

Welsh Government have set out their expectation under the Social Services and Wellbeing Act (Wales 2014) that health, local authorities and the third sector will work in partnership to support Carers under the Act. In 2021 The Welsh Government under their Strategy for Unpaid Carers has set out 4 priorities by:

- Identifying and valuing Carers
- Providing information, advice and assistance
- Supporting life alongside caring
- Supporting Unpaid Carers in Education and the Workplace.

CURRENT SITUATION:

SOCIAL SERVICES AND WELLBEING ACT (WALES) 2014

The West Wales Care Partnership has accepted the report and in line with the Welsh Government reporting directive, the presented document was submitted to the Welsh Government and accepted.

RECOMMENDATION (S): In support of the West Wales Care Partnership Regional Carers Group Annual Report 2021-22 that Scrutiny Committee notes the Annual Report.

REASON FOR RECOMMENDATION (S): 2021-2022 West Wales Care Partnership Regional Carers Group Annual Report is noted on the basis that it has been accepted by Welsh Government in line with the prescribed directive and is brought before Scrutiny Committee for information.

Contact Name:	Sara Humphreys
Designation:	Team Manager, Carers and Community Support Team
Date of Report:	28 November 2022

A HEALTHIER WEST WALES:

West Wales Carers Development Group

Annual Report

2021-22



Introduction

This report summarises the activity of the West Wales Carers Development Group (WWCDG) during the period 1st April 2021–31st March 2022. The WWCDG is a formal sub-group of the West Wales Regional Partnership Board (RPB) which includes representatives of Hywel Dda University Health Board (Health Board), the three Local Authorities of Carmarthenshire, Ceredigion and Pembrokeshire, as well as Third and Voluntary sector organisations, and representatives of service users and Carers in West Wales.

This report provides an overview of the work which has been taken forward utilising a range of funding to ensure that Carers priorities are embedded in Services across the region in line with the requirements of the Social Services and Well-being (Wales) Act 2014. Funding sources include: a Carers grant provided by Welsh Government, the Integrated Care Fund and core funding from partner organisations. Welsh Government set out their expectation that health, local authorities and the third sector will work in partnership to support Carers under the Act to deliver the four national priorities set out their “Strategy for Unpaid Carers” (March 2021):

- Identifying and valuing unpaid carers
- Providing information, advice and assistance
- Supporting life alongside caring
- Supporting unpaid carers in education and the workplace.

Responding to the requirements above, and the priorities set out in the West Wales regional Carers Strategy, form the basis of this Carers Annual Report 2021/22, which provides evidence of progress against each of these areas and the benefit experienced by unpaid Carers.

The Needs of Carers in West Wales

The West Wales RPB published its first Population Assessment for West Wales in April 2017, and following this developed the West Wales Area Plan 2018-2023. A significant amount of information about the needs of the population was gathered through direct citizen engagement. This was further enhanced with the data and citizen feedback collected during our recent work to develop a regional Carers Strategy for West Wales.

Whilst the Population Assessment was refreshed during 2021/22, the main source of published data remains the 2011 Census. This indicates that there are more than 370,000 unpaid Carers of all ages in Wales and experts have calculated that Welsh Carers contributed the equivalent of around £8.1 billion to the Welsh economy in each year. These figures include anyone caring for as little as an hour a week. Most people who spend only very limited time on caring will not require any additional support. However, Wales also has the highest proportion of older Carers and Carers providing more than 50 hours of care a week.

As a baseline the 2011 Census estimated that there was over 47,000 unpaid Carers representing 12.5% of residents in West Wales in 2011. The 2022 Population Assessment has noted that whilst the number of people self-identifying as Carers has increased over the course of the pandemic, the numbers of identified Carers is below the numbers highlighted in the 2011 Census analysis. This suggests a considerable gap both in terms of the number of Carers being recognised and supported, as well as self-identifying themselves as unpaid Carers.

The number of unpaid Carers is projected to increase by 2% between 2020 and 2030 and the proportion aged over 65 is projected to increase by 17%. An estimated 30% of Carers provide 50 or more hours a week of care, but this rises to 46% of Carers aged 65 or over. ONS data illustrates that the number of people aged over 85 is projected to increase by 27.8% between 2021 and 2031, whereas the working aged population is projected to fall by 3.1% over the same period. This is likely to place increasing pressures on the need to identify and support unpaid Carers.

The Covid-19 pandemic has had a significant impact for unpaid Carers. Analysis by the regional Carers Information and Support services has confirmed significant increases in the numbers of requests made for support over this period;

County	No. Carers on database 2019/20	No. Carers on database 2020/21	No. Carers on database 2021/22
Carmarthenshire	4613	6071	6891
Ceredigion	1575	1849	2419
Pembrokeshire	2679	2918	3357

The 2022 Population Assessment published by the Regional Partnership Board reported that there is a total of 11,505 known Carers in the West Wales region identified via GP practices, social services and education settings – of which approx. 10,000 are adult Carers and over 500 Young Carers. Furthermore, the Health Board identified that 8,483 unpaid Carers were known to GP practices on 31st March 2021. Within twelve months this had increased by over 2,000 (25%) and as a result of the roll-out of the vaccination programme by May 2021 a further 3,000 unpaid Carers had self-identified, an overall increase of over 5,500 unpaid Carers (64%) during the course the 15-month period.

Key Developments & Progress – 2021/22

Our West Wales Carers Strategy 2020-2025:

Improving Lives for Carers

During the course of 2020/21 significant engagement was undertaken with Carers; initially via regional and local authority based workshop discussions and then moving to the development of an online survey in response to the pandemic. 558 Carers responded to our online survey including 18% who were young Carers under the age of 18.



The West Wales Regional Partnership Board published Our West Wales Carers Strategy 2020-2025: Improving Lives for Carers in November 2020. The Strategy has established four key priority areas which take a longer-term view and set the vision for the next four years. Throughout our Carers strategy, we have used the ‘Teulu Jones’ family members to help us think about how our priorities could make a difference to Carers in our communities. ‘Teulu Jones’ aren’t a real family but they have been designed to be typical of some of the people living in the Hywel Dda area and the types of caring roles within families.



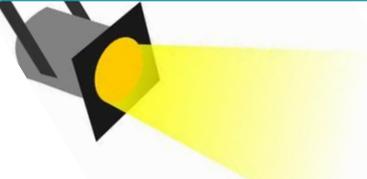
OUR FOUR PRIORITY AREAS:

- 1.** Improve the early identification and self-identification of Carers, including Young Carers and Young Adult Carers.
- 2.** Ensure a range of services is available to support the well-being of Carers of all ages, in their life alongside caring.
- 3.** Support Carers to access and maintain education, training and employment opportunities.
- 4.** Support Carers to become digitally included.





The following sections of this report outline the ways in which we have been delivering on these priorities and the difference they have made to those with caring responsibilities.



Spotlight on the Investors in Carers Scheme (IiC)

On behalf of the West Wales Carers Development Group, Hywel Dda University Health Board has continued to roll-out the regional Investors in Carers scheme. In addition to funding an Investors in Carers Lead Officer, the Health Board commission regional support for the IiC scheme which is delivered through Carers Trust Crossroads West Wales. IiC provides the foundation for work with health professionals in primary, community and acute hospital settings to raise awareness of the needs of Carers. However, unlike some other schemes the IiC has been designed to be utilised by a wide range of settings including schools, libraries, local authority teams, Job Centre Plus and third sector organisations.

The IiC Scheme enables settings to progress through three levels; bronze, silver and gold and during the pandemic settings have been encouraged to collate and submit their evidence electronically. A core element of the IiC scheme is providing a simple system that enables unpaid Carers to register as a Carer with their GP, which in turn instigates a referral to their local Carers Information Service who can provide information and additional support. The revalidation process was out of date so in October the IiC team carried out a consultation event to gain feedback and have now redesigned the process to make it more streamlines without compromising the schemes integrity.

What's been achieved during 2021/22

- **11** settings achieved a new Investors in Carers Award (**11** achieved their Bronze level) **2** settings also achieved their bronze revalidations and **1** at silver level.
- Other settings are currently working on their bronze, with **20** settings working towards Silver and **6** working towards their Gold. In total (since March, 2013) **200** settings have achieved bronze IiC awards, **8** Silver and **3** at Gold.
- Some settings have had to re-prioritise due to the pandemic however support is being given to settings in different ways to continue with either working towards an accreditation or to maintain their existing level.
- **11,505** Carers have registered with GP surgeries across the health board.
- **776** Carers were referred to the Carers information service via the GP surgery registration and referral process
- The number of Carers registered with the GP increased during March 2021 as a result of a health board campaign to identify unpaid Carers for vaccination.



Admiral Nurse Team accepting their bronze level certificate



Carmarthenshire Substance misuse team accepting their bronze level certificate

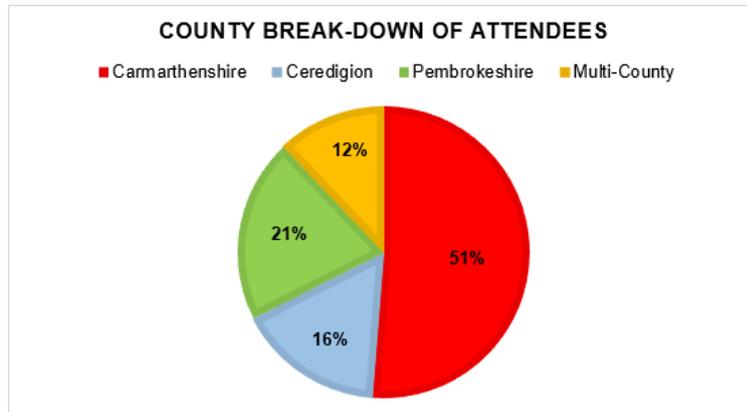
Carer Lead events

All organisations, teams and departments participating in the liC scheme have an identified Carer Lead. Regular Carers Lead events have been delivered throughout the year in order to bring different settings together providing an opportunity for peer support, joint learning and updating on new local initiatives. During the year 94 sessions have been delivered via MS teams with a total of 988 attendees:

- 62 sessions (509 attendees) were delivered by individual members of the liC team to specific settings engaged with the scheme.
- 9 liC Carer Awareness session (151 attendees) as part of the regular drop in training to the wider staff. These sessions were introduced halfway through the year,
- 23 specific Carer Lead events were delivered (328 attendees).

Feedback from participants include:

‘Very interesting and eye opening to learn about the statistics. Thank you for a great training.’
‘After attending this course I have more awareness of carers/unpaid carers and how we can help. It’s a brilliant course’



Making a difference to Carers

1. Improve the early identification and self-identification of Carers, including Young Carers and Young Adult Carers.

2. Ensure a range of services is available to support the well-being of Carers of all ages, in their life alongside caring.



To be honest I've never thought of myself as a Carer. After all, they are my parents and looking after them as they get older is just what you do. I got talking to a staff member at my local library about mum and they made me realise I was actually a Carer, they gave me lots of information on help and support available"



Spotlight on links to statutory and commissioned services

The Health Board has a small dedicated core budget to support the commissioning of specific support for unpaid Carers, in line with the statutory duties set out in the Social Services and Well-being (Wales) Act 2014. In Hywel Dda, support for unpaid Carers is primarily provided by third-sector partners and the Health Board acknowledges the additional social value that working collaboratively with the charitable organisations can bring.

Carers Information Services have continued to take referrals and provide one-to-one support for unpaid Carers across Hywel Dda. Whilst the pandemic has impacted on models of service delivery some organisations have been able to recommence face to face and small group activities in line with national guidance. Illustrated below is an overview of the activity from our commissioned services based on contract monitoring data for 2021/22.

Overview of support provided by Carers Commissioned Services (April 2021 – March 2022)

A summary of data from our commissioned services:

- **Carers Trust Crossroads West Wales** - Information, Outreach and Young Carers Service
 - **Adferiad Recovery** - Pembrokeshire Carers Service
 - **Gofalwyr Ceredigion Carers** - Outreach Service
- **Action for Children** – Young Carers Services in Ceredigion and Pembrokeshire

“I cannot tell you how glad I am that I ticked the box in the GP surgery to say I needed Outreach support – 100% glad”

“Words cannot express what a difference you have made to us as a family”

“I am very grateful for all the information you have given me and knowing there is someone in my corner”

“Thank you for the voucher it has made my day. It is really kind of you to send one to me, my Mum doesn’t have a lot and I know she really struggles at Christmas”

What our Carers say



Key Figures



1377 new Adult Carers made contact with our services

3332 Adult Carers were **actively supported**.

163 new Young Carers made contact with the Young Carers Service.

1198 Young Carers were **actively supported**.

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3. Support Carers to access and maintain education, training and employment opportunities.

Spotlight on discharge from hospital planning

The Health Board and its local authority partners have taken a whole system approach to support and engage Carers in the discharge planning of patients and ensure active provision of Information, Advice and Assistance (IAA). Carer Officers (who are third sector employees) have been assigned to each hospital since January 2020 to support Carers and staff. The Carers Officers have a specific role in supporting staff to identify Carers earlier, enabling improved involvement in the discharge planning process and active provision of information and support. This service is part of a broader continuum of support that is offered to unpaid Carers, who need support to manage pre-admission care, as well as post-discharge care.

The Carers Officers also work closely with the Family Liaison Officers in each hospital who refer patients and their families to the Carer Officers for carer specific support. When access to the hospitals was restricted during the pandemic training and support was undertaken remotely making the best use of digital technology. This included promoting the uptake of the Carer aware e-learning training. Key figures from the project for 2021/22 are shown in the infographic here.

The Carer Aware e-learning was launched in November 2018 by Social Care Wales has been cascaded out to staff working in statutory and non-statutory services via a number of different means. During 2021/22 **243** staff in Hywel Dda area completed the e-learning.



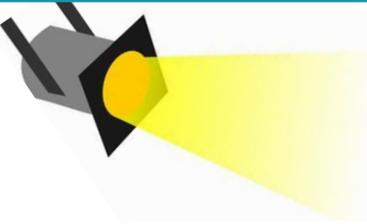
"The support provided by the Carer Officer when mum was in hospital helped my mental and emotional wellbeing at a very uncertain and busy time"

Making a difference to Carers

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2. Ensure a range of services is available to support the well-being of Carers of all ages, in their life alongside caring.





Spotlight on supporting Young Carers

The early identification and self-identification of Carers of all ages plays an important part in ensuring that they can access the support that they are entitled to and which will support their own health and well-being. Some of the actions taken include:

- The national Young Carer ID card has been introduced in all three local authority areas. The card was created to enable Young Carers to identify themselves to GP surgeries, hospital settings and schools.
- Ceredigion Carers Unit worked alongside the Youth Service, Action for Children and Arad Goch, a local theatre company, to make a film about being the experience of being a Young Carer. The film will help Young Carers to self-identify themselves and understand how having a caring role can affect their day to day life.
- Young Carers in Ceredigion also got involved with updating and redesigning the content of the regional Young Carers booklet “Who Cares”. Their views and feedback was used to ensure that the booklet included information that they would find relevant and useful.
- Young Carers in Pembrokeshire were invited to enjoy an evening at Folly Farm’s Vintage Fair. Action for Children celebrated their 10 year anniversary of supporting Young Carers in the County and took the opportunity to launch the Young Carers ID card at the same time, with 130 young Carers signing up to the scheme.
- Action for Children arranged a consultation for Young Carers in Pembrokeshire to give their views and feedback on the National Young Carer ID card.
- Young Carers in Pembrokeshire, invited to the Senedd, met with the Deputy Minister and when asked were able to produce the ID card and share their experience of using it and the benefits.
- The co-ordinator for Action for Children is a member of the Pembrokeshire Carers Provider Forum and Pembrokeshire Carers Strategy Board and uses every opportunity to promote and raise awareness of the Young Carers ID card.

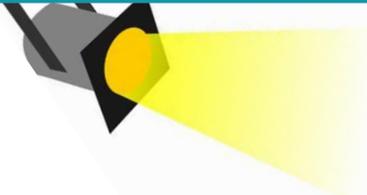


“...We had such a fantastic time! I can’t believe there is something so amazing in place for the Children to be part of action for children. I just felt really grateful. So thank you very much”
- Service user

Making a difference to Carers

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Spotlight on Carers Resilience

The pandemic has had an impact on access to traditional support systems for Carers, such as residential respite and day services. Innovative and creative solutions have been made available for Carers with support from our third sector partners and the Carmarthenshire Carers Forum. Carers have been supported to identify suitable solutions for them, to access a break from their caring role with or without the person they care for. A diverse Carers grants programme has been delivered through 2021-22 supporting Carers to access small grant pots for home improvements to protect precious time for rest and relaxation, resilience funds for sessional or overnight breaks away, funds to overcome barriers to accessing a break such as equipment and transport, funding support for Carers events and opportunities delivered by the third sector and community led groups and funding to support peer support for specialist groups such as Alcohol Related Brain Damage, Mental Health and Learning Disabilities.

Carmarthenshire County Council has continued to commission the Carers Resilience Project in partnership with Carers Trust Crossroads West Wales, providing a single point of access for Carers who are seeking support with their caring role. The project links Carers with a dedicated key worker to identify opportunities to promote their well-being and provide support to maintain their caring role. The project provides a pathway for low, intermediate a high-level needs to be identified and the key worker co-ordinates a full range of options such as preventative solutions delivered by third sector partners, technology solutions, Carers Exceptional Circumstance Direct Payments, a range of respite and resilience grants and pathways to statutory services.

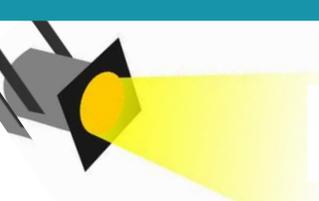
Pembrokeshire County Council has also been working to ensure that carers can be supported through the pandemic through a range of different initiatives. This has included: - individual carers grants that are bespoke to each carer and have been used to have alternative breaks; development of the Carers Recognition Card with carers now being able to benefit from free parking and refreshments at Scolton Manor; ongoing growth of the Catalysts for Care project which is supporting the development of micro and social enterprises enabling people more choice and control when accessing care and support. The Supported Employment project has also been working with carers to support them back in and/or maintain employment.

The Health Board has also delivered **six** virtual Looking After Me courses were delivered with **34** Carers completing the I2LAM course.

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2. Ensure a range of services is available to support the well-being of Carers of all ages, in their life alongside caring.



Spotlight on Regional Carers Innovation Scheme

The Regional Carers Support Innovation Fund was launched in October 2020 with funding from the Integrated Care Fund (ICF) to offer opportunities for third sector organisations to access short term funding to trial new activities and services to support Carers across Carmarthenshire, Ceredigion and Pembrokeshire. The fund supports activity of all 4 of the Carers Strategy priorities. During the year 2021-22, 3 rounds of this fund were administered by Pembrokeshire Association of Voluntary Services (PAVS), in collaboration with Carmarthenshire Association of Voluntary Services (CAVS) and Ceredigion Association of Voluntary Organisations (CAVO). Applications were invited to address key themes aligned to the regional Carers strategy. The fund provided up to 100% of revenue costs and up to £5,000 was awarded for projects in one county area and up to £15,000 for regional projects. Applications had to show clear and direct benefits for unpaid Carers, alignment to the Carers Strategy priorities, demonstrate value for money and match funding was encouraged.

Outcomes of the scheme

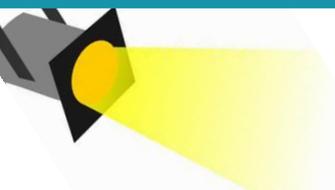
During the year 2021-22, a total of **12** county based projects and **6** regional projects were funded, including

- Wellbeing training for unpaid Carers including Loss & Grief (CTCWW)
- Alternative therapies and wellbeing activities (Ceredigion)
- Continuing Care for Carers – respite at home service (Shalom House)
- Early Onset Dementia Day Service pilot (Ty Hapus)
- Caring and Sharing 2 – respite and retreat days at Holistic Yoga Care Wales
- Men2Men Carers project, providing respite for unpaid male carers in the form of workshops in nature, woodwork, photography, cooking.
- 20 week online mindfulness & wellbeing course for Carers (Adferiad Recovery)
- Strength & Wellbeing exercise sessions for Carers (Pembrokeshire Weightlifting)
- Weekly activity sessions in art, crafts and therapies for carers of people living with dementia (RAY Ceredigion)
- Activities to support carers of people with mental health conditions (VC Gallery, MIND Carmarthenshire)
- Supporting young carers to build resilience & create a strong network of support (Milford Haven Community Society)
- The “Kushti Divvus/Good Day!” project identifying hidden carers in the Gypsy, Roma & Travelling community (Tros Gynnal Plant)

Making a difference to Carers

1. Improve the early identification and self-identification of Carers, including Young Carers and Young Adult Carers.

2. Ensure a range of services is available to support the well-being of Carers of all ages, in their life alongside caring.



Spotlight on working together to support Carers

A **peer support group for Health Board staff** who have a caring role was established during 2020/21 initially as a pilot project. This group has continued in 2021/22. From April 2021 to March 2022 25 virtual meetings were held with a total of 86 staff attending from across the Health Board. Sessions provided an opportunity for informal peer support as well as topics presented by guest speakers e.g. introducing the Carers policy, mindfulness session and advocacy.

Pembrokeshire Association of Voluntary Services (PAVS) have proactively supported the delivery of a range of projects, including leading on the creation of a **Regional Carers Platform**. This will be a website to provide a single online front door for Carers to access advice and support to help them in their caring role regardless of where they live in the region. A Regional Carers Platform Steering Group has been formed, which includes a member of staff from Carmarthenshire, Ceredigion and Pembrokeshire who work together to support the website.

Carmarthenshire County Council have undertaken a **dedicated training programme**, in partnership with Carers Trust Crossroads West Wales, delivered to specifically raise the profile of unpaid care. The training initially started as part of Carers Week, but was so well received that it continued through to March 2022. The sessions helped staff to recognise unpaid care, the potential impact of a caring role and how they can support carers by signposting them to carers services. 150 staff members, many of which had a customer facing role, received the training. All staff who completed the training evaluation form (63) reported the training to be 'very useful' and 98% stated their awareness and understanding of Carers had improved.

The **Carers Provider Forums in each County** continue to meet on a regular basis with good attendance from statutory partners, third sector providers and commissioners, to share best practice and encourage collaborative working in developing services for Carers.

In Pembrokeshire, a **Carers Voice Forum was established** in January 2022, to provide a mechanism for Carers to be involved in the design and development of support for Carers. The Forum is facilitated by PCISS and PAVS.

Also in Pembrokeshire, partners have also been working to **support carers through the pandemic**. The Provider Supply Hub at PCC has been supplying carers with PPE and the Community Hub has been offering bespoke support to carers. A carer was contacted by the Community Hub as they had been referred by Track and Trace after they were told that they had to self-isolate. After a conversation the carer was provided with a tablet to stay in contact with family and friends and was supported to complete their Carers' Allowance application. A referral went through to Cariad Pet Food Bank to help them with caring for their animal as they had been struggling financially whilst they got their benefits sorted. On reflecting on the support they had received they said:

"As soon as I was told to isolate I panicked, I felt like my world was falling apart. There were so many things that I felt I had no control over ... I was completely cut off and isolated. As soon as I spoke with the Hub, I felt like there was help there straight away. I woke up the following morning thinking it was a dream, that these problems had been sorted for me. I can't wait until I am in a position again where I can give pay back the support I have received. I cannot thank everyone enough for the help and support I have been offered. It has made such a difference to me and my family."



A Carer Aware card has been co-produced in Pembrokehire for carers of people living with Dementia in response to the need for support at the early stages of the dementia journey, when they are at the GPs for the first conversation about their loved one’s memory/behaviour, prior to any diagnosis. The card emerged from conversations and co-design sessions directly with Carers in Pembrokehire in a partnership between PAVS, Carers Trust and Wales Co-production Network. The card was designed by carers for carers. GP surgeries throughout Pembrokehire, the memory assessment clinics are all distributing the cards to patients’ families.

The Health Board’s Diversity and Inclusion Team have been working together with Carers Trust Crossroads West Wales and Travelling Ahead to engage with the Gypsy and Travelling community, helping to raise awareness of unpaid caring roles. The team have also been looking at new ways to raise awareness of unpaid carers within other vulnerable groups such as Armed Forces Veterans, and individuals with Sensory Loss and Substance Misuse.

“Issues around literacy makes accessing information difficult for the Gypsy and Traveler community. During a meeting which was held with the Carers Trust, Travelling Ahead, and the Health Board it was possible to explain to the women who attended what was available and support them in filling out forms. It was invaluable being able to meet as a group with people they trusted as the women felt safe and able to ask questions.”



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Spotlight on Employers for Carers (EfC)

The West Wales Carers Development Group participates in the Carers Wales Employers for Carers (EfC) scheme through an umbrella membership and we have renewed this for a further two years. Each individual partner organisation has taken forward specific actions, in addition to their collaboration as part of a regional Steering Group.

Hywel Dda University Health Board has taken forward a number of internal initiatives including:

- Submission of Employers for Carers Confident Level 2 evidence, building upon the Level 1 award achieved in 2020.
- Communication of the Health Board Carers Policy and passport for staff
- Targeted awareness raising training with workforce staff who support managers and employees
- Encouraging staff with caring responsibilities to share their views and experiences Continuation of Staff Carer Peer Support Group sessions.
- [Promoting awareness through sharing of personal stories; A member of this group gave her story conjunction with Carer Rights Day 2021 Anwen's Story - YouTube](#)

The Health Board annual staff survey was launched on Carers Rights Day in November 2021. The survey and feedback provided by the 102 staff who responded provided a “temperature check” and valuable insights into the impact of caring roles for our staff who self-identify as unpaid Carers. 52% said their job is negatively affected by their caring role and 26% said that knowing there is a specific policy for Carers will help them combine work and their caring roles. Only 4% have used the Carers Passport. The Carers staff survey report will be used by the Carers Strategy group to identify further actions which can be taken to strengthen support for staff with caring roles, for example working with the Culture and Change Managers and Workforce teams.

Ceredigion County Council have Health and Wellbeing Officers who run drop-in groups for staff who are unpaid Carers as well as focused groups for those Carers caring for someone with specific care needs. They have also produced a Carers Toolkit for small businesses and enterprises to raise awareness of Carers from both the employee and client perspective. The aim is to support SMEs to look at mutually beneficial ways in which they can support Carers who work for them, or Carers who use their services.

In January, Pembrokeshire County Council (PCC) recruited a Commissioning & Contracts Management Officer who will take the lead for unpaid Carers within the local authority. The member of staff has signed up to the EfC portal to access material to support staff and has attended Carers Wales training as a Wellbeing Champion. PCC are members of the regional EfC working group, this enables staff to work collaboratively and share their views and ideas with the overall aim of supporting Carers in the workplace.

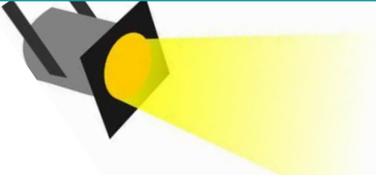
Making a difference to Carers

1. Improve the early identification and self-identification of Carers, including Young Carers and Young Adult Carers.

2. Ensure a range of services is available to support the well-being of Carers of all ages, in their life alongside caring.

3. Support Carers to access and maintain education, training and employment opportunities.





Spotlight on Digital Inclusion

The COVID-19 crisis has demonstrated, perhaps more than ever, the essential role that unpaid Carers play in preventing statutory services from becoming overloaded. Yet many Carers have low incomes and, due to their caring responsibilities, are unable to increase their income by working full-time. It is more critical than ever that all those eligible for support are aware of, and are accessing, the full range of entitlements available, including benefits and services commissioned by the Health Board and local authority partners.

Digital inclusion has been a key aspect of the Regional Partnership Board's Transformation Programme and Carers Officers provide a key link to signpost unpaid Carers to support to help them to become digitally included. As part of the regional Integrated Care Fund programme a website, Carers Support West Wales, is being developed through a co-productive approach with unpaid Carers and providers across the Region. This work is being led by PAVS and the website is due to be launched in June 2022.

PAVS Community Connector team co-ordinate a Cluster funded tablet loan scheme where patients of a GP surgery in Pembrokeshire can access tablets, Alexas and WIFI data. They also facilitate a Carer Grants scheme to support the purchase of IT equipment to support them in their caring role.

The Health Board's Education Programme for Patients (EPP) team created a "padlet" which holds a wide variety of useful information and support for unpaid carers. This digital system is also available via social media and promoted to everyone attending a course delivered by the EPP team. <https://padlet.com/cherryevans/x2pxykx6rrojzapo>

In acknowledgement of the important role that digital technology plays, Ceredigion Carers Unit introduced a digital Carers magazine for social media in a bid to reach unidentified Carers. Ceredigion County Council also created a digital form for carers to use to apply for the Carers Well-being Fund and have received positive feedback from carers who felt that the process was simple and user friendly.

In Pembrokeshire Carers Grants supported some Carers to purchase IT equipment to support them in their caring role. All opportunities for carers in Pembrokeshire are promoted via social media; carers email distribution list and via the dementia supportive padlet: <https://padlet.com/cherryevans/x2pxykx6rrojzapo>

Making a difference to Carers



Priorities for 2022/2023

Carers and the Carers' agenda has been established a priority within the Area Plan for West Wales and will continue to feature within the refreshed Area Plan due for publication in 2023. The Regional Partnership Board adopted Carers as an integral priority, particularly recognising the cross-cutting impact and links across all its key programmes of work, including the new Health and Social Care Regional Integration Fund.

The key actions of our regional Carers strategy are based on the views and feedback from Carers and key stakeholders and during 2021/22 feedback gathered from Carers during the development of the refreshed 2022 Population Assessment confirmed that the priorities remained relevant. The WWCDG we will continue to work to implement the priorities outlined in the Carers Strategy and:

- Address key requirements, gaps and improvements identified through the West Wales Population Assessment and the objectives within the Area Plan
- Respond to Ministerial priorities for supporting Carers
- Complement and integrate a range of Carers' initiatives across the region to increase the visibility about the needs of unpaid Carers
- Ensure that the needs of Carers are represented through the Health and Social Care Regional Integration Fund programme

Some of our specific priorities for 2022/23 include:

1. Contributing to the refresh of the West Wales Area Plan.
2. Continuing to the development and uptake of Carers cards and the benefits that these offer to encourage Carers of all ages to self-identify themselves and access additional support which is available via Carer's information and outreach services.
3. Continuing to review the support offered to Young Carers in West Wales and engaging Young Carers in the process to ensure a best practice innovative service is provided.
4. Actively promote the regional Employers for Carers membership, focusing in particular on working collaboratively with other public sector services as well as small and medium size enterprises (SMEs).
5. Continuing to encourage involvement in the Investors in Carers accreditation scheme and support progression through the award levels.
6. Work with others, including commissioned services to maximise the potential of digital services.
7. Develop a bilingual web based platform (Carers Support West Wales) to support the provision and accessibility of consistent information and advice for Carers.
8. Support Carers to be digitally included through training and access to technology.

Conclusion

Carers are a fundamental focus within the West Wales Area Plan 2018-2023 which sets out our communities needs across West Wales and how we will work in partnership to respond to these. During 2022/23, the Area Plan will be refreshed, but support for unpaid Carers will continue to be a key feature.

We are facing unprecedented challenges in Health and Social Care and with an aging population, as well as the need to deliver services differently as we respond to the learning from the Covid-19 pandemic. The West Wales Carers Development Group is committed to working together to deliver support for Carers in our communities in new and innovative ways, and to ensure that the needs of Carers are considered at every stage of their health and social care journey.

This Annual Report has provided an overview of the wide range of activity which has been on-going in West Wales to improve outcomes for Carers. Whilst the focus of the report has been on the work lead via the West Wales Carers Development Group and how the Welsh Government funding, ICF and core funding of partner organisations has been utilised to support this work, it is acknowledged that there are many other organisations and groups within West Wales who also provide valuable support and services to Carers.

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Cyngor Sir CEREDIGION County Council

REPORT TO: Healthier Communities Overview and Scrutiny

DATE: 23 January 2023

LOCATION: Council Chamber, Penmorfa

TITLE: Porth Cynnal Specialist Services (Children & Adults)

**INDEPENDENT REVIEWING SERVICE PERFORMANCE
MANAGEMENT REPORT
QTR 1 2022 - 2023**

PURPOSE OF REPORT: To monitor the progress of Looked After Children through Independent Reviewing Officers scrutiny of their plans and placements during the first quarter of 2022/2023. This information contributes to Members fulfilling their roles as Corporate Parents.

REASON SCRUTINY HAVE REQUESTED THE INFORMATION: To ensure that the Local Authority and Members can fulfill their duties as Corporate Parents

BACKGROUND:

Attached is the Independent Reviewing Service Report Quarter 1 2022/2023.

Quarterly reports are taken to the Healthier Communities Overview and Scrutiny Committee as part of an ongoing examination of the topic to ensure that the Local Authority fulfills its duties as the Corporate Parent.

This report includes national and local standards and targets used to measure outcomes for looked after children and care leavers at the time of their review meeting and includes Welsh Government Performance Indicators.

On the basis of the information available and the views expressed during the review meeting, the IRO makes a professional judgement about the effectiveness of a child/young person's care plan in meeting their needs and may recommend changes to the care plan.

During the review meeting the IRO considers whether the child/young person requires assistance to identify relevant other people to obtain legal advice/take proceedings on their behalf. This action was deemed necessary for 2 young people by the IRO in the period.

In addition, the IRO has regard as to whether the child/young person's human rights are being breached in any way and, if so, might make a referral to CAFCASS Cymru. This action was not required at any of the review meetings in the period.

These reports are considered within Multi Agency LAC Quality Assurance Meetings which meet on a quarterly basis; these meetings provide an opportunity to identify and act upon performance and other issues in relation to this area of work.

These reports are also circulated and reviewed by Local Authority's Corporate Parenting Group which is Chaired by Cllr Alun Williams, Cabinet Member for Children Services and Culture. These meetings take place on a quarterly basis.

SUMMARY OF KEY POINTS;

- At the end of this Quarter, as of June 2022; there were 105 children being looked after by the Local Authority. This is an increase of 5 in the number of children being looked after. At the end of Q4 there were 100 children being looked after.
- 83 children were reviewed in this quarter compared to 61 in the previous quarter 90.4% were reviewed within the statutory timeframe compared to 90.2% in the previous quarter. Considering that there are currently on 2 Independent Reviewing Officers in the team due to the other posts being vacant, the number of children/young people were high in this quarter.
- 2 children left care in this quarter compared to 3 in Quarter 4. 1 child/young person had their Care Orders revoked and 1 went on to Supported Lodgings/Independent Living arrangements.
- The placement provision for the children reviewed during this Quarter were 21 in Local Authority foster care, 17 placed with parents, 3 placed with family, 16 with an Independent Foster Agency, 6 in Residential Care, 13 with kinship carers, 2 placed for adoption in an adoption and 3 in supported lodgings. 1 was placed in a Mother and Baby Residential setting and 1 was in a hospital setting.
- Of the children reviewed in this quarter, 86.7% of children received a statutory visit. This was compared to 90.2% in Quarter 4.
- 53 of children reviewed were the subjects of a Full Care Order, 15 were subjects of an Interim Care Order, 5 were subjects of a Placement Order and 10 were under the legal status of Section 76.
- 50% of the care and support plans were recorded as being in place at the date of the first placement and of up to date plans available for the review.
- Length of time in Care for Ceredigion Lac children reviewed in Quarter 1 – 12 under 6 months, 12 between 6 – 12months, 20 between 1 – 2 years, 39 over 2 years.
- The number and percentage of placement plans (including education and health provision) that are assessed as meeting the needs of Looked after Children in Ceredigion are 95.2% in this Quarter.
- The percentage of children (of sufficient understanding) who were involved in or consulted about their review, was 100%
- The percentage of children who were made aware of their right for an advocacy service, was 100%
- Number and percentage of Parents consulted by the Social Workers before the review or who attended the review was 100%.
- 13 Pathway Plan Reviews were held in this quarter, 10 were held within timescales.
- The percentage of Young Persons on a Pathway Plan, with an allocated Personal Advisor / Social Worker was 100% during this Quarter.

- The Percentage of Young People Consulted for their Pathway Plan Review Meeting during this Quarter were 100%.

Has an Integrated Impact Assessment been completed? If, not, please state why No

Summary:

This report is provided on an ongoing basis and demonstrate the continuing work that is undertaken with Looked after Children in Ceredigion

- Long term:** Balancing short term need with long term planning for the future
- Integration:** Positively impacting on people, economy, environment and culture and trying to benefit all three
- Collaboration:** Working together with other partners to deliver
- Involvement:** Involving those with an interest and seeking their views; stakeholder engagement and consultation
- Prevention:** Putting resources into preventing problems occurring or getting worse

WELLBEING OF FUTURE GENERATIONS:

RECOMMENDATION (S):

To note the contents of the report and the levels of activity with the Local Authority.

REASON FOR RECOMMENDATION (S):

So that governance of the Local Authority activity and its partner agencies for Looked After Children are monitored

Contact Name: **Siân Howys**

Designation: **Corporate Lead Officer: (Children & Families)**

Date of Report: 21 September 2022

Acronyms:
 IRO - Independent Reviewing Officer
 LAC - Looked After Children
 CAF/CASS - The Children and Family Court Advisory and Support Service
 APR - Action and Progress Records
 PEP - Personal Education Plan
 PI - Performance Indicators
 CAMHS - Child and Adolescent Mental Health Services
 NEET - Not in Education, Employment or Training
 PRU - Pupil Referral Unit

Cyngor Sir CEREDIGION County Council
Safeguarding Service

Independent Reviewing Service Performance Management Report

Quarter 1: 1st April 2022 – 30th June 2022



...yn gofalu i wneud gwahaniaeth
...taking care to make a difference

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SECTION ONE: INTRODUCTION

This report provides information collated by the Quality Assurance and Independent Reviewing Service in order to monitor performance and quality assure services to looked after children, care leavers, children in residential placements and those children who receive respite care and short breaks. The information is based on the monitoring forms completed by the Independent Reviewing Officers (IRO) following each review meeting within this quarter along with other performance information held by the Children and Families Service.

BENCHMARKING

This report includes national and local measures and targets used to measure outcomes for looked after children and care leavers at the time of their review meeting.

On the basis of the information available and the views expressed during the review meeting, the IRO makes a professional judgement about the effectiveness of a child/young person's care plan in meeting their needs and the IRO will highlight to managers any poor practice.

During the review meeting the IRO considers whether the child/young person requires assistance to identify relevant other people to obtain legal advice/take proceedings on their behalf. This action was deemed necessary for 2 children/young persons in the period.

In addition, the IRO has regard as to whether the child/young person's human rights are being breached in any way and, if so, might make a referral to CAF/CASS Cymru. This action was not required at any of the review meetings in the period.

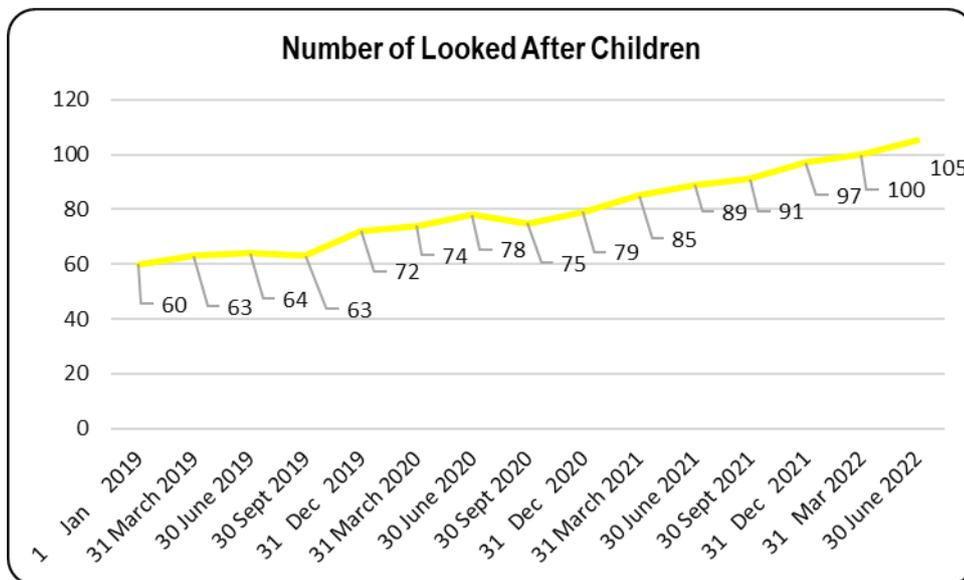
For any query or comment contact:

Elizabeth Upcott
Safeguarding Service
Penmorfa,
Aberaeron
SA46 0PA

SECTION TWO CARE PLANNING

1. Headline Figures for Q1:

The following table and chart provide the total number of Looked After Children data at the end of each quarter commencing with the most recent quarter.	
30 June 2022	105
31 March 2022	100
31 December 2021	97
30 September 2021	91
30 June 2021	89
31 March 2021	85
31 December 2020	79
30 September 2020	75
30 June 2020	78
31 March 2020	74
31 December 2019	72
30 September 2019	63
30 June 2019	64
31 March 2019	63
1 January 2019	60



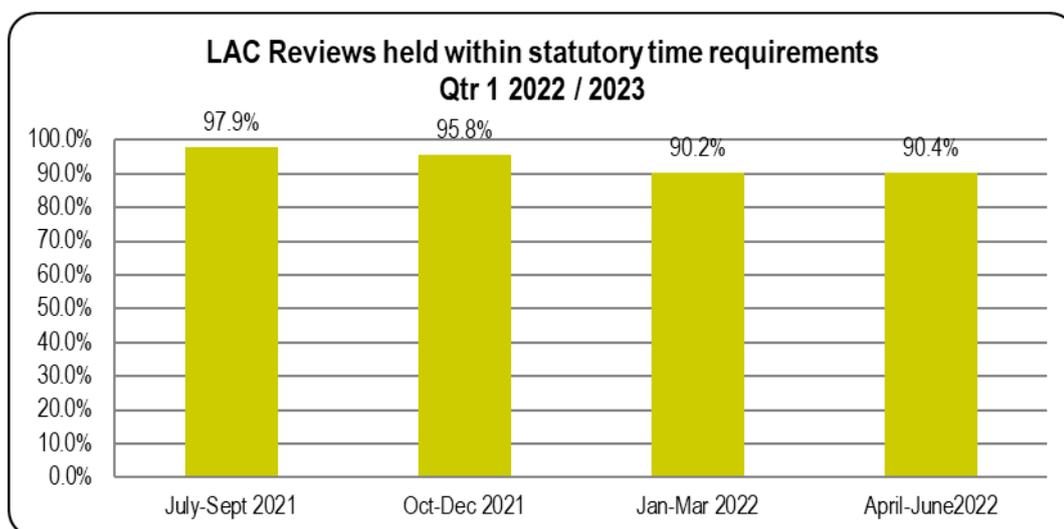
2. Number and percentage of Looked After Children Reviews undertaken within the statutory time requirement.

Target Set 100% - Target achieved 90.4%

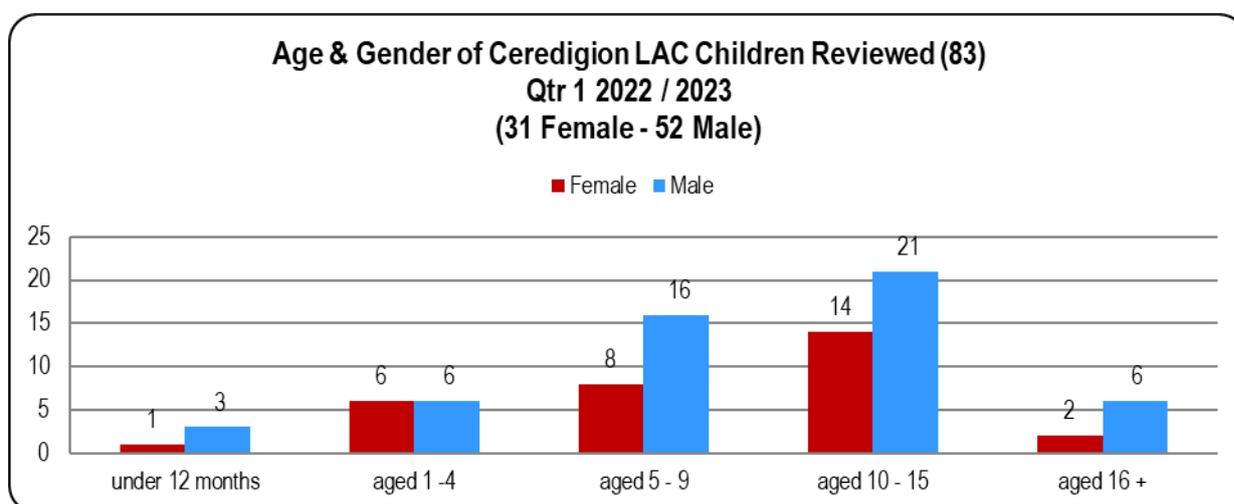
83 Children were reviewed within the Quarter.

- 75 (90.4%) LAC Review Meetings were undertaken within the statutory requirements.
- 8 (9.6%) LAC Review Meetings were held out of statutory requirements; the reasons recorded were as follows: -
 - The review was postponed for 1 child and a sibling group of 3 due to professionals' availability.
 - For 4 children (1 sibling group of 2 and 2 other children) the review was postponed at the Carers' request.

	April-June 2022	Jan-Mar 2022	Oct-Dec 2021	July-Sept 2021	April-June 2021
Number of children reviewed in the quarter	83	61	72	48	67
Number of reviews held in timescale	75	55	69	47	66
Number of reviews held out of timescales	8	6	3	1	1

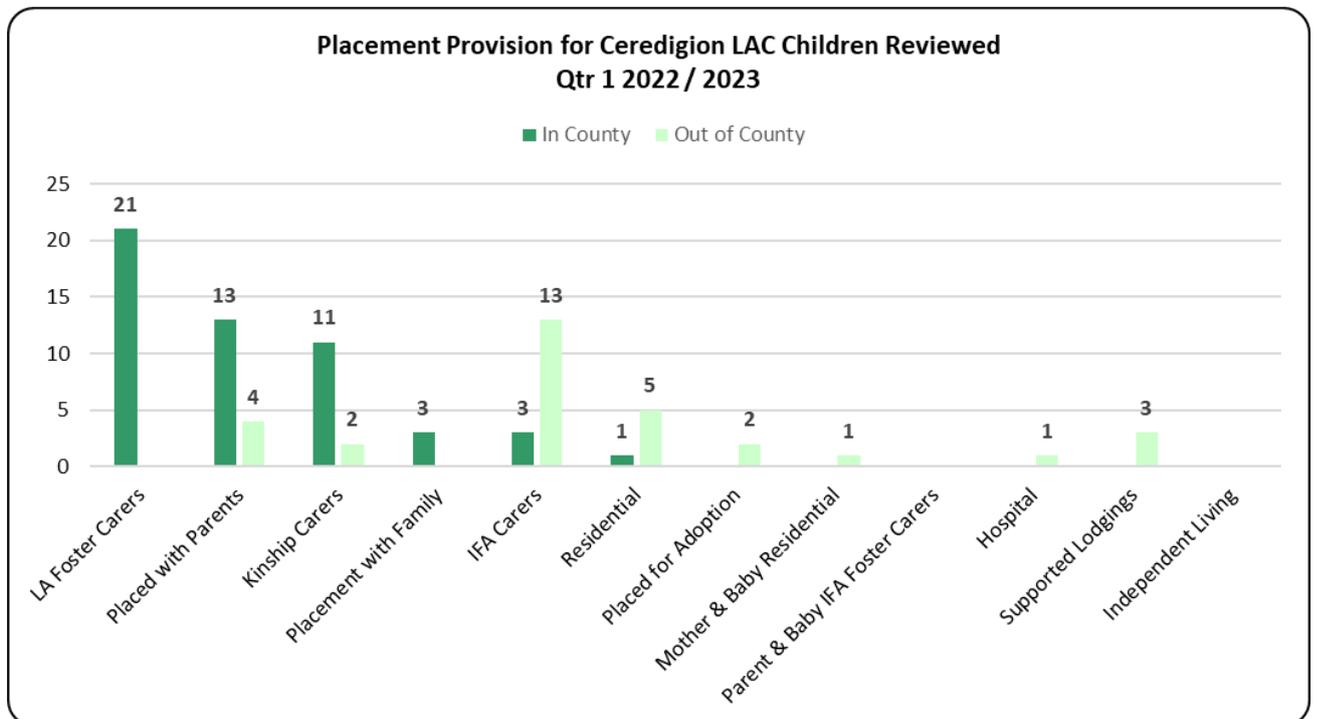


3. Age and Gender of the Children Reviewed in the Quarter:



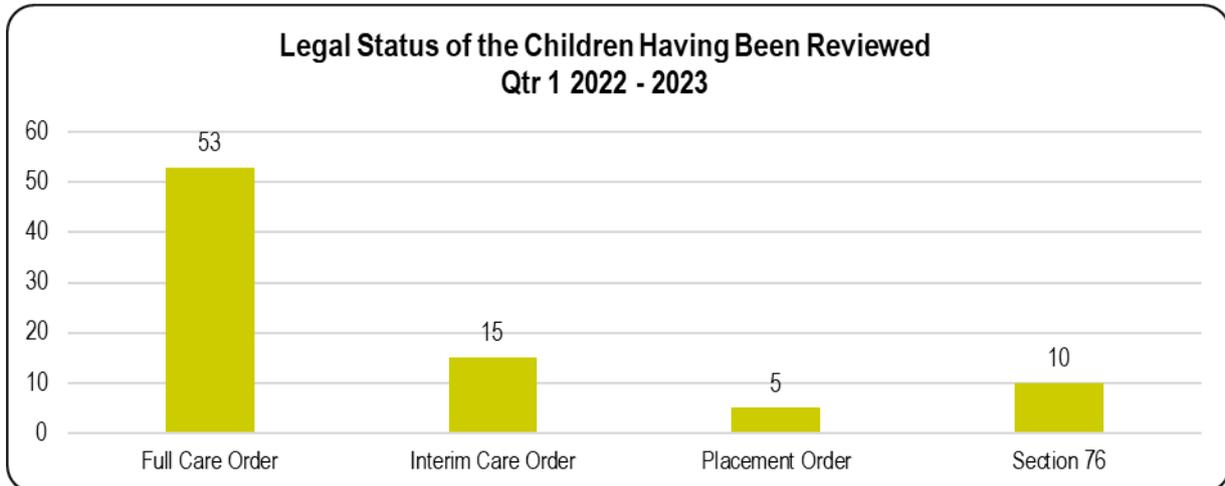
4. Nature of the Placement Provision of Children Reviewed in the Quarter:

Type of Placement	In County	Out of County	Total
LA Foster Carers	21	-	21
Placed with Parents	13	4	17
Kinship Carers	11	2	13
Placement with Family	3	-	3
IFA Carers	3	13	16
Residential	1	5	6
Adoption	-	2	2
Mother & Baby Residential	-	1	1
Parent & Baby IFA Foster Carers	-	-	-
Hospital	-	1	1
Supported Lodgings	-	3	3
Independent Living	-	-	-
	52	31	83



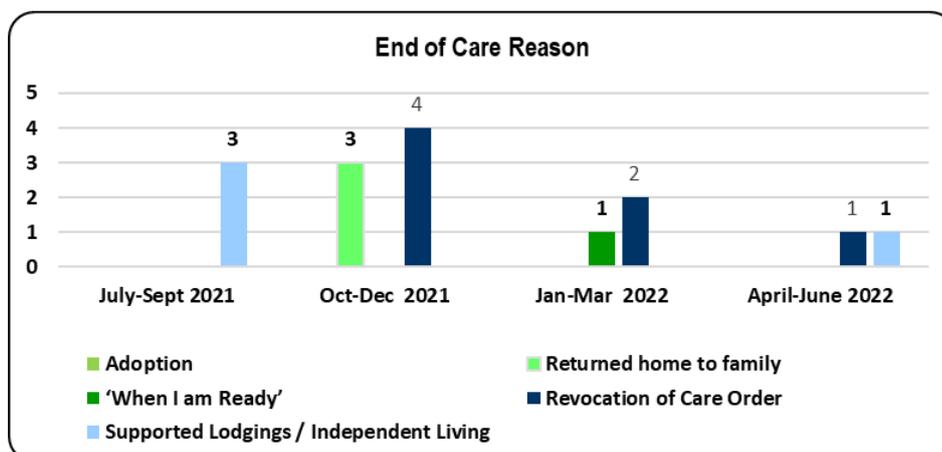
5. Legal Status of Children Reviewed in the Quarter:

Legal Status of the Children Having Been Reviewed	
Full Care Order	53
Interim Care Order	15
Placement Order	5
Section 76	10
Total	83



6. Reasons for End of Care of the Children Reviewed

Period	Number left care	End of Care Reason				
		Adoption	Returned home to family	'When I am Ready'	Revocation of Care Order	Supported Lodgings / Independent Living
April – June 2022	2	0	0	0	1	1
Jan - Mar 2022	3	0	0	1	2	0
Oct - Dec 2021	7	0	3	0	4	0
July - Sept 2021	3	0	0	0	0	3
Total	15	0	3	1	7	4



7. Number and percentage of Looked After Children who have an allocated Social Worker.

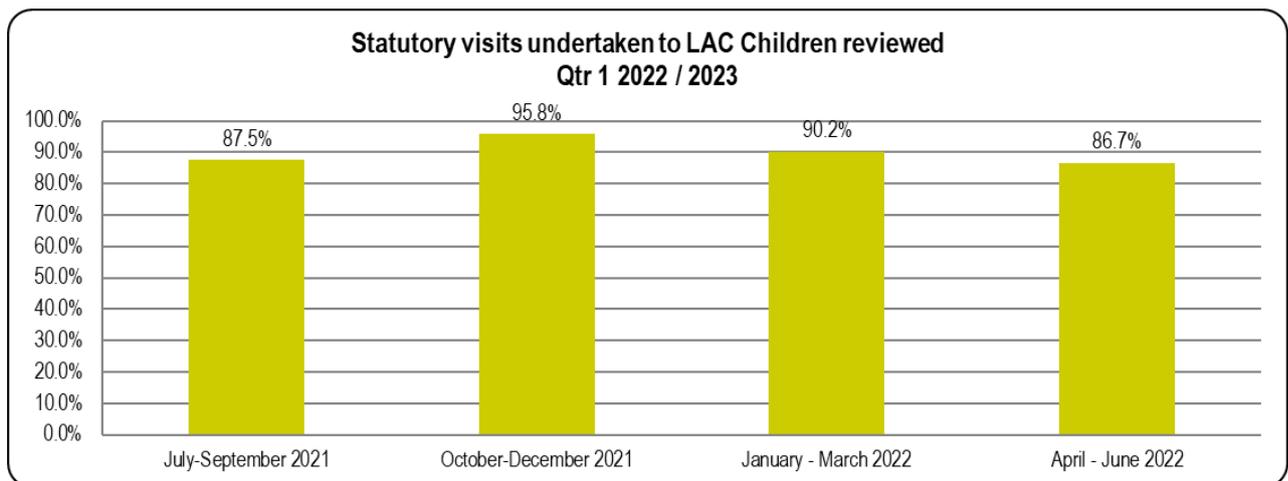
Target Set 100% - Target achieved 100.0%

- 83 (100.0%) LAC Reviews recorded that a qualified Social Worker was allocated and actively involved with the child.

8. Number and percentage of statutory visits undertaken to Looked After Children reviewed within the required timescales.

Target Set 100% - Target achieved 86.7%

- 72 (86.7%) Looked After Children received Social Worker visits in accordance with the statutory requirements.
- 11 (13.3%) Looked After Children did not receive Social Worker visits in accordance with the statutory requirements.



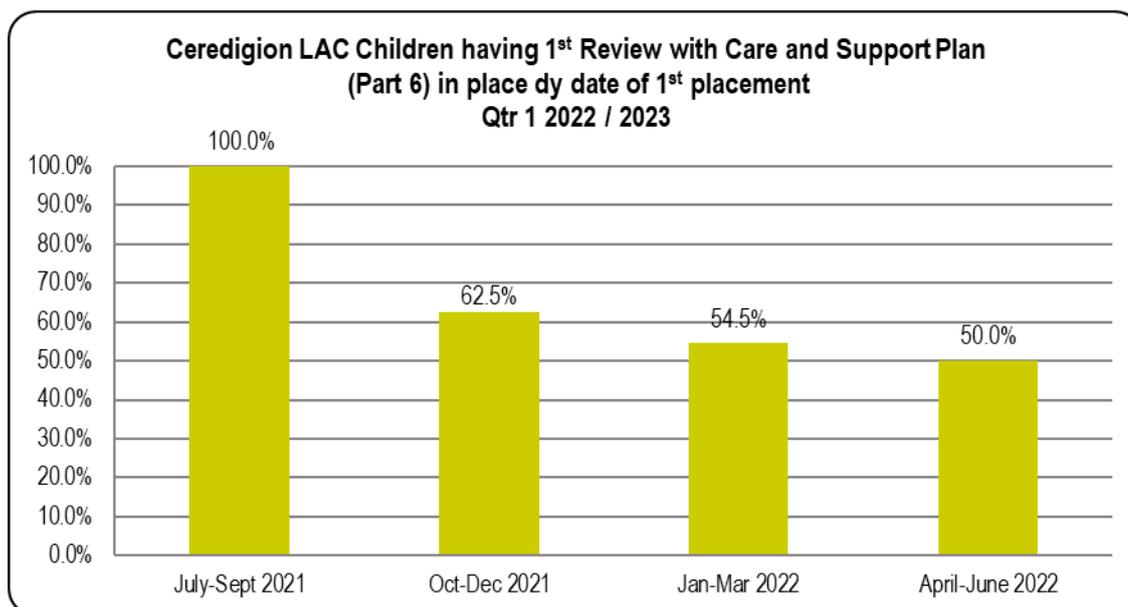
Comment: The staffing capacity within teams has an impact on statutory visits being undertaken and / or updated on the database.

9. Number and Percentage of Care and Support Plans (Part 6) in place at the date of the first placement and of up-to-date plans available for the Review.

Target Set 100% - Target achieved 50.0%

- There were 6 new LAC placements made during this quarter; 3 (50.0%) Review meetings recorded that the child / young person had a Care and Support Plan (Part 6) in place by the date of his/her placement. The Care and Support Plan (Part 6) wasn't in place by date of placement for the other 3 children / young

persons, however; was recorded as being in place at the time of the review for 1 young person.



- The IRO identified that updates were required to the Care and Support Plan records (Part 6) of 7 children. It was identified that the updating of the Care and Support Plan was still outstanding for all 7 children/young persons.

10. Number and percentage of Looked After Children who have a Permanency Plan by the second review if a return home has not been planned.

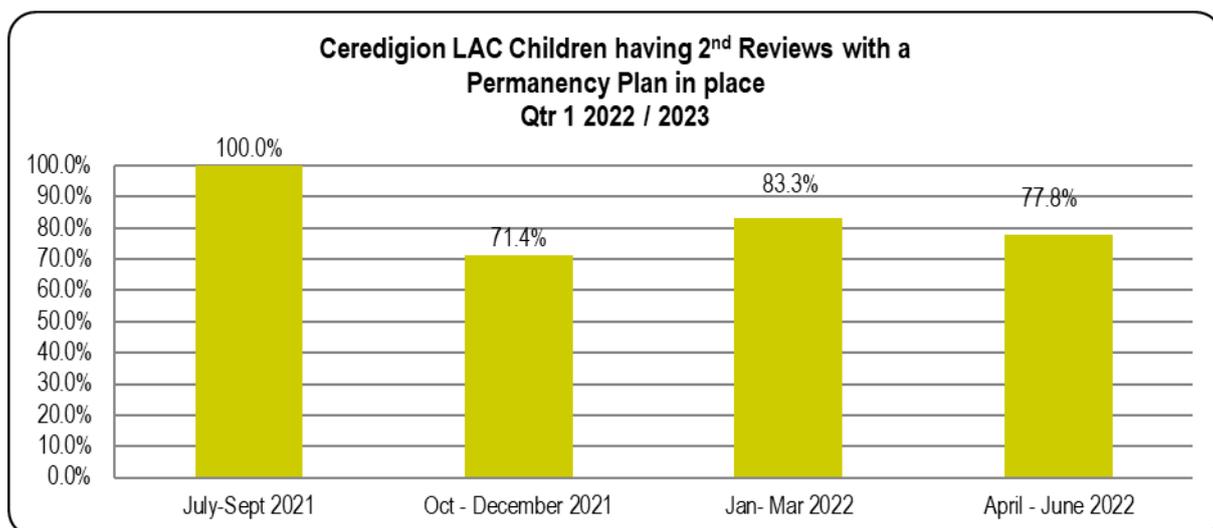
Target Set 100% - Target achieved 77.8%

- There were 9 second reviews during this quarter, 7 reviews (77.8%) recorded that a Permanency Plan had been agreed. This compares to 83.3% in the previous quarter.
- There were concerns recorded by the IRO in 13 (15.7%) reviews in this period regarding the progress of the Placement / Care and Support Plan / Permanency Plan.

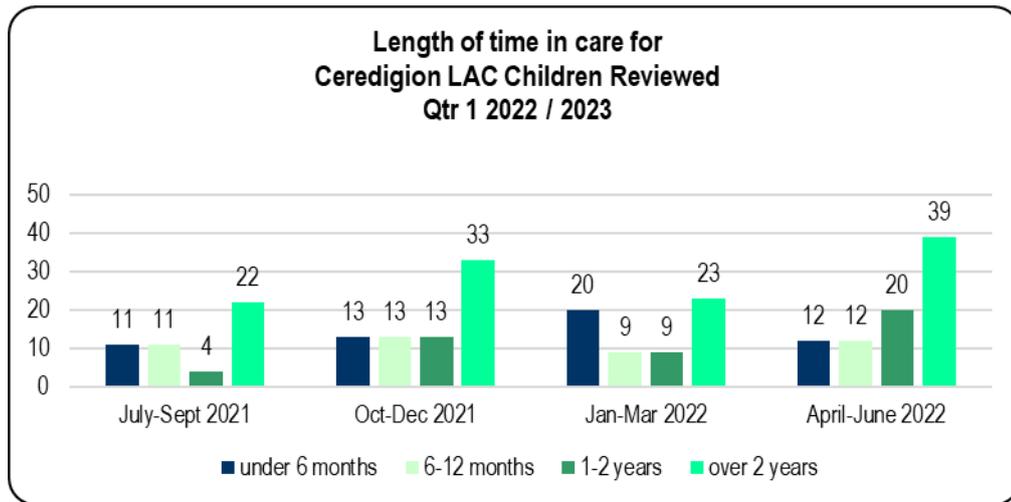
The nature of the concerns were as follows: -

- For 1 young person the placement was a long way from home and there was a delay in finding a placement closer to home. This was having an impact on young person's low mood.
- At a review for 2 siblings, it was noted that the Care Plan from initial LAC wasn't on the system, with a number of allocated workers since Dec 2021 - Care Plan was subsequently completed and updated.
- Lots of direct work needed to be undertaken with 1 young person to help them understand their past and support them in moving forward to an adoption placement; with ongoing concerns about the slowness of young person being matched for adoption.

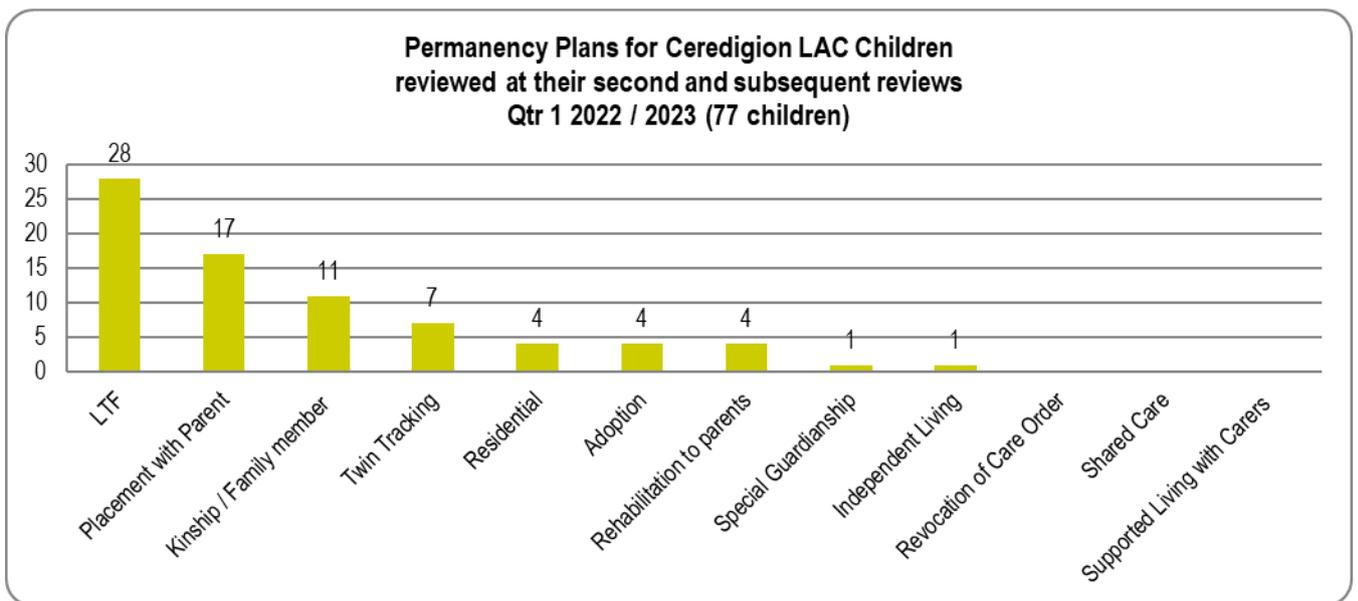
- There was drift in Adoption process progressing for 1 young person but case was allocated to a new Social Worker which would help in moving adoption process forward.
- It was noted in a review for 1 young person that there was drift as the placement was a short-term foster placement with a need to identify a long-term foster placement, which was impacting on Secondary School choice for September 2022.
- There were gaps in the recording of Stat visits in both 2018, 2019, 2020, 2021 & 2022 for a sibling group of 2, with a Drift in planning – with young persons' wishes needing to be heard and acknowledged.
- It was highlighted in a review for a sibling group of 2 that there were concerns regarding placement security and approval of the IFA Carer.
- A temporary short-term placement for 1 young person with the need for a long-term permanent was delaying therapeutic intervention as there was a need to be settled within a placement prior to start of any therapeutical services.
- One further sibling group of 2 raised concern in the current situation following breakdown of parental relationship and parent's new partners.



11. Length of Time in Care:



12: Nature of Permanency Plans:



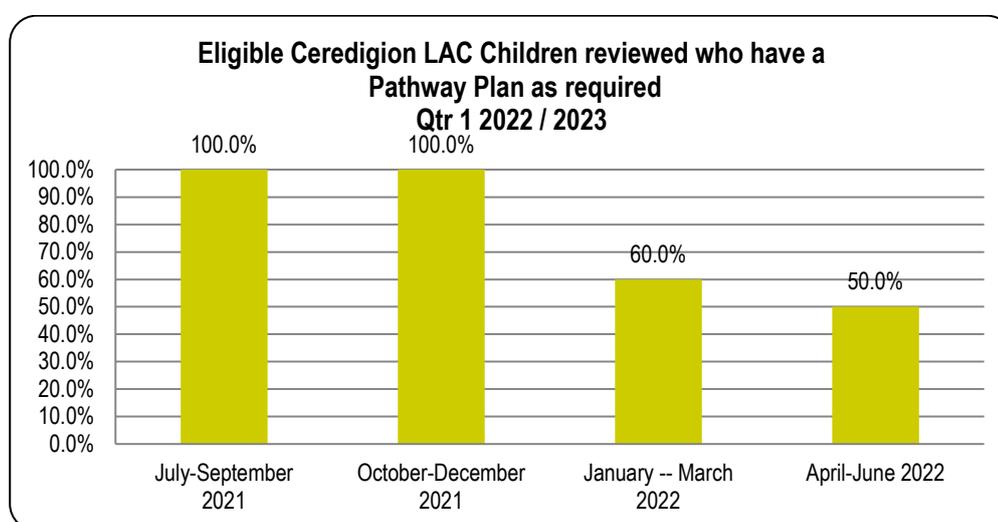
13. Number and percentage of Looked After Children receiving Short Break Care away from Main Carers

- 6 (7.2%) LAC Reviews noted that the child / young person was receiving short break care away from their main carer.

14. Number and percentage of eligible young people who have a Pathway Plan as required.

Target set: 100% Target Achieved 50.0%

- 2 (50.0%) Young People recorded that there was a Pathway Plan in place and were allocated a Personal Advisor.
- 2 (50%) Reviews (for the same person) recorded that the young person did not have a Pathway Plan in place, however the young person was allocated a Personal Advisor.
- 5 Further reviews noted that the young person was already allocated a personal Advisor.



15 Number and percentage of Looked After Children (of appropriate age and level of understanding) who understand the reasons for them being looked after.

Target Set 100% -Target achieved 93.4%

- The data for this performance indicator relates to 61 children / young persons as 22 children / young persons were not considered to be of an appropriate age and level of understanding to comprehend the reasons for being looked after.
- 57 (93.4%) Of this group showed some level of understanding about why they were cared for away from their families, which compares to 100.0% in the previous quarter.
- 4 (6.6%) Reviews for the same 2 sets of siblings documented that more work needed to be undertaken with the child / young person.

16. Number and percentage of Looked After Children (of appropriate age and level of understanding) understand their Care and Support Plan.

The data for this performance indicator relates to 55 children / young persons as 28 children / young persons were not considered to be of an appropriate age and level of understanding and were therefore not included in the figures.

- 54 (98.2%) of this group showed a level of understanding as to the nature of their Care and Support Plan (part 6).
- 1 (1.8%) Review recorded that this needed to be shared with the children / young persons.

17. National Measure 33: Number and percentage of moves for Looked after Children.

- 12 (14.5%) LAC Reviews reported that there was a change in a child's/young person's placement during this quarter; this compares to (19.7%) in the previous quarter.

The reasons for the changes in Placement were as follows:

- 1 Young person moved from a temporary residential placement to a further residential placement.
- 2 Reviews noted that the young person moved from a short-term placement to a residential placement.
- 2 Other Reviews noted that the young persons moved from a short-term placement to further short-term placement.
- 1 Young person moved area to be nearer to family in a supported placement.
- It was recorded at 1 Review that the young person had moved as a step down from a Mother and Baby Residential Unit to a Mother and Baby Foster Placement for further assessment.
- A negative placement with parent resulted in 1 young person moving to live with foster carers.
- For 1 further young person a placement move was made from foster carer to a family member.
- At a review for 2 siblings, it was recorded that they had moved from a placement within their family into foster care.
- A breakdown of a residential placement resulted in 1 other young person moving back into foster care.

18 Number and percentage of placement plans (including education and health provision) that are assessed as meeting the needs of Looked after Children.

Target Set 100% - Target achieved 95.2%

- 79 (95.2%) Placement/care and support plans were recorded as meeting the needs of the children / young people, which compares to 98.4% in the previous quarter.
- 4 (4.8%) Reviews recorded that Placement/care and support plan wasn't meeting the needs of the child / young person. The reasons recorded were: -
 - that there was a deterioration in the child / young person's behaviour as the short-term placement had progressed.
 - Placement was temporary only
 - For a sibling group of 2 there was concern due to parental separation.

19. Number and percentage of Safeguarding Concerns identified for Looked After Children during this quarter

- 6 (7.2%) LAC Reviews identified safeguarding concerns for the young person; it was confirmed that the concerns were being addressed.

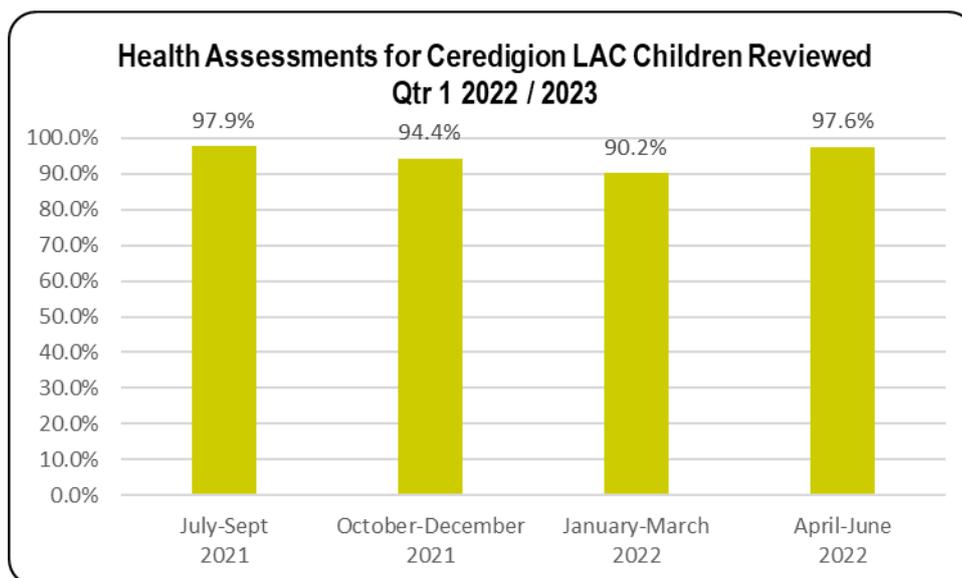
20. Number of Looked After Children's names on the Child Protection Register.

- 6 (7.2%) Reviews confirmed that the young person's name was included on the Child Protection Register.

21. Number and percentage of Looked After Children who received Health Assessments in accordance with statutory requirements

Target Set 100%- Target achieved 97.6%

- 81 (97.6%) Children/Young People Looked After had an up-to-date health assessment reported at their review, which compares to 90.2% in the previous quarter.
- 2 (2.4%) Children/Young People Looked After did not have an up-to-date health assessment at their review, it was however confirmed that these are now in place.



22. The percentage of children registered with a dentist within 20 working days of becoming looked after

Target set: 100% Target Achieved 88.9%

Registered with a dentist

The data for registering a child / young person with a dentist within 20 days of start of placement relates to 9 children / young persons.

- 8 (88.9%) Reviews recorded that the child / young person was registered with a dental practitioner within 20 working days of the start of placement.
- 1 (11.1%) Review noted that the child / young person was yet to be registered with a dental practitioner.

Registered with a dentist

The data for this performance indicator relates to 77 Children / Young persons as 6 Children / Young persons having a first LAC Review were taken out of the above equation to coincide with National Measure requirements.

- 75 (97.4%) Children and young people were registered with a dentist. This compares to 86.0% in the previous quarter.
- 2 (2.6%) Children and young people needed to be registered with a dentist; it was noted that registration subsequently took place for 1 young person and for the other young person it was an action from the review.

23. National Measure 30: Number and percentage of Looked After Children who have had their teeth checked by a dentist within 3 months of becoming Looked After.

Seen by a dentist

The data for being seen by a dentist within 3 months of becoming looked after relates to 8 children.

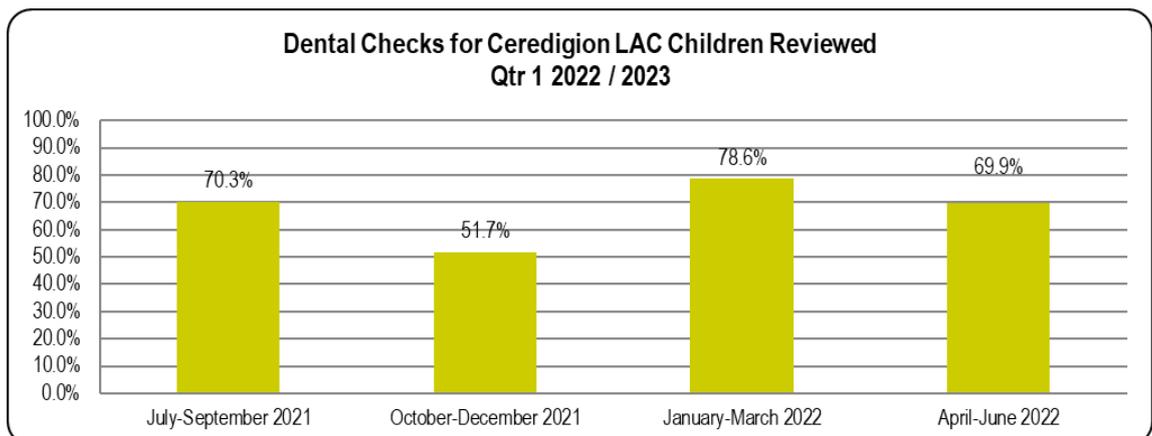
- 4 (50.0%) Reviews recorded that the child / young person had been seen by a registered dentist within 3 months of becoming LAC.
- 40 (50.0%) Review recorded that the child / young person had not been seen by a registered dentist within 3 months of becoming LAC.

Seen by a dentist

Target Set 90% - Target achieved 69.9%

The data for this performance indicator relates to 73 Children / young persons as 10 Children / Young persons were under 2 years of age and / or having their first LAC Reviews and were taken out of the above equation to coincide with National Measures requirements.

- 51 (69.9%) Children and young people were recorded as having a dental check during the preceding 12 months, which compares to 78.6% in the previous quarter.
- 22 (30.1%) Children and young people were recorded as not having had dental checks.



24. National Measure 31: Percentage of children looked after who were registered with a GP within 10 working days of the start of their placement

- 15 (88.2%) Reviews recorded that the child was registered with a provider of general medical services within 10 working days of the start of placement.
- 2 (11.8%) Reviews reported that this action remained outstanding; this was a recommendation from the review and both are now registered.

25. Number and percentage of children looked after who were registered with a GP

Target Set 100% - Target achieved 98.8%

- 82 (98.8%) Children and young people were registered with a GP, which compares to 98.4% in the previous quarter.
- 1 (1.2%) Review recorded that the child / young person needed to be registered with a GP.
- 73 (90.1%) Children had their immunisations up to date.
- 8 (9.9%) Children were late in receiving their immunisations. 3 Of these young people are Unaccompanied Asylum-Seeking Children (UASC) and are offered an accelerated programme as there is incomplete previous immunisation history; 1 further young person was reviewed twice in the quarter and was refusing to engage; however immunisations will continue to be offered.

2 Reviews were taken out of the equation as the parent was refusing to allow the child to have an immunisation.

26. Number and percentage of Looked After Children assessed as requiring CAMHS services that are referred and receive an assessment /service.

Target: 50%

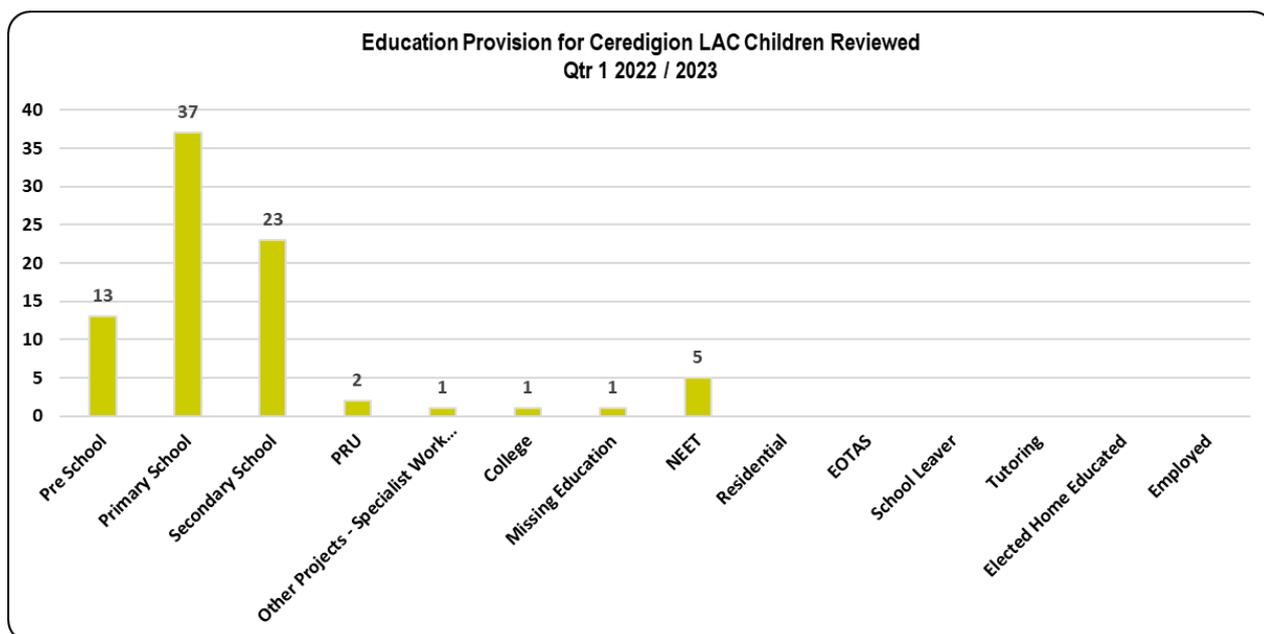
Actual Performance

- 6 (7.2%) LAC Reviews recorded that a child/young person had been referred to CAMHS, it was confirmed at 3 Reviews that the referral had been accepted for the child/young person.
- 75 (96.2%) LAC Reviews recorded that children/young people's mental/emotional health had been considered during the Health Assessment and/or during discussions in the meeting.
- 3 (3.8%) Reviews recorded that the mental health issues had not been considered.
- 5 Reviews recorded that the child / young person was too young, these were therefore taken out of the equation.

27. Nature of Education Provision:

During this quarter the children and young people reviewed were in the following educational provision.

Education Provision	
Pre-school children	13
Primary school pupils	37
Secondary school pupil	23
PRU	2
Other Projects-Specialist Work Placement	1
College	1
NEET	5
EOTAS	
Missing Education	1
Residential	
School Leaver	
Tutoring	
Elected Home Educated	
Employed	
Total	83



28. Number and percentage of Looked After Children of school age who had a Personal Education Plan within 20 school days of entering care or joining a new school.

Target Set 70% - Target achieved 100.0%

The data for this performance indicator relates to 59 children / young persons who were of compulsory school age and therefore eligible for a Personal Education Plan.

- 59 (100.0%) Children and young people of statutory school age had an up-to-date Personal Education Plan.
 - 8 (100.0%) Reviews recorded that the PEP had been completed within 20 school days of becoming Looked After or 20 school days of a change in school as required.
 - 51 (100.0%) Reviews recorded that the young person had an up-to-date Personal Education Plan.

- 13 (21.0%) Children and young people attending school/college were identified as having a recognised highest additional learning need.

- 24 (39.3%) Reviews deemed that the children / young persons attending school/college were underachieving educationally. All 24 (100.0%) Reviews recorded that the young people were receiving support.

- 7 (87.5%) Reviews identified that the educational provision had been put in place at the start of the placement.

- 1 (12.5%) Review recorded that the educational provision was not in place at start of placement, this was due to transport issues.

- 0 (0.0%) Reviews identified that there had been a period whereby the child / young person had been out of education awaiting a school placement

29. National Measure 32: Percentage of Looked After Children who have changed schools and outside of transitional arrangements

Target Set 0% - Target achieved 1.7%

- 1 (1.7%) Review recorded a change of school which was not transitional, which compares to 10.8% in the previous quarter.

30. Number and percentage of Looked After Children who were excluded from school

Target Set 12% fixed term exclusion – Target achieved 1.7%

Target Set 1% permanent exclusion – Target achieved 0.0%

- 1 (1.7%) Review reported that the young person had been excluded on a fixed term basis during the review period. This compares to 2.7% in the previous quarter.
- 0 (0.0%) Reviews reported that the young person had been excluded from school permanently, which is consistent with the previous quarter.

There were exclusions during this quarter: -

8 sessions – 4 days

SECTION THREE

CONSULTATION AND PARTICIPATION

1. **Local Performance Indicator: Number and percentage of Looked After Children of age and understanding consulted by the Social Worker or attended their review**

Target Set 100% – Target achieved 100.0%

The data for this performance indicator relates to 62 reviews as 21 reviews recorded that the children / young persons were not of an age and level of understanding to be included in the consultation process although 5 of these children / young people were present at their review.

- All 62 (100.0%) Reviews recorded that consultation had taken place

Breakdown of consultation

25 Children / young people attended their review via Teams.

37 Children / young people completed consultation papers or/and had their views represented by professionals, parents, carers or advocates.

- The IRO had direct contact with 2 child / young person during the review period outside of the review meeting.

2. **Local Performance Indicator: Number and percentage of Children who were aware of their right for an Advocacy Service / Independent Visitor Scheme**

Target Set 100% - Target achieved 100.0%

The data for this performance indicator relates to 67 reviews as 16 reviews recorded that the children / young people reviewed were not of an age and understanding to be informed about their right for Advocacy / Independent Visitor Scheme and were therefore taken out of the equation.

- 67 (100.0%) Children / young persons were informed of their right for an Advocacy / Independent Visitor Scheme and a referral made.

3 Local Performance Indicator: Number and percentage of Children informed about the Complaints Procedure

Target Set 100% - Target achieved 100.0%

The data for this performance indicator relates to 52 reviews as 31 reviews recorded that the children / young people were not of the age / level of understanding and were therefore taken out of this equation.

- All 52 (100.0%) Children / young people knew about the complaints process, which is consistent with the previous quarter.

4 Local Performance Indicator: Number and percentage of Parents consulted by the Social Worker before the review or who attended the review

Target Set 80% - Target achieved 100.0%

The data for this performance indicator relates to 77 reviews as 6 reviews recorded that the parents were not involved in the statutory review process and these were therefore taken out of the above equation.

- All 77 (100.0%) Parents completed consultation papers or met with / spoke with the IRO prior and / or after the review or / and attended the review themselves or / and had their views represented by a professional.

Breakdown of consultation

Consultation Papers were sent to all 77 reviews.

50 Reviews confirmed that the parents were present; or spoke to the IRO by phone prior and/or after the review.

5 Local Performance Indicator: Number and percentage of Foster Carers consulted by the social worker or attends the Child's Review

Target Set 100% - Target achieved 100.0%

The data for this performance indicator relates to 66 reviews as 17 reviews recorded that the child was placed with a parent or living independently, these reviews were therefore taken out of the equation.

- 66 (100.0%) Foster Carers completed consultation papers or / and attended the reviews during this period.

6 Local Performance Indicator: Number and percentage of Health Representative attending the Review or Sending a Report

Target Set 100% - Target achieved 89.2%

- 74 (89.2%) Reviews confirmed that information regarding health was available for the meeting.
- 9 (10.8%) Reviews reported that there was no health information at the meeting.

Comment: When the young person is placed out of area the health invite needs to be sent to the host health team, we continue to try and improve the information received.

7. Local Performance Indicator: Number and percentage of a School Representatives attending a Review or Sending a Report

Target Set 100% - Target achieved 98.4%

- 61 (98.4%) LAC Reviews had a school representative attend or provided a written report, which compares to 97.6% in the previous quarter.

8. Local performance Indicator: Number and percentage of LAC Review Documents completed by the Social Worker prior to the review

Target Set 100% - Target achieved 77.1%

- 64 (77.1%) LAC Reviews confirmed that the LAC Review document had been completed by the Social Worker prior to the review, this compares to 83.6% in the previous quarter.
- 19 (22.9%) LAC Reviews confirmed that the LAC Review document had not been completed by the Social Worker prior to the review.

Comment: The staffing capacity has had an impact on documentations being completed by social workers prior to reviews in this quarter.

**SECTION FOUR:
ISSUE RESOLUTION PROTOCOL**

The Issue Resolution Protocol was not initiated during this period for any child by the IRO.

Although it was noted that Mid-Point reviews were not taking place, where needed, IRO were bringing reviews forward when there were concerns.

SECTION FIVE

EVALUATION

This information was unavailable for this quarter

SECTION SIX

PATHWAY PLANNING

For over 16 years old and not LAC / over 18 year old care leavers

13 Pathway Plan Reviews were held during the quarter.

- 1 Performance Indicator: Percentage of Pathway Plan Review held within timescales**

 - 10 (76.9%) Pathway Plan Reviews were held within timescales, which compares to 84.4% in the previous quarter.
 - 3 (23.1%) Pathway Plan Reviews were held out of timescales. The reasons recorded were as follows: -
 - For 1 young person it was to coincide with other meetings that were taking place.
 - 2 Further reviews were delayed allowing attendance of other professionals

- 2 Performance Indicator: Percentage of Young Persons with allocated Personal Advisor / Social Worker**

 - It was identified at all 13 (100%) reviews that all the young persons had an allocated Social Worker or/and Personal Advisor.

- 3 Performance Indicator: Percentage of Pathway Plan Review Record Completed for the Meeting**

 - The Review Record had been completed for 11 (84.6%) Pathway Plan reviews, which compares to 75.0% in the previous quarter.
 - 2 (15.4%) Reviews reported that the Review Record had not been completed at the time of the review.

- 4 Performance indicator: Percentage of Young People Consulted for the Review Meeting**

 - All 13 (100.0%) Reviews confirmed that the young person had his / her views represented at the review or / and attended the review.

- 5 Performance indicator: Percentage of Young People attending their Review Meeting**

 - 3 (23.1%) Reviews recorded that the young person attended their review.

- 10 (76.9%) Reviews recorded that the young persons had not attended their review.

6 Performance Indicator: Percentage of Pathway Plan meeting young person's needs

- 10 (76.9%) Reviews confirmed that the Pathway Plan was meeting the young person's needs.
- 3 (23.1%) Reviews reported that the Pathway Plan wasn't meeting the young persons' needs; the reasons recorded were as follows: -
 - For 1 young person a new placement needed to be identified as current 'When I am Ready' Placement was coming to an end due to carers relocating.
 - 1 Young person was missing at the point of his/her review.
 - For 1 further person, the Pathway Plan needed to be updated.

7 Performance Indicator: Percentage of Pathway Plans updated prior to Leaving Care/18th Birthday

- 1 (0.0%) Pathway Plan Review reported that the Pathway Plan had not been updated prior to the young persons' leaving care/18th Birthday.

8 Evaluation This information was unavailable for this quarter

SECTION SEVEN

REGULAR SHORT BREAK CARE

There were no Regular Short Break Care Review held during the quarter.

SECTION EIGHT

SHORT BREAKS

There were no Short Break Reviews held during this period

SECTION NINE

FOSTER CARER REVIEWS

There were no Foster Carer reviews undertaken by the Independent Reviewing Service during this period

Cyngor Sir CEREDIGION County Council

REPORT TO: Healthier Communities Overview and Scrutiny

DATE: 23 January 2023

LOCATION: Council Chamber, Penmorfa

TITLE: Porth Cynnal Specialist Services (Children & Adults)

**INDEPENDENT REVIEWING SERVICE PERFORMANCE
MANAGEMENT REPORT
QTR 2 2022 - 2023**

PURPOSE OF REPORT: To monitor the progress of Looked After Children through Independent Reviewing Officers scrutiny of their plans and placements during the second quarter of 2022/2023. This information contributes to Members fulfilling their roles as Corporate Parents.

REASON SCRUTINY HAVE REQUESTED THE INFORMATION: To ensure that the Local Authority and Members can fulfill their duties as Corporate Parents

BACKGROUND:

Attached is the Independent Reviewing Service Report Quarter 2 2022/2023.

Quarterly reports are taken to the Healthier Communities Overview and Scrutiny Committee as part of an ongoing examination of the topic to ensure that the Local Authority fulfills its duties as the Corporate Parent.

This report includes national and local standards and targets used to measure outcomes for looked after children and care leavers at the time of their review meeting and includes Welsh Government Performance Indicators.

On the basis of the information available and the views expressed during the review meeting, the IRO makes a professional judgement about the effectiveness of a child/young person's care plan in meeting their needs and may recommend changes to the care plan.

During the review meeting the IRO considers whether the child/young person requires assistance to identify relevant other people to obtain legal advice/take proceedings on their behalf. This action was deemed necessary for 2 young people by the IRO in the period.

In addition, the IRO has regard as to whether the child/young person's human rights are being breached in any way and, if so, might make a referral to CAFCASS Cymru. This action was not required at any of the review meetings in the period.

These reports are considered within Multi Agency LAC Quality Assurance Meetings which meet on a quarterly basis; these meetings provide an opportunity to identify and act upon performance and other issues in relation to this area of work.

These reports are also circulated and reviewed by Local Authority's Corporate Parenting Group which is Chaired by Cllr Alun Williams, Cabinet Member for Children Services and Culture these meetings take place on a quarterly basis.

SUMMARY OF KEY POINTS:

- At the end of quarter 2, there were 112 children being looked after compared to 105 children, at the end of Quarter 1.
- 63 children were reviewed in this quarter compared to 83 in the previous quarter and 88.9% of children were reviewed within the statutory timeframe.
- 6 children left care in this quarter compared to 2 in Quarter 1. 6 children had their Care Orders revoked, 1 child returned home to family, 1 child was adopted and 1 went on to a When I'm Ready placement.
- The placement provision for the children reviewed during this Quarter were 13 in Local Authority foster care, 8 placed with parents, 15 placed with IFA, 4 in Residential Care, 15 with kinship carers, 1 in an adoption placement and 4 in supported lodgings.
- Of the children reviewed in this quarter, 60 young people were placed with carers who spoke their own language. 3 reviews noted that the young person was an unaccompanied child and had been placed in a setting that did not meet their first language needs. There was a translator in the review to enable the young person to participate accordingly.
- Of the children reviewed in this quarter, 93.7% of children received a statutory visit. This was compared to 86.7% in Quarter 1.
- 27 of children reviewed were the subjects of a Full Care Order, 20 were of an Interim Care Order, 1 was on a Placement Order and 15 were under the legal status of Section 76.
- 46% of the care and support plans were recorded as being in place at the first review. The low percentage this quarter was due to staffing difficulties within the Planned Care Team which prevented the plans being completed on time.
- Length of time in Care for Ceredigion children who are being looked after that were reviewed in Quarter 2 – 25 under 6 months, 11 between 6 – 12months, 12 between 1 – 2 years, and 15 over 2 years.
- The number and percentage of placement plans (including education and health provision) that are assessed as meeting the needs of Looked after Children in Ceredigion are 92.1% in this Quarter.
- The percentage of children (of sufficient understanding) who were involved in or consulted about their review, was 95.6%
- The percentage of children who were made aware of their right for an advocacy service, were 89.6%
- Number and percentage of Looked After Children of school age who had a Personal Education Plan within 20 school days of entering care or joining a new school during this quarter is 100%.

- Number and percentage of Parents consulted by the Social Workers before the review or who attended the review was 100%.
- 33 Pathway Plans were held in this quarter, (72.7%) Pathway Plan Reviews were held within timescales.
- The percentage of Young Persons with allocated Personal Advisor / Social Worker was 100% during this Quarter.
- The Percentage of Young People Consulted for their Review Meeting during this Quarter was 100%.

Has an Integrated Impact Assessment been completed? If not, please state why No

Summary:

This report is provided on an ongoing basis and demonstrate the continuing work that is undertaken with Looked after Children in Ceredigion

WELLBEING OF FUTURE GENERATIONS:

- Long term:** Balancing short term need with long term planning for the future
- Integration:** Positively impacting on people, economy, environment and culture and trying to benefit all three
- Collaboration:** Working together with other partners to deliver
- Involvement:** Involving those with an interest and seeking their views; stakeholder engagement and consultation
- Prevention:** Putting resources into preventing problems occurring or getting worse

RECOMMENDATION (S):

To note the contents of the report and the levels of activity with the Local Authority.

REASON FOR RECOMMENDATION (S):

So that governance of the Local Authority activity and its partner agencies for Looked After Children are monitored

Contact Name: **Audrey Somerton Edwards**

Designation: **Corporate Lead Officer: (Children & Families)**

Date of Report: 8 December 2022

Acronyms: IRO - Independent Reviewing Officer
LAC - Looked After Children
CAFCASS - The Children and Family Court Advisory and Support Service

APR - Action and Progress Records
PEP - Personal Education Plan
PI - Performance Indicators
CAMHS - Child and Adolescent Mental Health Services
NEET - Not in Education, Employment or Training
PRU - Pupil Referral Unit

Cyngor Sir CEREDIGION County Council
Safeguarding Service

Independent Reviewing Service Performance Management Report

Quarter 2: 1st July 2022 – 30th September 2022



...yn gofalu i wneud gwahaniaeth
...taking care to make a difference

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SECTION ONE: INTRODUCTION

This report provides information collated by the Quality Assurance and Independent Reviewing Service in order to monitor performance and quality assure services to looked after children, care leavers, children in residential placements and those children who receive respite care and short breaks. The information is based on the monitoring forms completed by the Independent Reviewing Officers (IRO) following each review meeting within this quarter along with other performance information held by the Children and Families Service.

BENCHMARKING

This report includes national and local measures and targets used to measure outcomes for looked after children and care leavers at the time of their review meeting.

On the basis of the information available and the views expressed during the review meeting, the IRO makes a professional judgement about the effectiveness of a child/young person's care plan in meeting their needs and the IRO will highlight to managers any poor practice.

During the review meeting the IRO considers whether the child/young person requires assistance to identify relevant other people to obtain legal advice/take proceedings on their behalf. This action was deemed necessary for 2 children/young persons in the period.

In addition, the IRO has regard as to whether the child/young person's human rights are being breached in any way and, if so, might make a referral to CAF/CASS Cymru. This action was not required at any of the review meetings in the period.

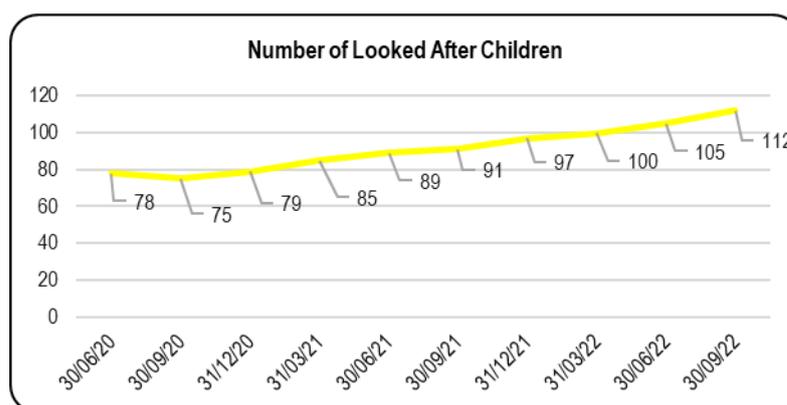
For any query or comment contact:

Elizabeth Upcott
Safeguarding Service
Penmorfa,
Aberaeron
SA46 0PA

SECTION TWO CARE PLANNING

1. **Headline Figures for Q2:**

The following table and chart provide the total number of Looked After Children data at the end of each quarter commencing with the most recent quarter.	
30 September 2022	112
30 June 2022	105
31 March 2022	100
31 December 2021	97
30 September 2021	91
30 June 2021	89
31 March 2021	85
31 December 2020	79
30 September 2020	75
30 June 2020	78



2. **Number and percentage of Looked After Children Reviews undertaken within the statutory time requirement.**

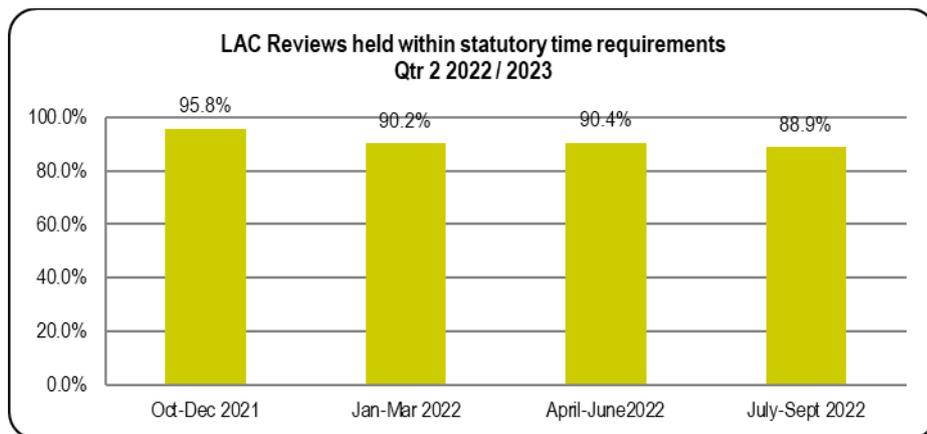
Target Set 100% - Target achieved 88.9%

63 Children were reviewed within the Quarter.

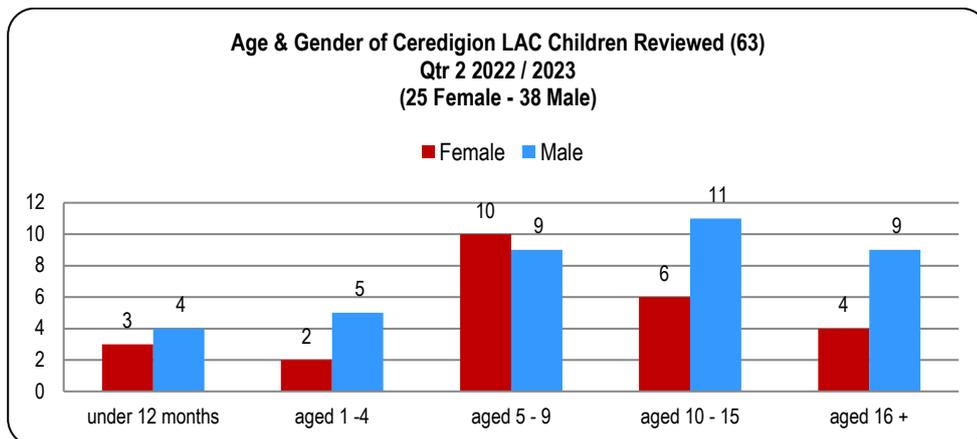
- 56 (88.9%) LAC Review Meetings were undertaken within the statutory requirements.
- 7 (11.1%) LAC Review Meetings were held out of statutory requirements; the reasons recorded were as follows: -
 - The review was postponed for 1 sibling group of 4 due to a change of placement on due date of review.

- For 1 child the review was delayed due to a poor internet connection and no interpreter present, a further review for 1 child was delayed also due to no interpreter attending.
- The Social Worker for 1 other child was on leave on the due date.

	July-Sept 2022	April-June 2022	Jan-Mar 2022	Oct-Dec 2021	July-Sept 2021
Number of children reviewed in the quarter	63	83	61	72	48
Number of reviews held in timescale	56	75	55	69	47
Number of reviews held out of timescales	7	8	6	3	1

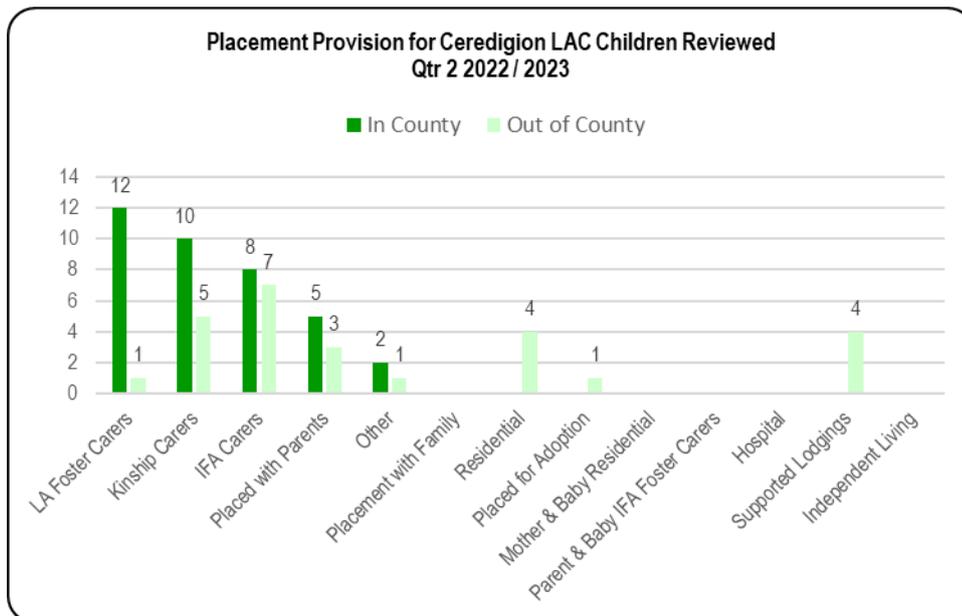


3. Age and Gender of the Children Reviewed in the Quarter:



4. Nature of the Placement Provision of Children Reviewed in the Quarter:

Type of Placement	In County	Out of County	Total
LA Foster Carers	12	1	13
Kinship Carers	10	5	15
IFA Carers	8	7	15
Placed with Parents	5	3	8
Other	2	1	3
Placement with Family	-	-	-
Residential	-	4	4
Adoption	-	1	1
Mother & Baby Residential	-	-	-
Parent & Baby IFA Foster Carers	-	-	-
Hospital	-	-	-
Supported Lodgings	-	4	4
Independent Living	-	-	-
	37	26	63

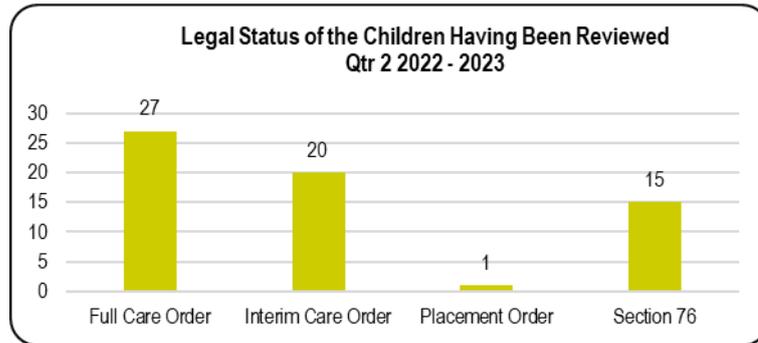


60 Young people reviewed, had been placed with carers who spoke their own language

3 Reviews noted that the young person was an unaccompanied child and placed in a care setting which did not meet their first language needs. There was a translator in the review to enable the young person to participate accordingly.

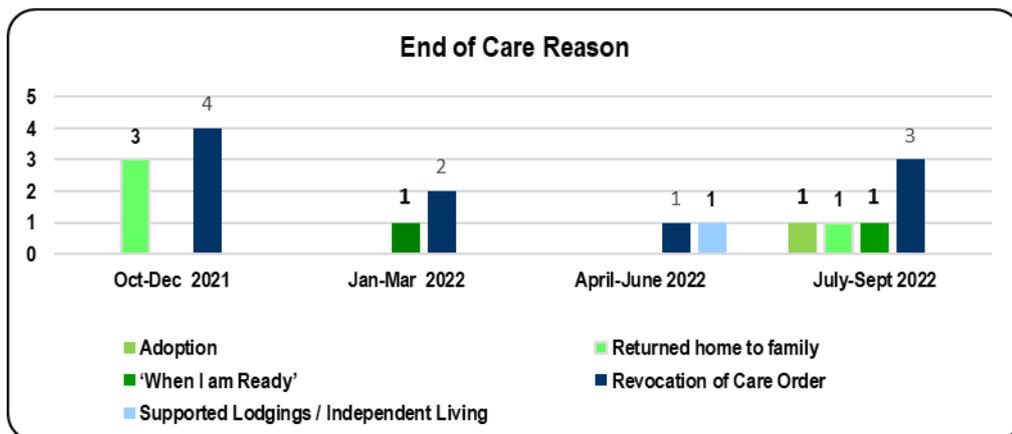
5. Legal Status of Children Reviewed in the Quarter:

Legal Status of the Children Having Been Reviewed	
Full Care Order	27
Interim Care Order	20
Placement Order	1
Section 76	15
Total	63



6. Reasons for End of Care of the Children Reviewed

Period	Number left care	End of Care Reason				
		Adoption	Returned home to family	'When I am Ready'	Revocation of Care Order	Supported Lodgings / Independent Living
July – Sept 2022	6	1	1	1	3	0
April – June 2022	2	0	0	0	1	1
Jan - Mar 2022	3	0	0	1	2	0
Oct - Dec 2021	7	0	3	0	4	0
Total	18	1	4	2	10	1



7. Number and percentage of Looked After Children who have an allocated Social Worker.

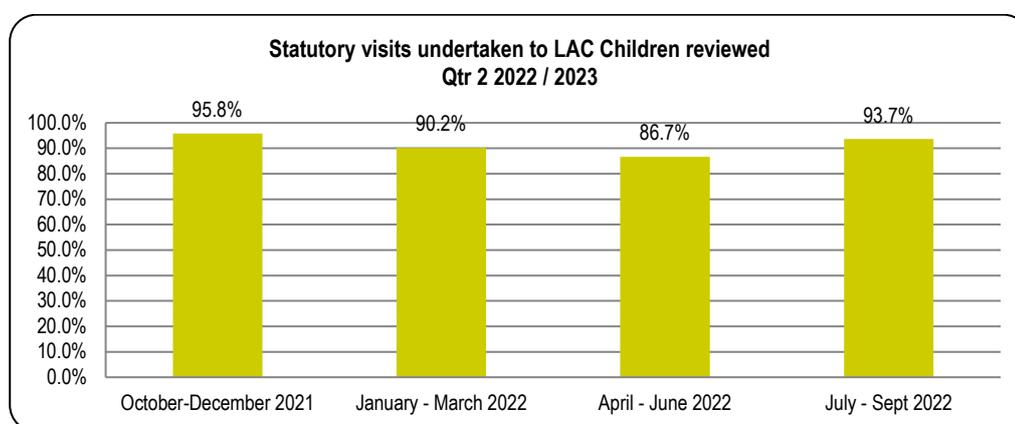
Target Set 100% - Target achieved 95.2%

- 60 (95.2%) LAC Reviews recorded that a qualified Social Worker was allocated and actively involved with the child.
- 3 (4.8%) LAC reviews recorded that there wasn't an allocated qualified Social Worker. This was due to staffing issues in the Planned Care Team which has now been resolved.

8. Number and percentage of statutory visits undertaken to Looked After Children reviewed within the required timescales.

Target Set 100% - Target achieved 93.7%

- 59 (93.7%) Looked After Children received Social Worker visits in accordance with the statutory requirements.
- 4 (6.3%) Looked After Children did not receive Social Worker visits in accordance with the statutory requirements.



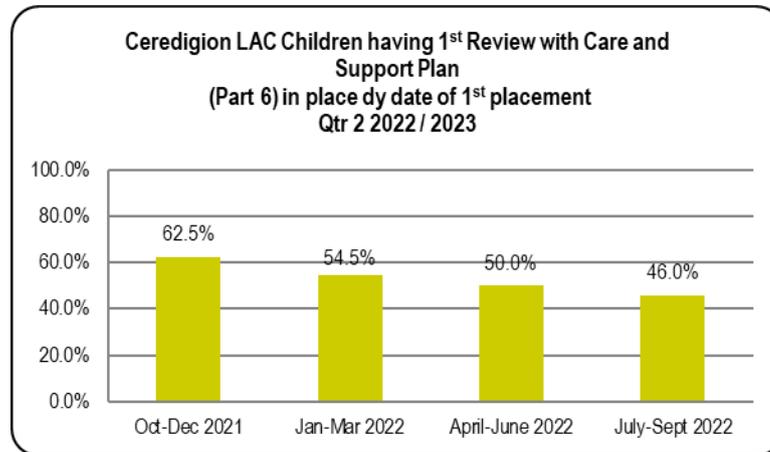
Comment: The staffing capacity within teams has an impact on statutory visits being undertaken and / or updated on the database.

9. Number and Percentage of Care and Support Plans (Part 6) in place at the date of the first placement and of up-to-date plans available for the Review.

Target Set 100% - Target achieved 46.0%

- There 13 Children that became Looked After during this quarter; 6 (46.0%) Review meetings recorded that the child / young person had a Care and Support

Plan (Part 6) in place by the date of his/her placement. The Care and Support Plan (Part 6) wasn't in place by date of placement for the other 7 children / young persons.



- The IRO identified that updates were required to the Care and Support Plan records (Part 6) of 13 children. It was identified that the updating of the Care and Support Plan was still outstanding for 7 children/young persons. This issue was due to staffing issues in the Planned Care Team which has since been resolved.

10. Number and percentage of Looked After Children who have a Permanency Plan by the second review if a return home has not been planned.

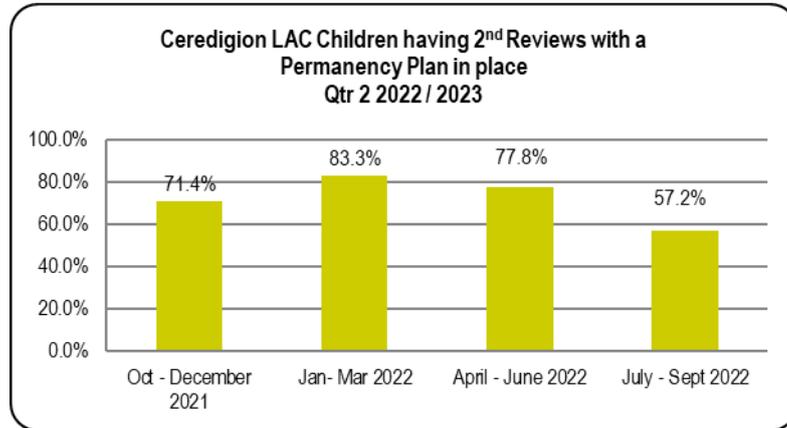
Target Set 100% - Target achieved 57.2%

- There were 7 second reviews during this quarter, 4 reviews (57.2%) recorded that a Permanency Plan had been agreed. This compares to 77.8% in the previous quarter. This was due to staffing issues, at the time, in the Planned Care Team.
- There were concerns recorded by the IRO in 11 (17.5%) reviews in this period regarding the progress of the Placement / Care and Support Plan / Permanency Plan.

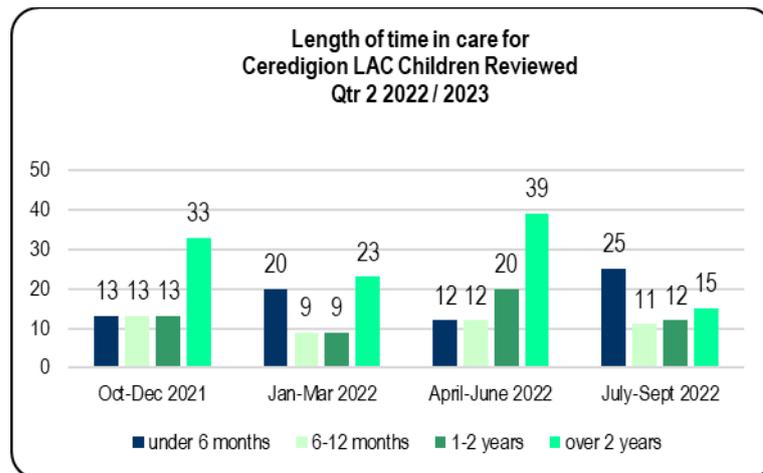
The nature of the concerns were as follows: -

- It was identified for 2 siblings that there was drift as concerns were not addressed effectively.
- For 1 young person there was concern as to whether the placement was the best place for the young person and whether it met the young person's emotional needs.
- Delay in the progress of a Special Guardianship Order was identified for 1 young person.
- One sibling group of 2 raised concern in the current situation following breakdown of parental relationship and parent's new partners.
- Concerns were raised for 1 young person in respect of vulnerability and assisting relatives.

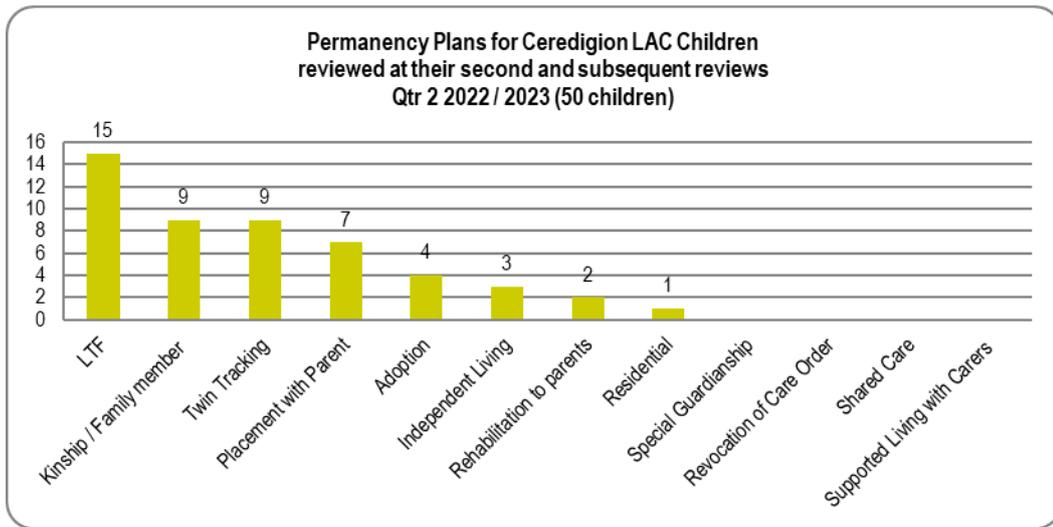
- 1 Review found that the child was unaware that his/her long-term foster carers have put notice on the placement which could also impact on the young person emotionally and educationally / school.
- It was noted that 1 young person was in an unregulated placement.
- For a further sibling group of 2, there were concerns about the current placement security and the approval details of the IFA carer.



11. Length of Time in Care:



12: Nature of Permanency Plans:



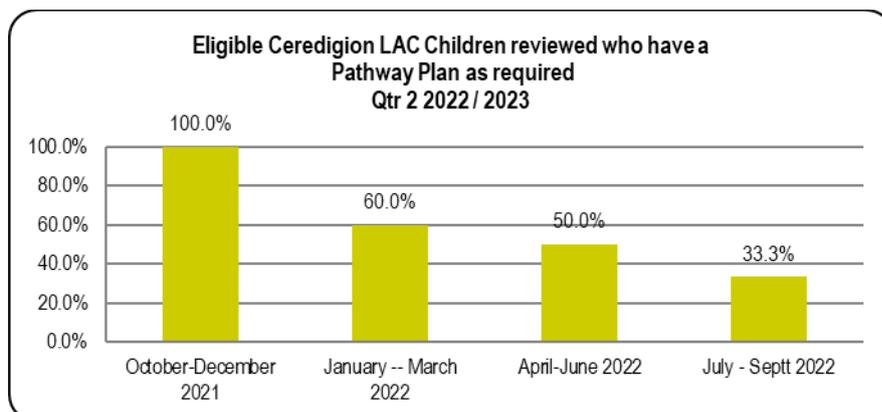
13. Number and percentage of Looked After Children receiving Short Break Care away from Main Carers

- 4 (6.3%) LAC Reviews noted that the child / young person was receiving short break care away from their main carer.

14. Number and percentage of eligible young people who have a Pathway Plan as required.

Target set: 100% Target Achieved 33.3%

- 2 (33.3%) Young People recorded that there was a Pathway Plan in place and were allocated a Personal Advisor.
- 4 (66.7%) Reviews recorded that the young person did not have a Pathway Plan in place, however all 4 of these young persons were allocated a Personal Advisor.
- 1 Further review noted that the young person was already allocated a personal Advisor.



15 Number and percentage of Looked After Children (of appropriate age and level of understanding) who understand the reasons for them being looked after.

Target Set 100% -Target achieved 95.6%

- The data for this performance indicator relates to 45 children / young persons as 18 children / young persons were not considered to be of an appropriate age and level of understanding to comprehend the reasons for being looked after.
- 43 (95.6%) Of this group showed some level of understanding about why they were cared for away from their families, which compares to 93.4% in the previous quarter.
- 2 (4.4%) Reviews for a sibling set documented that more work needed to be undertaken with the child / young person.

16. Number and percentage of Looked After Children (of appropriate age and level of understanding) understand their Care and Support Plan.

The data for this performance indicator relates to 39 children / young persons as 24 children / young persons were not considered to be of an appropriate age and level of understanding and were therefore not included in the figures.

- 36 (92.3%) of this group showed a level of understanding as to the nature of their Care and Support Plan (part 6).
- 3 (7.7%) Reviews recorded that this needed to be shared with the children / young persons.

17. National Measure 33: Number and percentage of moves for Looked after Children.

- 12 (19.0%) LAC Reviews reported that there was a change in a child's/young person's placement during this quarter; this compares to (25.4%) in the previous quarter.

The reasons for the changes in Placement were as follows:

- 1 Young Person was discharged from hospital to a foster carer placement.
- There were 3 breakdown moves for 1 young person.
- For another young person there were difficulties in the placement and an alternative placement was sought.
- A Parent and Child Placement wasn't meeting the needs of 1 child; therefore an alternative Parent and Child Placement was identified in order that the assessment could continue.
- 1 Young person moved to be closer to extended family.

- For a further young person a move was made in order to be closer to facilities that could better meet his/her cultural and religious needs.
- A move to an approved accommodation from an un-regulated placement was made for 1 other young person.
- It was identified for 1 young person that a notice had been given by their placement and the young person thereafter moved to a more appropriate placement that could better meet his/her needs.
- 1 Young person had a planned move from foster care to a residential placement.
- A Review for a sibling group identified that 2 of the young persons moved placement due to suitability and availability, a further sibling moved placement due to suitability, availability and matching of placement.

18 Number and percentage of placement plans (including education and health provision) that are assessed as meeting the needs of Looked after Children.

Target Set 100% - Target achieved 92.1%

- 58 (92.1%) Placement/care and support plans were recorded as meeting the needs of the children / young people, which compares to 95.2% in the previous quarter.
- 5 (7.9%) Reviews recorded that Placement/care and support plan wasn't meeting the needs of the child / young person. The reasons recorded were: -
 - 4 Reviews recorded that this was due to the young person being in an unregulated placement.
 - 1 Further Review noted that the placement was short term only until a permanent placement was identified.

19. Number and percentage of Safeguarding Concerns identified for Looked After Children during this quarter

- 5 (7.9%) LAC Reviews identified safeguarding concerns for the young person; it was confirmed that the concerns were being addressed.

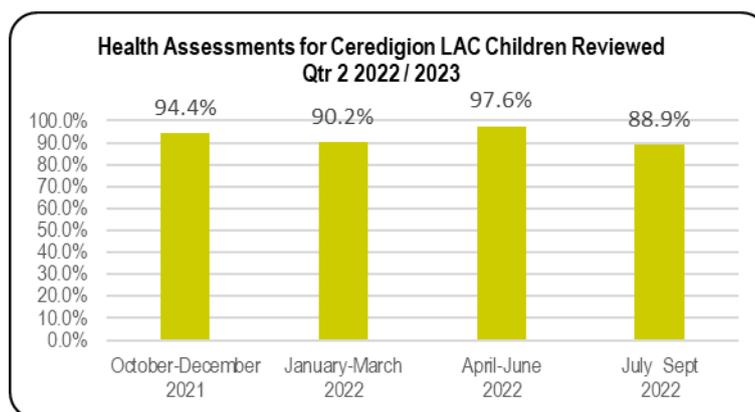
20. Number of Looked After Children's names on the Child Protection Register.

- 9 (14.3%) Reviews confirmed that the young person's name was included on the Child Protection Register.

21. Number and percentage of Looked After Children who received Health Assessments in accordance with statutory requirements

Target Set 100%- Target achieved 88.9%

- 56 (88.9%) Children/Young People Looked After had an up-to-date health assessment reported at their review, which compares to 97.6% in the previous quarter.
- 7 (11.1%) Children/Young People Looked After did not have an up-to-date health assessment at their review, it was however confirmed that these are now in place.



22. The percentage of children registered with a dentist within 20 working days of becoming looked after

Target set: 100% Target Achieved 42.9%

Registered with a dentist

The data for registering a child / young person with a dentist within 20 days of becoming looked after relates to 7 children / young persons.

- 3 (42.9%) Reviews recorded that the child / young person was registered with a dental practitioner within 20 working days of the start of placement.
- 4 (57.1%) Review noted that the child / young person was yet to be registered with a dental practitioner.

Registered with a dentist

The data for this performance indicator relates to 50 Children / Young persons as 13 Children / Young persons having a first LAC Review were taken out of the above equation to coincide with National Measure requirements.

- 43 (86.0%) Children and young people were registered with a dentist. This compares to 97.4% in the previous quarter.
- 7 (14.0%) Children and young people needed to be registered with a dentist.

Comment: Some of these children are out of County and some are under 1 years old.

23. National Measure 30: Number and percentage of Looked After Children who have had their teeth checked by a dentist within 3 months of becoming Looked After.

Seen by a dentist

The data for being seen by a dentist within 3 months of becoming looked after relates to 5 children.

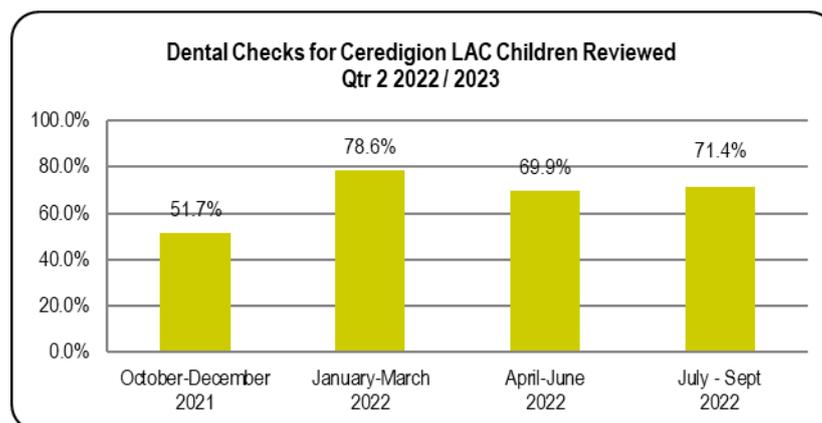
- 2 (40.0%) Reviews recorded that the child / young person had been seen by a registered dentist within 3 months of becoming LAC.
- 3 (60.0%) Review recorded that the child / young person had not been seen by a registered dentist within 3 months of becoming LAC.

Seen by a dentist

Target Set 90% - Target achieved 71.4%

The data for this performance indicator relates to 42 Children / young persons as 21 Children / Young persons were under 2 years of age and / or having their first LAC Reviews and were taken out of the above equation to coincide with National Measures requirements.

- 30 (71.4%) Children and young people were recorded as having a dental check during the preceding 12 months, which compares to 69.9% in the previous quarter.
- 12 (28.6%) Children and young people were recorded as not having had dental checks.



24. National Measure 31: Percentage of children looked after who were registered with a GP within 10 working days of the start of their placement

- 23 (92.0%) Reviews recorded that the child was registered with a provider of general medical services within 10 working days of the start of placement.
- 2 (8.0%) Reviews reported that this action remained outstanding; these reviews were for the same child who was reviewed twice within the quarter.

25. Number and percentage of children looked after who were registered with a GP

Target Set 100% - Target achieved 100.0%

- 63 (100.0%) Children and young people were registered with a GP, which compares to 98.8% in the previous quarter.
- 52 (83.9%) Children had their immunisations up to date.
- 10 (16.1%) Children were late in receiving their immunisations. 3 Of these young people are Unaccompanied Asylum-Seeking Children (UASC) and are offered an accelerated programme as there is incomplete previous immunisation history.

1 Review was taken out of the equation as the parent was refusing to allow the child to have an immunisation.

26. Number and percentage of Looked After Children assessed as requiring CAMHS services that are referred and receive an assessment /service.

Target: 50%

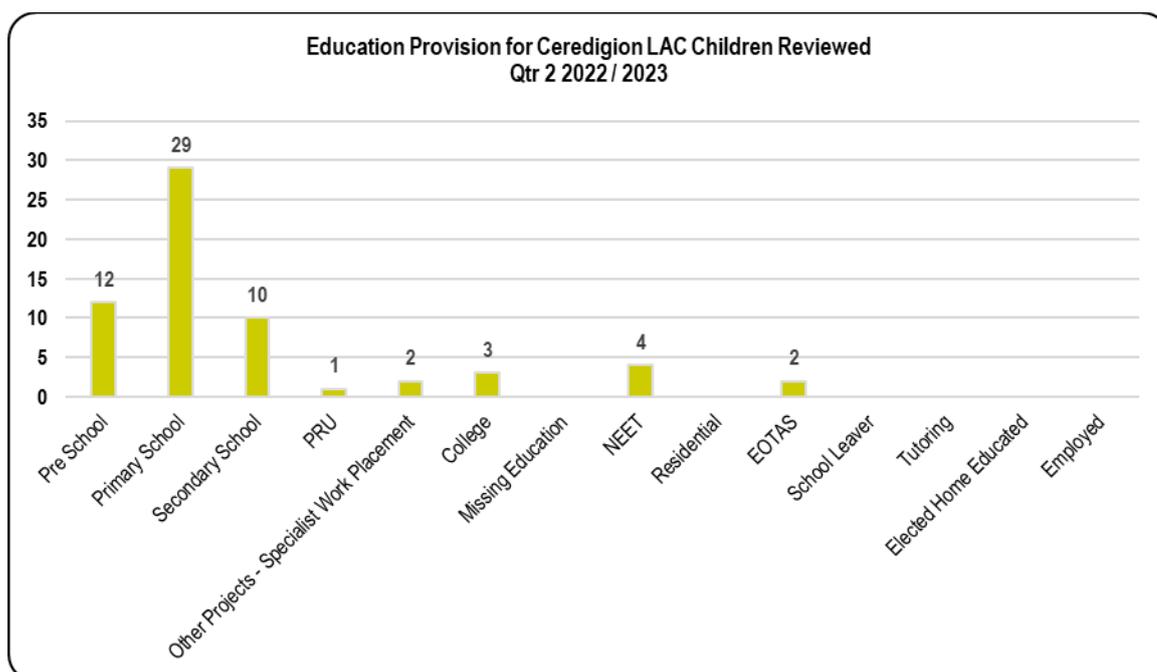
Actual Performance

- 5 (7.9%) LAC Reviews recorded that a child/young person had been referred to CAMHS, it was confirmed at 3 Reviews that the referral had been accepted for the child/young person.
- 55 (87.3%) LAC Reviews recorded that children/young people's mental/emotional health had been considered during the Health Assessment and/or during discussions in the meeting.
- 8 (12.7%) Reviews recorded that the mental health issues had not been considered. 6 Of these reviews were for babies.

27. Nature of Education Provision:

During this quarter the children and young people reviewed were in the following educational provision.

Education Provision	
Pre-school children	12
Primary school pupils	29
Secondary school pupil	10
PRU	1
Other Projects-Specialist Work Placement	2
College	3
NEET	4
EOTAS	2
Missing Education	
Residential	
School Leaver	
Tutoring	
Elected Home Educated	
Employed	
Total	63



28. Number and percentage of Looked After Children of school age who had a Personal Education Plan within 20 school days of entering care or joining a new school.

Target Set 70% - Target achieved 100.0%

The data for this performance indicator relates to 38 children / young persons who were of compulsory school age and therefore eligible for a Personal Education Plan.

- 37 (97.4%) Children and young people of statutory school age had an up-to-date Personal Education Plan.
 - 12 (92.3%) Reviews recorded that the PEP had been completed within 20 school days of becoming Looked After or 20 school days of a change in school as required. 1 (7.7%) Review recorded that the completion of the PEP had been delayed but was subsequently completed.
 - 25 (100.0%) Reviews recorded that the young person had an up-to-date Personal Education Plan.

- 11 (27.5%) Children and young people attending school/college were identified as having a recognised highest additional learning need.

- 20 (47.6%) Reviews deemed that the children / young persons attending school/college were underachieving educationally. All 20 (100.0%) Reviews recorded that the young people were receiving support.

- 8 (80.0%) Reviews identified that the educational provision had been put in place at the start of the placement.
- 2 (20.0%) Reviews recorded that the educational provision was not in place at start of placement.

- 2 (5.3%) Reviews identified that there had been a period whereby the child / young person had been out of education awaiting a school placement

29. National Measure 32: Percentage of Looked After Children who have changed schools and outside of transitional arrangements

Target Set 0% - Target achieved 5.3%

- 2 (5.3%) Reviews recorded a change of school which was not transitional, which compares to 1.7% in the previous quarter.

30. Number and percentage of Looked After Children who were excluded from school

Target Set 12% fixed term exclusion –Target achieved 0.0%

Target Set 1% permanent exclusion – Target achieved 0.0%

- 0 (0.0%) Review reported that the young person had been excluded on a fixed term basis during the review period. This compares to 1.7% in the previous quarter.
- 0 (0.0%) Reviews reported that the young person had been excluded from school permanently, which is consistent with the previous quarter.

There were exclusions during this quarter: -

2 sessions – 1 day

SECTION THREE

CONSULTATION AND PARTICIPATION

1. **Local Performance Indicator: Number and percentage of Looked After Children of age and understanding consulted by the Social Worker or attended their review**

Target Set 100% – Target achieved 100.0%

The data for this performance indicator relates to 45 reviews as 18 reviews recorded that the children / young persons were not of an age and level of understanding to be included in the consultation process although 2 of these children / young people were present at their review.

- All 45 (100.0%) Reviews recorded that consultation had taken place

Breakdown of consultation

18 Children / young people attended their review via Teams.

27 Children / young people completed consultation papers or/and had their views represented by professionals, parents, carers or advocates.

- The IRO had direct contact with 2 child / young person during the review period outside of the review meeting.

2 **Local Performance Indicator: Number and percentage of Children who were aware of their right for an Advocacy Service / Independent Visitor Scheme**

Target Set 100% - Target achieved 89.6%

The data for this performance indicator relates to 48 reviews as 15 reviews recorded that the children / young people reviewed were not of an age and understanding to be informed about their right for Advocacy / Independent Visitor Scheme and were therefore taken out of the equation.

- 43 (89.6%) Children / young persons were informed of their right for an Advocacy / Independent Visitor Scheme.

During the period of COVID 19 restriction, the advocacy service would be invited to all LAC reviews which were taken place virtually and the advocates would attend the meetings. However, during this quarter, due to restrictions being lifted, the advocacy service is now able to undertake more face-to-face visits to children/young people and so they are not always able to attend all LAC Reviews. However, where it is deemed appropriate for them to do so, they will attend.

3 Local Performance Indicator: Number and percentage of Children informed about the Complaints Procedure

Target Set 100% - Target achieved 100.0%

The data for this performance indicator relates to 37 reviews as 26 reviews recorded that the children / young people were not of the age / level of understanding and were therefore taken out of this equation.

- All 37 (100.0%) Children / young people knew about the complaints process, which is consistent with the previous quarter.

4 Local Performance Indicator: Number and percentage of Parents consulted by the Social Worker before the review or who attended the review

Target Set 80% - Target achieved 100.0%

The data for this performance indicator relates to 57 reviews as 6 reviews recorded that the parents were not involved in the statutory review process and these were therefore taken out of the above equation.

- All 57 (100.0%) Parents completed consultation papers or met with / spoke with the IRO prior and / or after the review or / and attended the review themselves or / and had their views represented by a professional.

Breakdown of consultation

Consultation Papers were sent to all 57 reviews.

35 Reviews confirmed that the parents were present; or spoke to the IRO by phone prior and/or after the review.

5 Local Performance Indicator: Number and percentage of Foster Carers consulted by the social worker or attends the Child's Review

Target Set 100% - Target achieved 100.0%

The data for this performance indicator relates to 55 reviews as 8 reviews recorded that the child was placed with a parent or living independently, these reviews were therefore taken out of the equation.

- 56 (100.0%) Foster Carers completed consultation papers or / and attended the reviews during this period.

6 Local Performance Indicator: Number and percentage of Health Representative attending the Review or Sending a Report

Target Set 100% - Target achieved 87.3%

- 55 (87.3%) Reviews confirmed that information regarding health was available for the meeting.
- 8 (12.7%) Reviews reported that there was no health information at the meeting.

Comment: When the young person is placed out of area the health invite needs to be sent to the host health team, we continue to try and improve the information received.

7. Local Performance Indicator: Number and percentage of a School Representatives attending a Review or Sending a Report

Target Set 100% - Target achieved 90.5%

- 38 (90.5%) LAC Reviews had a school representative attend or provided a written report, which compares to 98.4% in the previous quarter.

8. Local performance Indicator: Number and percentage of LAC Review Documents completed by the Social Worker prior to the review

Target Set 100% - Target achieved 68.3%

- 43 (68.3%) LAC Reviews confirmed that the LAC Review document had been completed by the Social Worker prior to the review, this compares to 77.1% in the previous quarter.
- 20 (31.7%) LAC Reviews confirmed that the LAC Review document had not been completed by the Social Worker prior to the review.

Comment: The staffing capacity has had an impact on documentations being completed by social workers prior to reviews in this quarter.

**SECTION FOUR:
ISSUE RESOLUTION PROTOCOL**

The Issue Resolution Protocol was not initiated during this period for any child by the IRO.

Although it was noted that Mid-Point reviews were not taking place, where needed, IRO were bringing reviews forward when there were concerns.

SECTION FIVE

EVALUATION

This information was unavailable for this quarter

SECTION SIX

PATHWAY PLANNING

For over 16 years old and not LAC / over 18 year old care leavers

33 Pathway Plan Reviews were held during the quarter.

- 1 Performance Indicator: Percentage of Pathway Plan Review held within timescales**

 - 24 (72.7%) Pathway Plan Reviews were held within timescales, which compares to 76.9% in the previous quarter.
 - 9 (27.3%) Pathway Plan Reviews were held out of timescales. The reasons recorded were as follows: -
 - 4 Reviews were rearranged due to young person's availability.
 - 5 Further reviews were delayed allowing attendance of professionals.

- 2 Performance Indicator: Percentage of Young Persons with allocated Personal Advisor / Social Worker**

 - It was identified at all 33 (100%) reviews that all the young persons had an allocated Social Worker or/and Personal Advisor.

- 3 Performance Indicator: Percentage of Pathway Plan Review Record Completed for the Meeting**

 - The Review Record had been completed for 23 (69.7%) Pathway Plan Reviews, which compares to 84.6% in the previous quarter.
 - 10 (30.3%) Reviews reported that the Review Record had not been completed at the time of the review.

- 4 Performance indicator: Percentage of Young People Consulted for the Review Meeting**

 - All 33 (100.0%) Reviews confirmed that the young person had his / her views represented at the review or / and attended the review.

- 5 Performance indicator: Percentage of Young People attending their Review Meeting**

 - 15 (45.5%) Reviews recorded that the young person attended their review.

- 18 (54.5%) Reviews recorded that the young persons had not attended their review.

6 Performance Indicator: Percentage of Pathway Plan meeting young person's needs

- 27 (81.8%) Reviews confirmed that the Pathway Plan was meeting the young person's needs.
- 5 (15.2%) Reviews reported that the Pathway Plan wasn't meeting the young persons' needs; the reasons recorded were as follows: -
 - For 4 young people the Pathway Plan needed to be updated to reflect the young person's current situation.
 - For another young person it was identified that the accommodation situation was fragile.
- It was noted for 1 (3.0%) further review that no Pathway Plan Review Document had been completed and there had been no input from young person, therefore it was unknown as to whether the Pathway Plan was meeting the young person's needs.

7 Performance Indicator: Percentage of Pathway Plans updated prior to Leaving Care/18th Birthday

- 1 (100.0%) Pathway Plan Review reported that the Pathway Plan had been updated prior to the young persons' leaving care/18th Birthday.

8 Evaluation This information was unavailable for this quarter

SECTION SEVEN**REGULAR SHORT BREAK CARE**

There was 1 Regular Short Break Care Review held during the quarter.

- 1 Performance Indicator: Percentage of Regular Short Break Care undertaken within the statutory time requirement**
 - This review was held within timescales.

- 2 Performance indicator: Percentage of statutory visits undertaken to children at Regular Short Break Care placements within the required timescale**
 - It was recorded that the statutory visits had been undertaken.

- 3 Performance Indicator: Percentage of Young Persons Consulted/Attended the Review Meeting**
 - The young person was represented/attended the review meeting.

- 4 Performance Indicator: Percentage of Parents Consulted for the Review Meeting**
 - It was documented that the parent attended/was represented at the review.

- 5 Performance Indicator: Percentage of Foster Carers Consulted for the Review Meeting**
 - It was verified that the Carers attended/were represented at the review.

SECTION EIGHT

SHORT BREAKS

There were no Short Break Reviews held during this period

SECTION NINE

FOSTER CARER REVIEWS

There were no Foster Carer reviews undertaken by the Independent Reviewing Service during this period. Foster Care Reviews are currently being undertaken by a different process, independent to the IRO Service.

Cyngor Sir CEREDIGION County Council

REPORT TO: Healthier Communities Overview and Scrutiny Committee

DATE: 23rd January 2023

LOCATION: Via Zoom

TITLE: Sport Wales School Sport Survey 2022

PURPOSE OF REPORT: To inform members of the main Ceredigion headline findings from the 2022 Sport Wales School Sport Survey

REASON SCRUTINY HAVE REQUESTED THE INFORMATION: Officers request

BACKGROUND:

The Sport Wales School Sport Survey gives an insight into activity levels and the wellbeing of young people in Wales. The survey gives local authorities and the sector information regarding participation levels, behaviours and attitudes of young people in Wales.

This year, the survey was more important than ever as it provided invaluable insight about the impact of the Covid-19 pandemic on young people's activity habits. The survey had previously run in 2013, 2015 and 2018 which provides trend data for some measures and a table which provides data from the past 4 surveys has been provided in the appendices.

Copies of the full Ceredigion County Reports from 2018 and 2022 can be found in the Appendices.

This year, 116,038 pupils from over 1,000 schools in Wales took part, with Ceredigion contributing 2,762 of those responses (1,288 Primary and 1,474 Secondary).

Sport Wales provide school and county reports of the findings which are structured around the Vision for Sport in Wales – *'an active nation where everyone can have a lifelong enjoyment of sport'*.

The results are split into 4 main sections, namely:

1. Active Nation
2. Everyone
3. Lifelong
4. Enjoyment.

Some of the headline findings from each section in the Ceredigion County 2022 report are as follows:

Active Nation:

1. **In Ceredigion 40% of children participated in sport outside of the curriculum three or more times a week.** This is compared to 40% across Mid Wales (Powys & Ceredigion) and 39% across Wales.
2. **67% of children in Ceredigion reported participating in sport at least once a week,** compared to 67% across Mid Wales and 64% across Wales.
3. **42% of pupils in Ceredigion participated in extracurricular sport (i.e., lunch time or after school club) frequently (at least once per week) in the 2021-22 school year,** compared to 41% across Mid Wales and 40% across Wales.
4. **59% of pupils participated in sport in a community club at least once a week,** compared to 59% across Mid Wales and 56% across Wales.
5. **58% of pupils in Ceredigion also reported that they were members of a sports club,** compared to 59% across Mid Wales and 54% across Wales.
6. **PE Provision:** It has previously been recommended by Sport Wales that schools offer 120 minutes of PE per week to pupils. **In Ceredigion, 113 minutes were on average offered to primary school pupils, while 102 minutes on average were offered to secondary school pupils.** In comparison, 93 minutes on average were on offer to primary pupils across Wales, and 93 minutes on average were on offer to secondary school pupils across Wales.
7. **Sports: In Ceredigion the sport most participated in for girls was Running or Jogging whilst the sport most participated in for boys was Football.**

Everyone

8. **Gender:** Historically, there has been a gap in sports participation across Wales, with girls consistently reporting less participation in sport than their male counterparts. Furthermore, participation amongst children who don't identify as male or female in Wales is typically lower still. **In Ceredigion 45% of boys participated in organised sport outside of the curriculum three or more times a week, compared to 37% of girls.** Meanwhile in Mid Wales, 42% of boys and 38% of girls participated in organised sport outside of the curriculum three or more times a week.
9. **Disability or Impairment:** Recent years have seen a shrinking gap in sports participation between individuals with a disability or impairment, and those without. **In Ceredigion, 35% of pupils with a disability or impairment participated in organised sport outside of the curriculum three or more times per week, compared to 41% of pupils without.** By comparison, 33% of pupils with a disability or impairment participated in organised sport outside of the curriculum three times a week or more across Mid Wales, and 35% across Wales.
10. **Welsh Language:** Sport can be used to promote the use of Welsh. **46% of those**

who speak Welsh in Mid Wales participated in organised sport outside of the curriculum three or more times a week, compared to just 33% of those who didn't speak Welsh. Of those who do speak Welsh, 25% receive coaching in the Welsh outside of school.

11. **Socioeconomic Deprivation:** The COVID-19 pandemic saw many societal inequalities exacerbated, including those impacting on sport. Sport Wales use Free School Meal (FSM) as a measure of socioeconomic deprivation, with FSM1 being the least and FSM4 accounting for the most deprived. **44% of FSM1 pupils in Ceredigion participate in organised sport outside of the curriculum three or more times a week, compared to 18% in FSM4.** Meanwhile, 47% of FSM1 pupils and 32% of FSM4 pupils in Wales participate in organised sport outside of the curriculum three or more times a week.

Lifelong

12. **Healthy Lifestyle:** The new school curriculum for Wales emphasises that 'developing physical health and well-being has lifelong benefits'. **58% of pupils in Ceredigion felt that PE lessons and sport help them 'a lot' to have a healthy lifestyle,** compared to 50% in Mid Wales and 51% across Wales.

13. **In Ceredigion, 40% of pupils in years 5-6 participated in organised sport outside of the curriculum three or more times a week, compared to 42% of pupils in years 7-9 and 43% of pupils in years 10-11, respectively.**

14. **Latent Demand:** One way that we can respond to needs is by acting on latent demand. Latent demand is where pupils say they would like to do more of a particular sport. **In Ceredigion, the greatest demand amongst girls was for swimming and the greatest demand for boys was for Football.** Of pupils who responded to the survey in Ceredigion, 96% of pupils would like to do more sport, compared to 95% across Mid Wales and 93% across Wales.

Enjoyment

15. **In Ceredigion in 2022, 61% of pupils enjoyed PE 'a lot',** in comparison to 59% in Mid Wales and 57% across Wales. **Meanwhile, 45% of pupils enjoyed extracurricular sport 'a lot' in Ceredigion in 2022.** In comparison, 43% of pupils in Mid Wales and 40% of pupils across Wales enjoyed extracurricular sport 'a lot'.

16. **49% and 61% of pupils in Ceredigion enjoyed community club and informal sport 'a lot', respectively.** Meanwhile 49% in Mid Wales and 47% across Wales enjoyed community club sport 'a lot', and 60% in Mid Wales and 57% across Wales enjoyed informal sport 'a lot'.

17. **Confidence:** Young people's confidence to engage in new sporting opportunities has a large impact on their participation in sport. The 2018 Sport Wales Survey showed that pupils who are very confident in trying new activities are twice as likely to participate in sport three or more times per week. **In Ceredigion, 74% of pupils**

felt either quite confident or very confident in trying new sports, compared to 72% in Mid Wales and 69% across Wales.

Conclusions:

1. Generally, percentage participation levels of young people in Ceredigion are equal to or slightly higher than regional (Mid Wales) and national levels.
2. There has been a significant negative impact nationally on all performance indicators since 2018. Physical activity levels increased steadily from 2011 to 2015 and again to 2018. Since 2018, many indicators have decreased by 10% or more in Ceredigion and nationally. This has been attributed to the Covid-19 pandemic by Sport Wales.
3. There are similar patterns to the 2011, 2015 and 2018 survey with regards to gender participation with boys generally being slightly more active than girls.
4. Community Club participation remains strong with community club participation and community club membership higher than both regional and national levels.
5. There are similar patterns to the 2011, 2015 and 2018 survey with regards to type of sports with running/jogging, football, swimming, cycling, basketball and dance being popular.
6. There is a good understanding that being active has lifelong health and wellbeing benefits and this has remained since 2018.
7. Those pupils in FSM4 category are less likely to be active than those in FSM1. This is a national trend.
8. Covid restrictions in Ceredigion were lifted somewhat later than other areas, however, participation levels have remained slightly higher than regional and national levels.

CURRENT SITUATION:

In response to the findings, the Physical Activity & Play Service are currently prioritising the following actions:

- Offering Bronze Young Ambassador training & mentoring sessions for over 100 young people. This will allow extra-curricular activities to be delivered in all primary schools in Ceredigion
- Offering Weekly 'Play for All' inclusive sessions at 5 secondary schools ALN Units. Over 60 young people with disabilities involved with weekly sessions. 14 Young Ambassadors with learning disabilities trained as Young Ambassadors
- Delivering targeted Year 3 & 4 school-based activities and festivals
- Developing targeted secondary provision according to each school's individual School Sport Survey report
- Developing girls only sessions in activities such as dance and football
- Offering a grant of up to £1500 to allow secondary schools to expand their extra-curricular activity offer
- Promoting the second round of the Playground Markings project – with an additional 12 schools to be funded (17 schools already received markings)
- Developing a new Play project in schools in partnership with Schools Service and Healthy Schools.

Has an Integrated Impact Assessment been completed? If not, please state why No, report is for information

WELLBEING OF FUTURE GENERATIONS:

Summary:
Long term:
Positive; the school sport survey provides trend data for the county from 2013

Integration:
Positive; Creating Caring and Healthier Communities is a wellbeing objective in the new corporate strategy. Increasing physical activity levels is vital contributor to improving health and wellbeing

Collaboration:
Positive; the school sport survey recognises the contribution of community organisations to getting our young people physically active

Involvement:
Positive; The findings have been informed by 2,762 young people from Ceredigion

Prevention:
Positive; increasing levels of physical activity can improve health & wellbeing

RECOMMENDATION (S): To share information and receive the views of the Healthier Communities Overview and Scrutiny Committee

REASON FOR RECOMMENDATION (S):

Contact Name: Carwyn Young / Alwyn Davies

Designation: Corporate Manager: Wellbeing Centres Service / Team Manager:
Physical Activity and Play

Date of Report: 21.12.2022

Acronyms:

Appendices: (A) School Sport Survey Data Comparison Table
(B) Ceredigion School Sport Survey Report 2022
(C) Ceredigion School Sport Survey Report 2018



Appendix A School
Sport Survey Data Co



Ceredigion 2022 -
English.pdf



Ceredigion 2018 -
English.pdf

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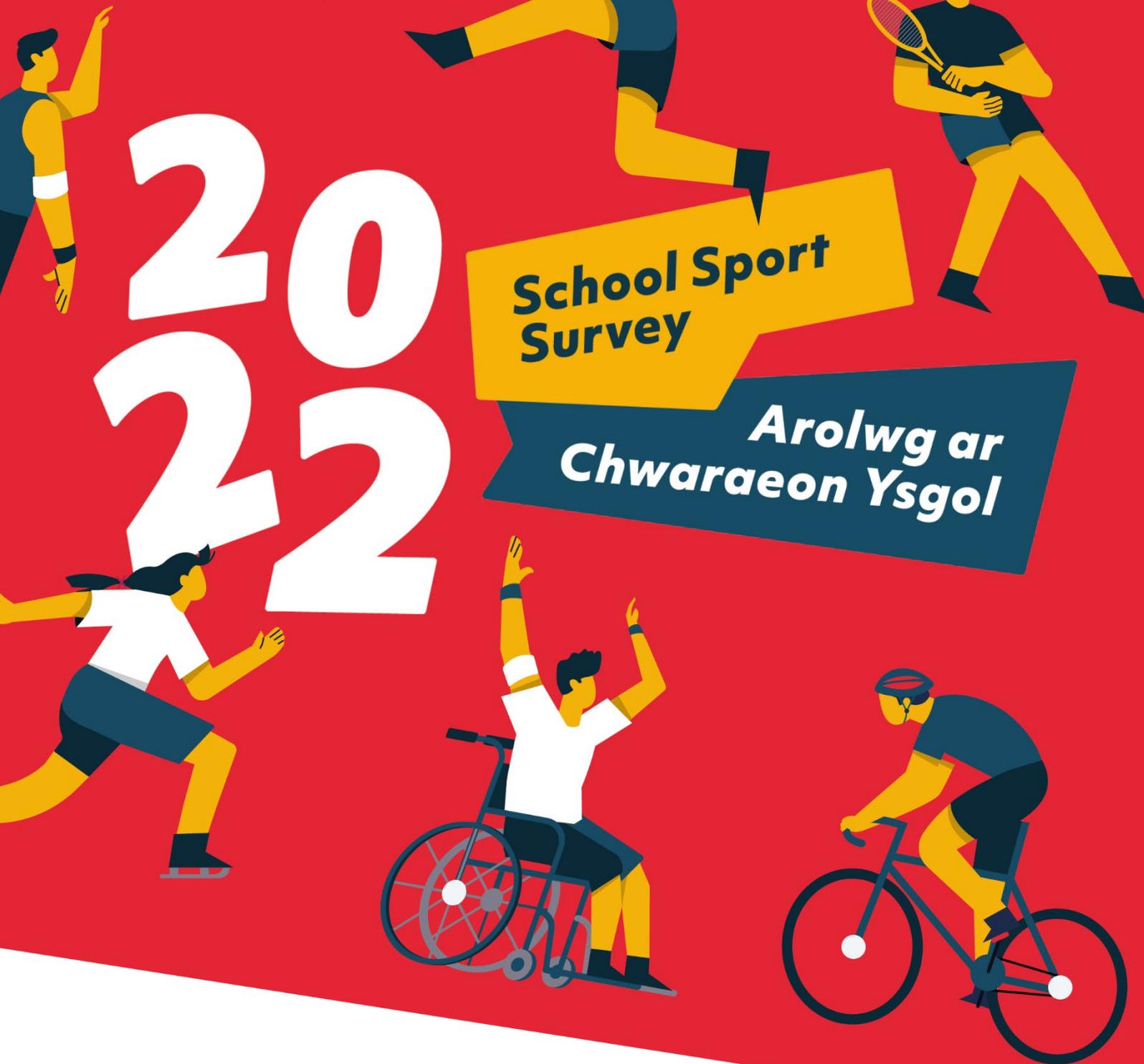
APPENDIX A

SPORT WALES SCHOOL SPORT SURVEY 2013-2022 DATA COMPARISON TABLE

Measure	Ceredigion 2013	Wales Average 2013	Ceredigion 2015	Wales Average 2015	Ceredigion 2018		Wales Average 2018		Ceredigion 2022		Wales Average 2022			
Headlines														
Percentage of children participating on extra-curricular sport more than 3 times per week.	40%	40%	49%		48%		52%		48%		40%		39%	
			Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
			50%	48%	54%	51%	50%	46%	45%	37%	43%	36%		
Percentage of pupils participated frequently (participating at least once a week on average) in sport.	82%	76%	Not Available	Not Available	74%		66%		67%		64%			
PE & School Sport														
How much do you think PE lessons and school sport help you to have a healthy lifestyle?	54%	52%	66%	62%	59%		56%		58%		51%			
Average number of minutes of PE per week	103	101	Not Available	Not Available	Primary	Secondary	99		Primary	Secondary	93		93	93
					109	105			113	102				
Percentage of pupils stated that they enjoy PE 'a lot'	65%	60%	70%	65%	64%		51%		61%		57%			
									Boys	Girls				
									71%	55%				
Community Based Activities														
Percentage of pupils participated frequently in sport in a club outside of school.	55%	55%	66%	63%	69%		65%		59%		56%			
Percentage of children that are members of sports clubs and participate in sport.	56%	53%	62%	57%	63%		59.5%		58%		54%			
How confident are you in trying new activities?	73%	74%	82%	79%	80%		80%		74%		69%			
					Boys	Girls			Boys	Girls				
					84%	76%			82%	69%				

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sportwales
chwaraeoncymru



Ceredigion Report

2022

Key Stats for Ceredigion



of pupils participated in organised sport outside of the curriculum three or more times per week*



of pupils 'always' feel their ideas about PE are listed to



of pupils believe that PE and sport help them 'a lot' to have a healthy lifestyle

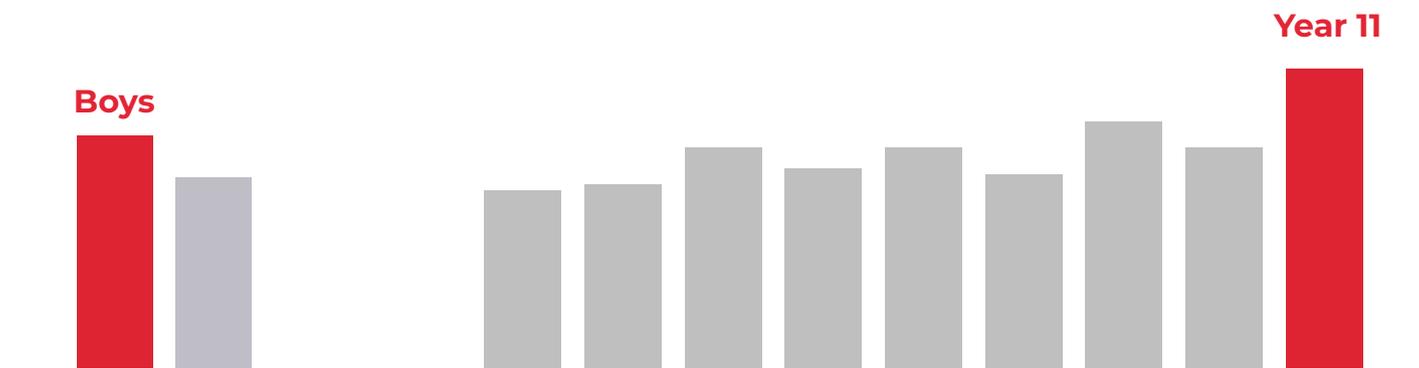


Boys mostly participated in **Football**



Girls mostly participated in **Running or Jogging**

Participation was highest for:



*Organised sport refers to any extracurricular or community club participation.

Introduction

After being delayed due to the COVID-19 pandemic, the School Sport Survey is back! This year, 116,038 pupils from 1,000 schools in Wales took part.

In this report we've collated what we learned about pupils in Ceredigion, where 2,762 pupils told us about their experiences of sport this year.

We've structured this report around the Vision for Sport in Wales¹ – 'an active nation where everyone can have a lifelong enjoyment of sport'. We want as many people as possible to be inspired to be active through sport, where everyone feels able to take part no matter their sporting background, in a sporting landscape that responds to the needs of people at different stages of their life, to create a wide range of positive experiences.



This report is organised in four sections



Active Nation



Everyone



Lifelong



Enjoyment

By using this as the basis for our report, you can see how Ceredigion contributes to the Vision, and where there could be scope to do things differently. Comparisons with Mid Wales and Wales are provided throughout.

This report contains key data that can help you and your schools improve their sporting offer. We hope the evidence contained in this report will allow you to better understand the sporting landscape for young people in Ceredigion and across Wales, and aid you in enhancing the lives of your pupils.

Yours Sincerely

Brian Davies

Acting Chief Executive Officer

¹ www.visionforsport.wales

Active nation



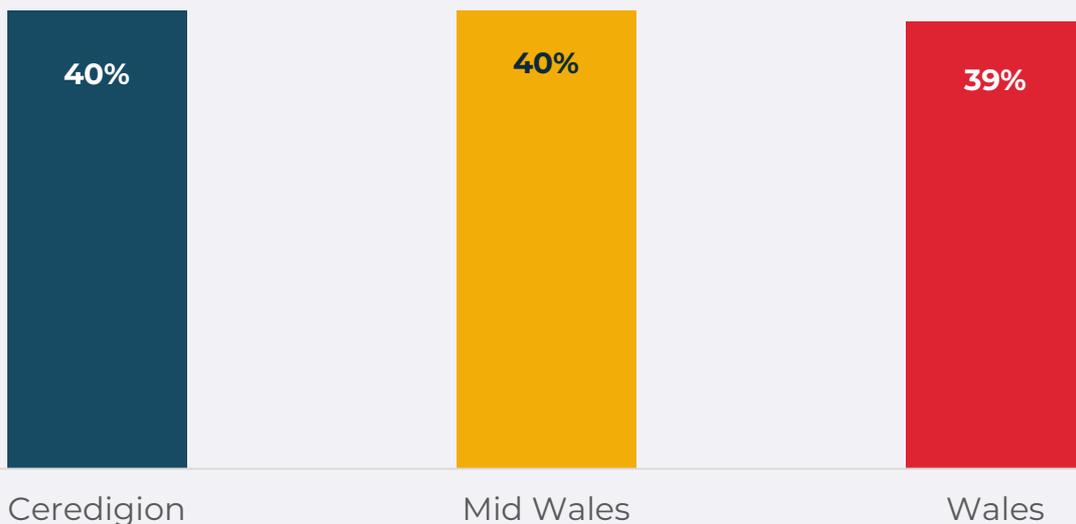
The vision for sport in Wales is to create an active nation. We want as many people as possible to be inspired to be active through sport.

Frequency of participation

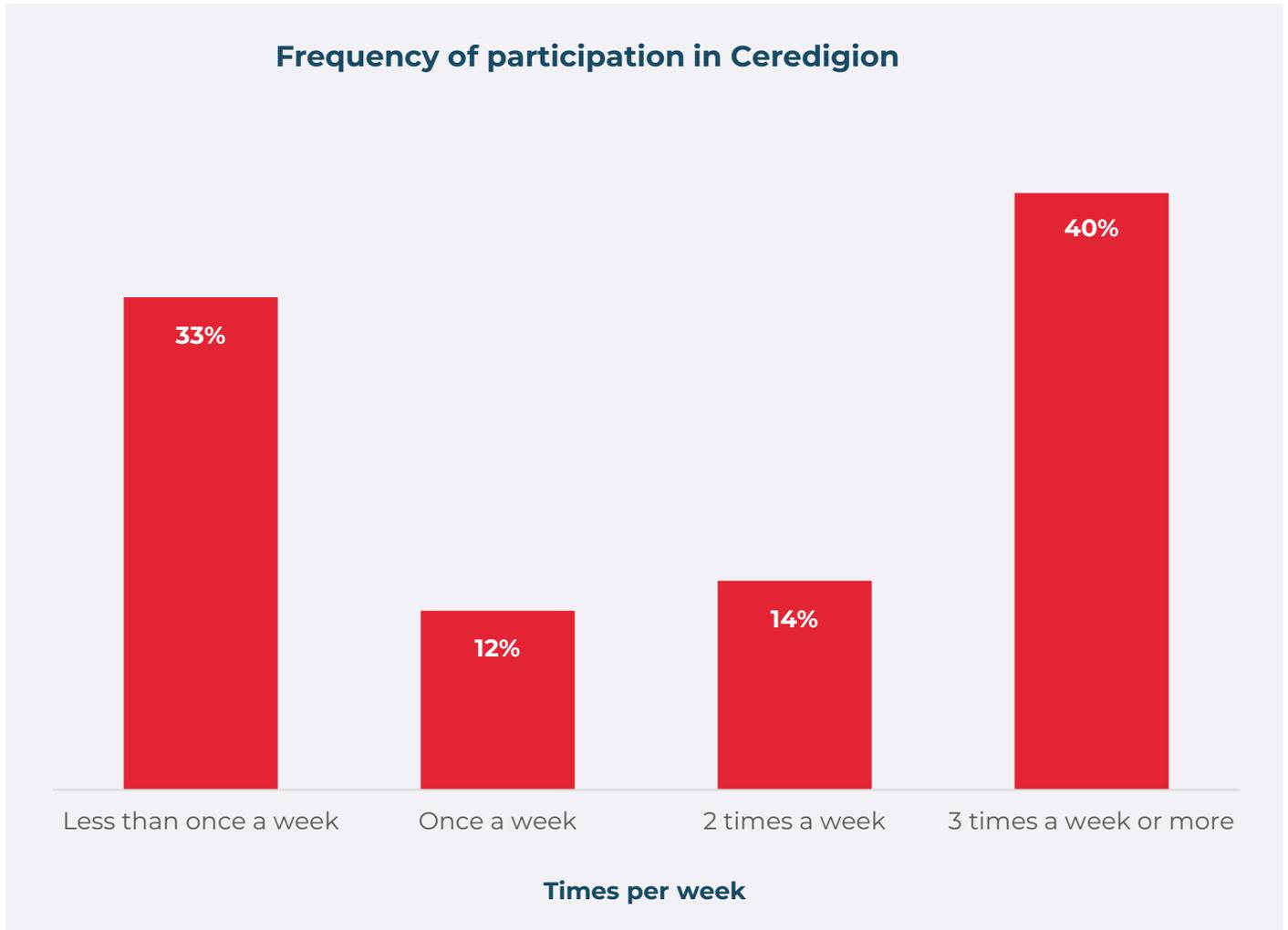
The proportion of children participating in organised sport outside of the curriculum three or more times per week is an indicator for the Wellbeing of Future Generations.

In Ceredigion 40% of children participated in sport outside of the curriculum three or more times a week. This is compared to 40% across Mid Wales and 39% across Wales.

Participation in organised sport outside of the curriculum three or more times per week



33% of pupils in Ceredigion report no frequent participation (i.e. less than once a week), compared to 33% across Mid Wales and 36% across Wales. 67% in Ceredigion reported participating in sport at least once a week, compared to 67% across Mid Wales and 64% across Wales.

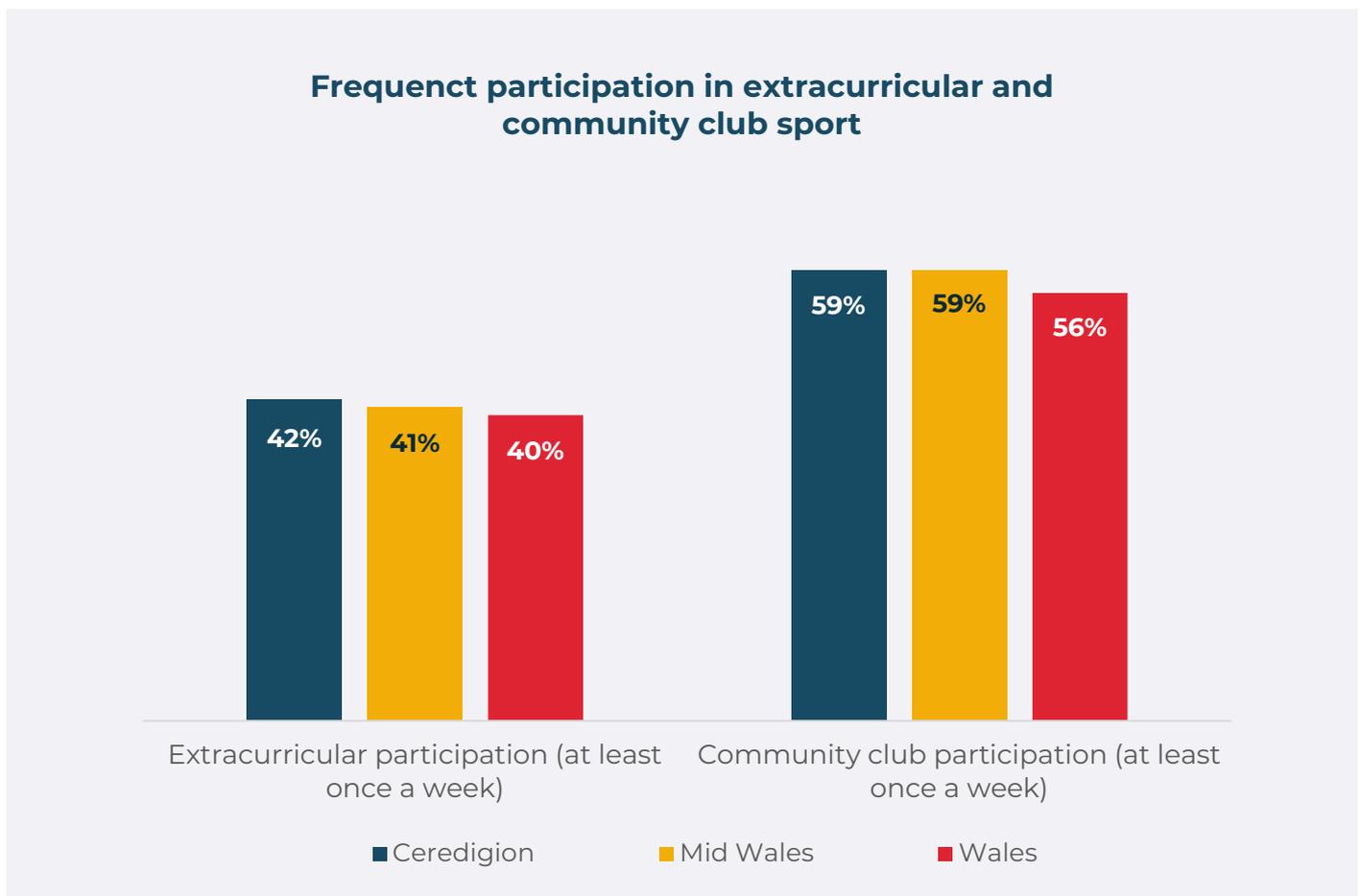


Extracurricular and community club sport

42% of pupils in Ceredigion participated in extracurricular sport (i.e., lunch time or after school club) frequently (at least once per week) in the 2021-22 school year, compared to 41% across Mid Wales and 40% across Wales.

59% of pupils participated in sport in a community club at least once a week, compared to 59% across Mid Wales and 56% across Wales.

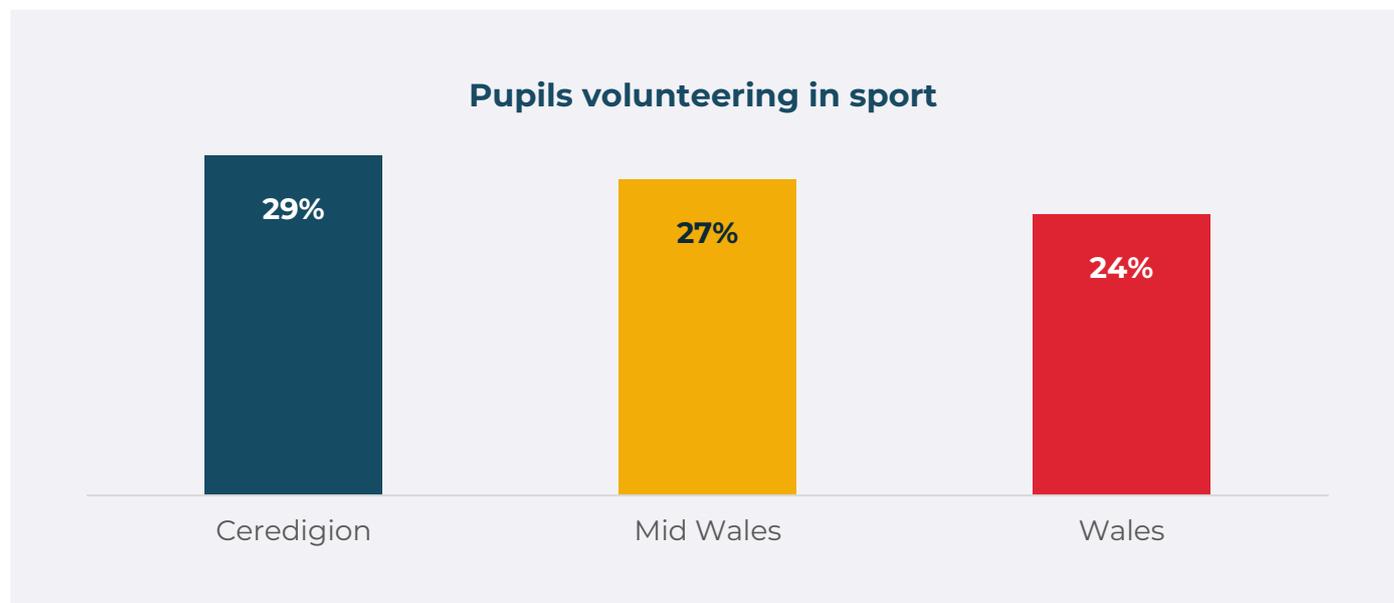
58% of pupils in Ceredigion also reported that they were members of a sports club, compared to 59% across Mid Wales and 54% across Wales.



Volunteering

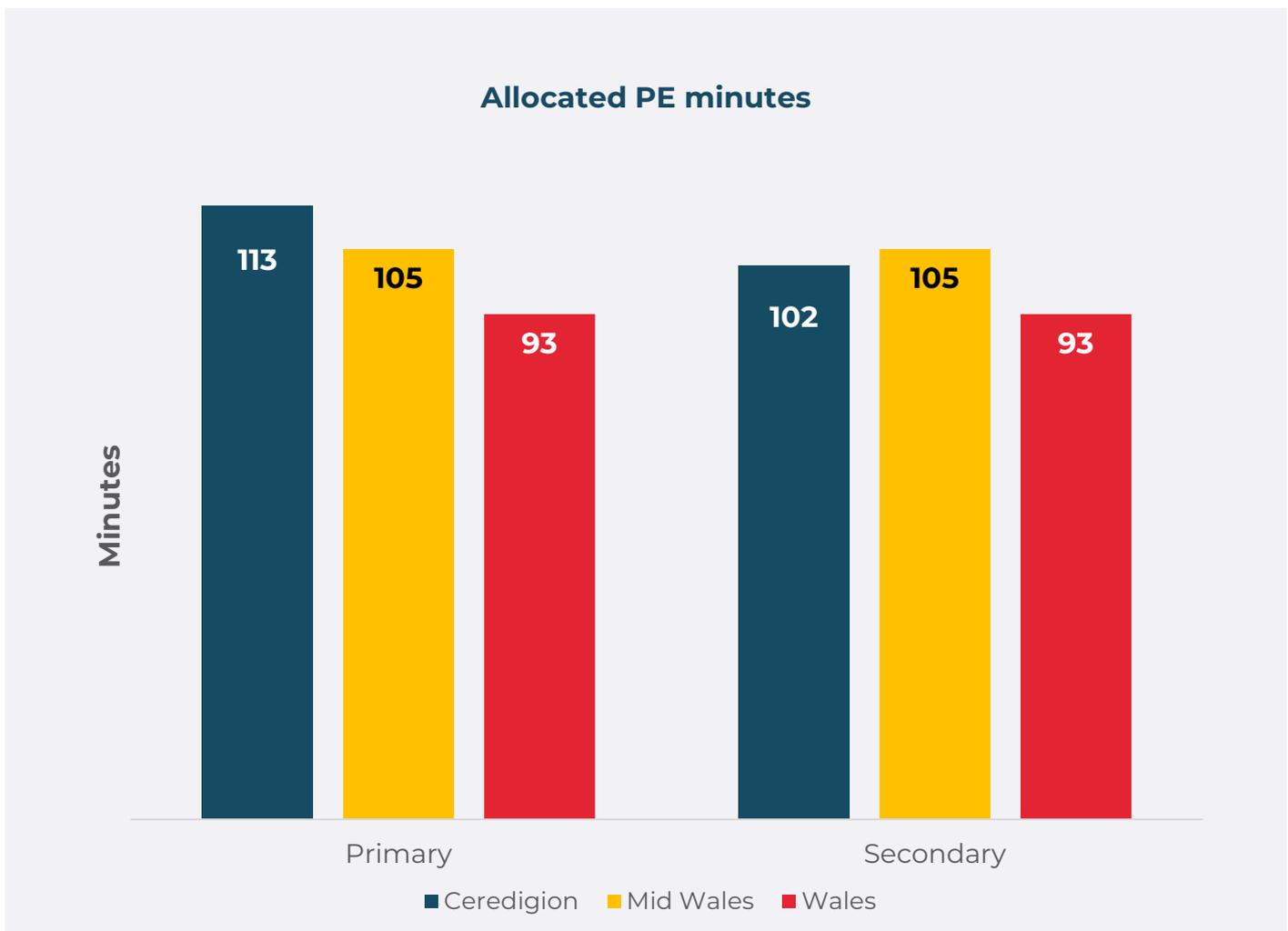
Pupils may also work toward an active nation by helping to deliver sport. Pupils were asked if they volunteer or help with a sport at school or in their community.

29% of pupils within Ceredigion stated that they currently volunteer within or outside of school in some way, compared to 27% across Mid Wales and 24% across Wales.



PE provision

It has previously been recommended that schools offer 120 minutes of PE per week to pupils. In Ceredigion, 113 minutes were on average offered to primary school pupils, while 102 minutes on average were offered to secondary school pupils. In comparison, 93 minutes on average were on offer to primary pupils across Wales, and 93 minutes on average were on offer to secondary school pupils across Wales.



This year, we also asked schools how much time of PE allocation was spent on other activities, such as getting changed, and setting up. In Ceredigion, 51% of primary schools and 100% of secondary schools stated that some time allocated to PE was taken up with other activities. By comparison, 45% of primary schools and 89% of secondary schools in Mid Wales, and 40% of primary schools and 80% of secondary schools in Wales stated that some time allocated to PE was taken up with other activities.

Most popular sports

There are gender differences in the popularity of specific sports. In Ceredigion the sport most participated in for girls was Running or Jogging whilst the sport most participated in for boys was Football. A summary of the most popular sports in Ceredigion, Mid Wales and Wales can be viewed in appendix A.

Girls



Boys



Everyone



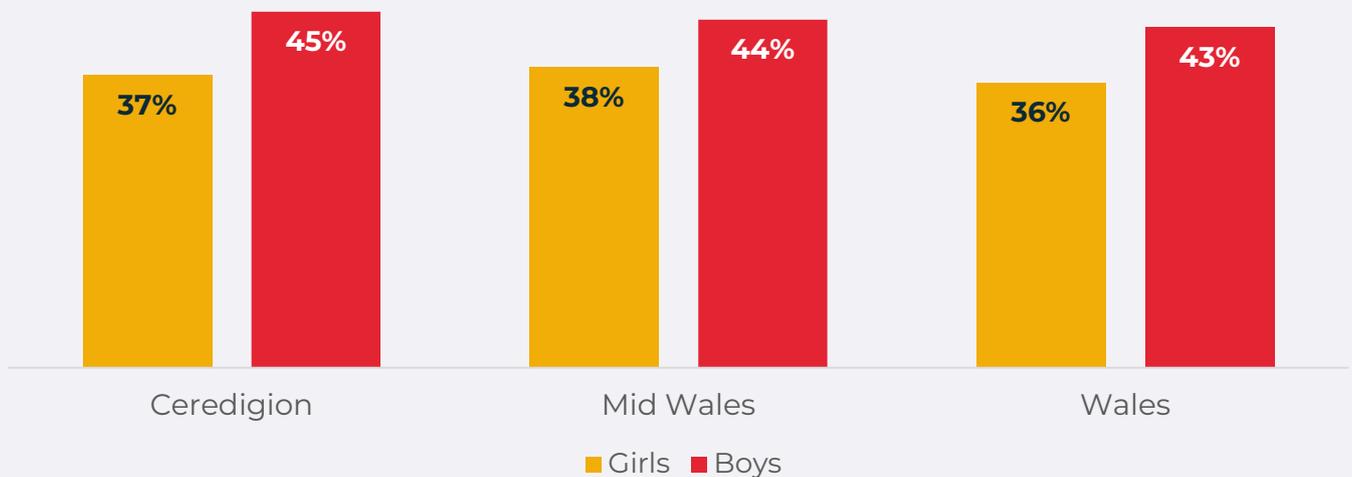
The vision is for everyone. From people who don't see themselves as sporty to people who win medals, across all demographics.

Gender

Historically, there has been a gap in sports participation across Wales, with girls consistently reporting less participation in sport than their male counterparts. Furthermore, participation amongst children who don't identify as male or female in Wales is typically lower still.

In Ceredigion 45% of boys participated in organised sport outside of the curriculum three or more times a week, compared to 37% of girls. Meanwhile in Mid Wales, 42% of boys and 38% of girls participated in organised sport outside of the curriculum three or more times a week.

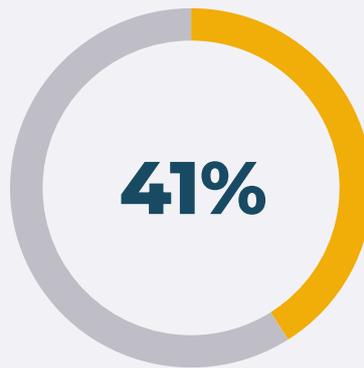
Participation in organised sport outside of the curriculum three or more times a week for boys and girls



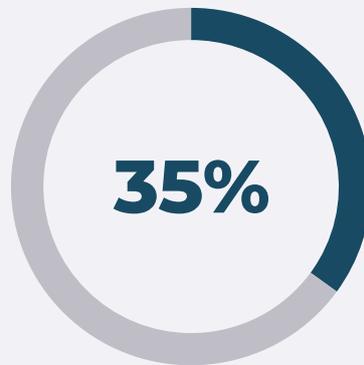
Disability or Impairment

Recent years have seen a shrinking gap in sports participation between individuals with a disability or impairment, and those without. In Ceredigion, 35% of pupils with a disability or impairment participated in organised sport outside of the curriculum three or more times per week, compared to 41% of pupils without.

Participation in organised sport outside the curriculum three or more times per week by pupils with no disability or impairment



Participation in organised sport outside the curriculum three or more times per week by pupils with a disability or impairment

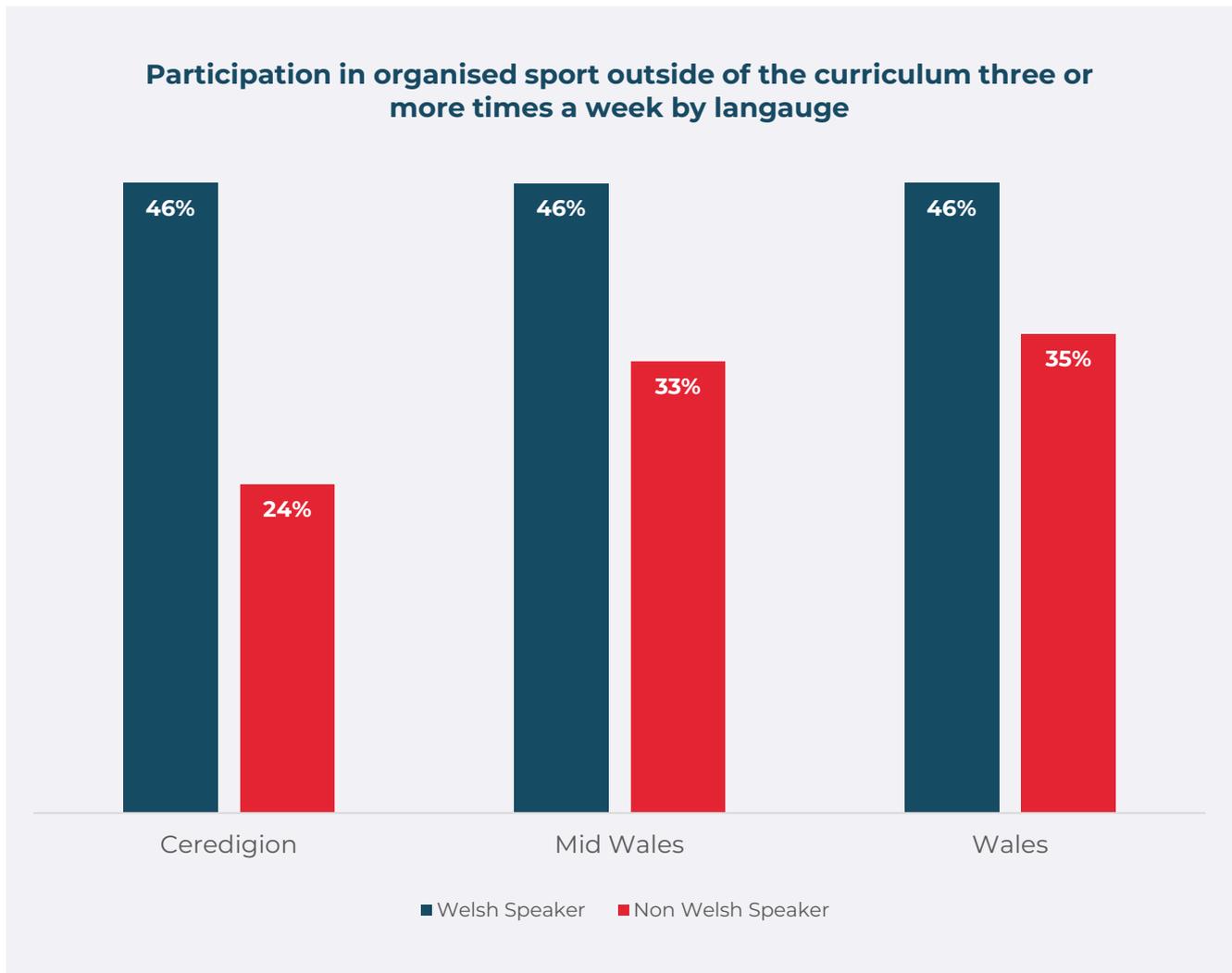


By comparison, 33% of pupils with a disability or impairment participated in organised sport outside of the curriculum three times a week or more across Mid Wales, and 35% across Wales².

² Due to insufficient data at lower geographical levels, special school data is only included at the Wales level, and not at the Regional Sport Partnership / Local Authority Level

Welsh language

Sport can be used to promote the use of Welsh. 46% of those who speak Welsh³ in Mid Wales participated in organised sport outside of the curriculum three or more times a week, compared to just 33% of those who didn't speak Welsh. Of those who do speak Welsh, 25% receive coaching in the Welsh outside of school.



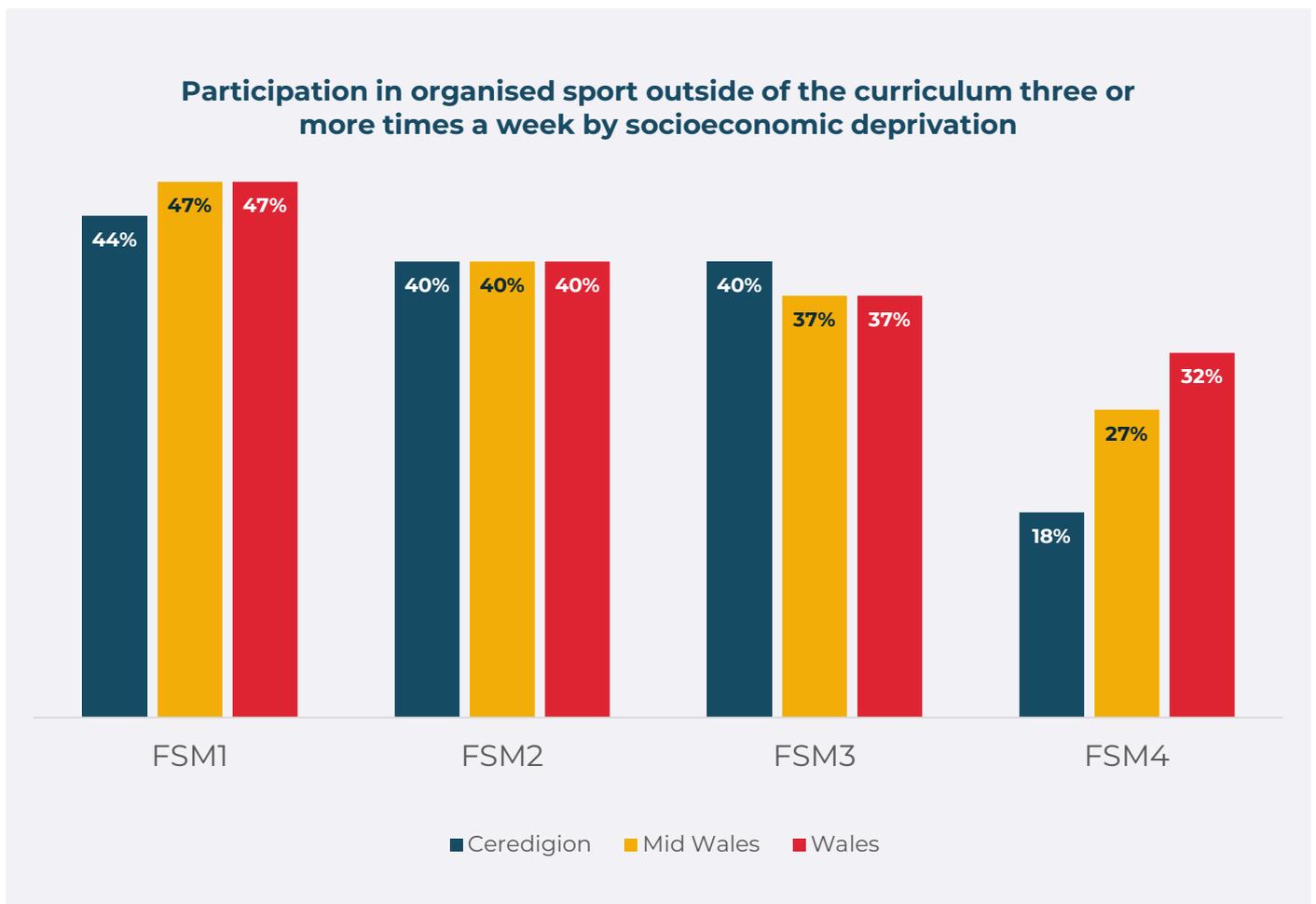
³ Speak Welsh includes fluent speakers, and those who can chat confident and simply in Welsh

Socioeconomic deprivation

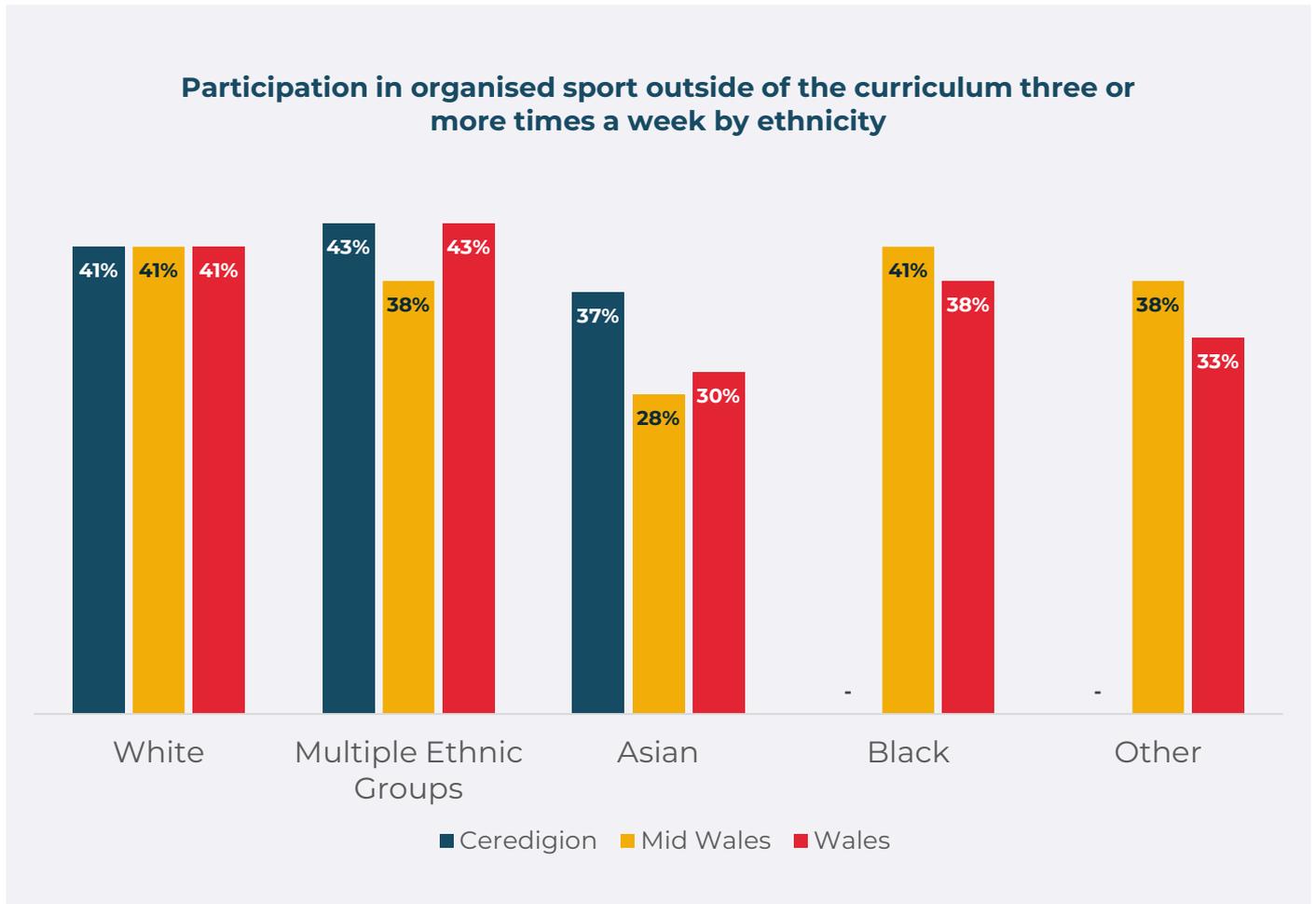
The COVID-19 pandemic saw many societal inequalities exacerbated, including those impacting on sport.

We use Free School Meal (FSM) as a measure of socioeconomic deprivation, with FSM1 being the least and FSM4 accounting for the most deprived.

44% of FSM1 pupils in Ceredigion participate in organised sport outside of the curriculum three or more times a week, compared to 18% in FSM4. Meanwhile, 47% of FSM1 pupils and 32% of FSM4 pupils in Wales participate in organised sport outside of the curriculum three or more times a week.



Ethnicity



Note: “-” represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Lifelong

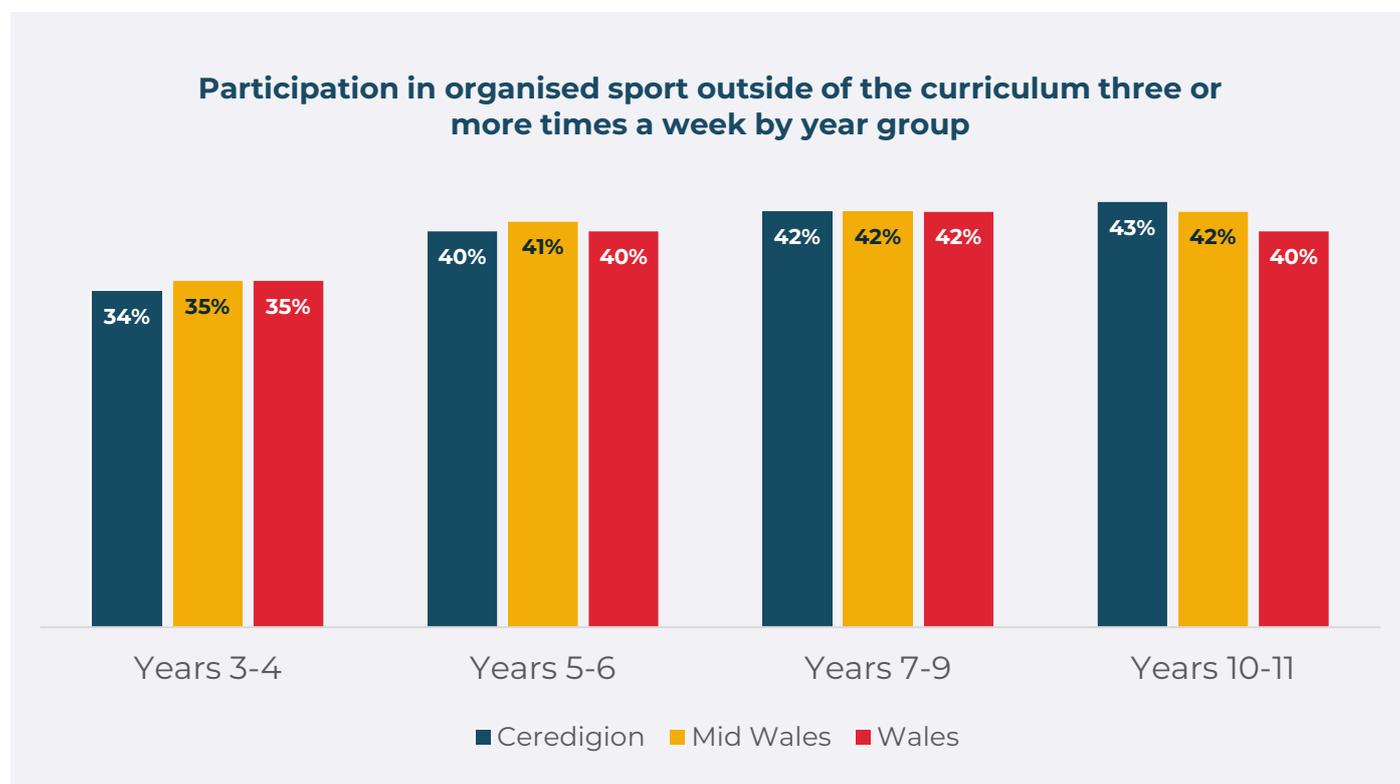


The vision is for life. It responds to the needs of people at different stages of their life.

The impact of year groups

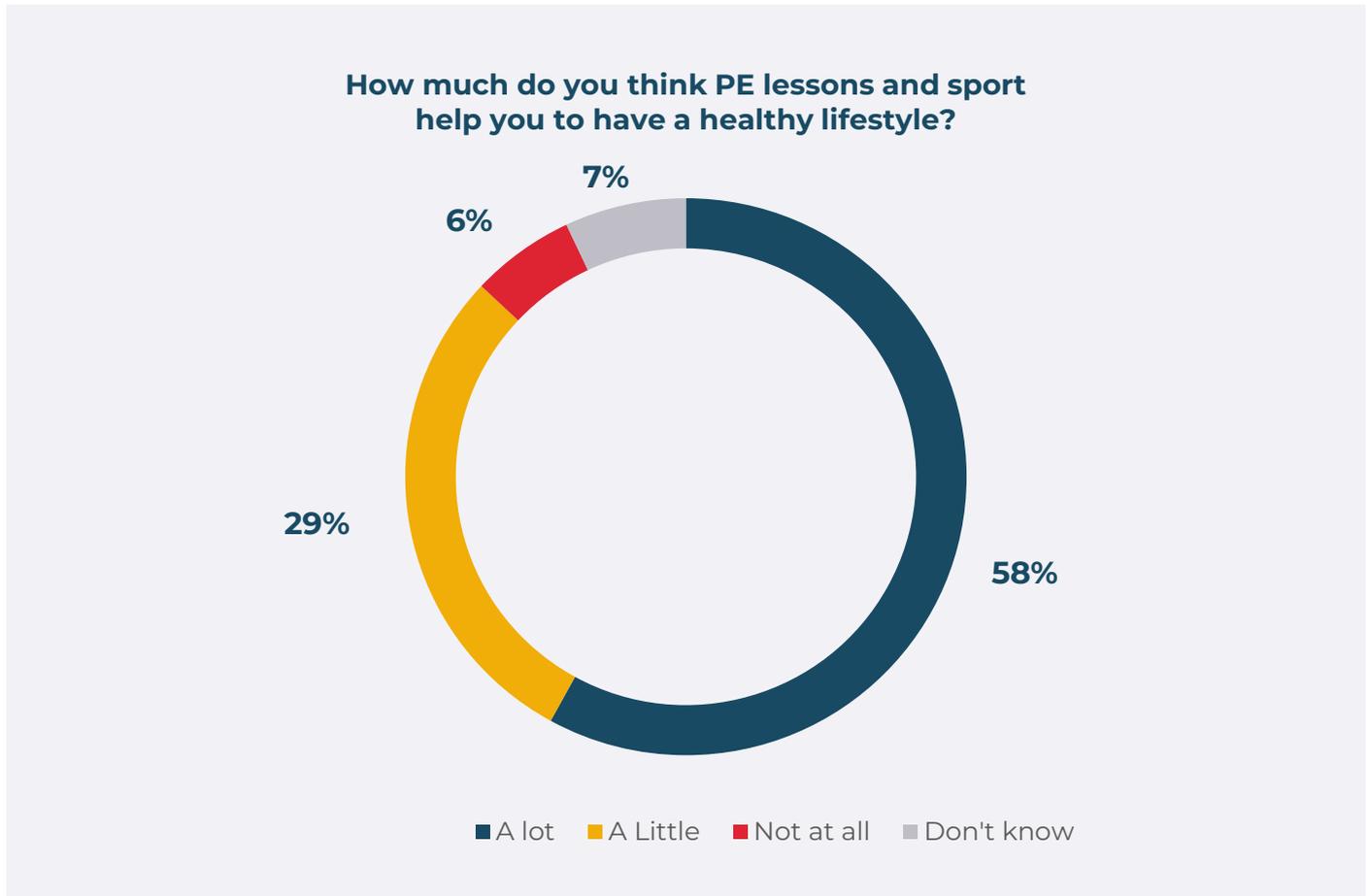
Sports participation varies with year groups, typically peaking when students are in years 5 and 6, and then generally declining from there.

In Ceredigion, 40% of pupils in years 5-6 participated in organised sport outside of the curriculum three or more times a week, compared to 42% of pupils in years 7-9 and 43% of pupils in years 10-11, respectively.



Healthy lifestyle

The new school curriculum for Wales emphasises that 'developing physical health and well-being has lifelong benefits'. 58% of pupils in Ceredigion felt that PE lessons and sport help them 'a lot' to have a healthy lifestyle, compared to 50% in Mid Wales and 51% across Wales.



Responding to needs

To be able to make sport a lifelong activity, we need to be able to respond to pupils' needs and desires, recognising barriers to participation. The main responses from pupils in Mid Wales to the statement 'I would do more sport if...!' were 'if there were more sport opportunities that suited me' for boys and 'If I had more time' for girls, while the main responses across Wales were 'if there were more sport opportunities that suited me' for boys and 'If I had more time' for girls. The following two figures show the main responses from girls and boys in Ceredigion.

The main responses from girls to the statement "I would do more sport if..." were



The main responses from boys to the statement "I would do more sport if..." were



Latent demand

One way that we can respond to needs is by acting on latent demand. Latent demand is where pupils say they would like to do more of a particular sport. In Ceredigion, the greatest demand amongst girls was for Swimming and the greatest demand for boys was for Football. Of pupils who responded to the survey in Ceredigion, 96% of pupils would like to do more sport, compared to 95% across Mid Wales and 93% across Wales.

The following figure shows to sports with the highest latent demand for girls and boys in Ceredigion, while a summary of latent demand across Ceredigion, Mid Wales and Wales can be viewed in appendix C.

Girls



Boys



Another way that we can respond to the needs of pupils is by acting on unmet demand. Unmet demand is where pupils would like to do a sport which they are not currently taking part in. Unmet demand of pupils in Ceredigion can be viewed in Appendix E.

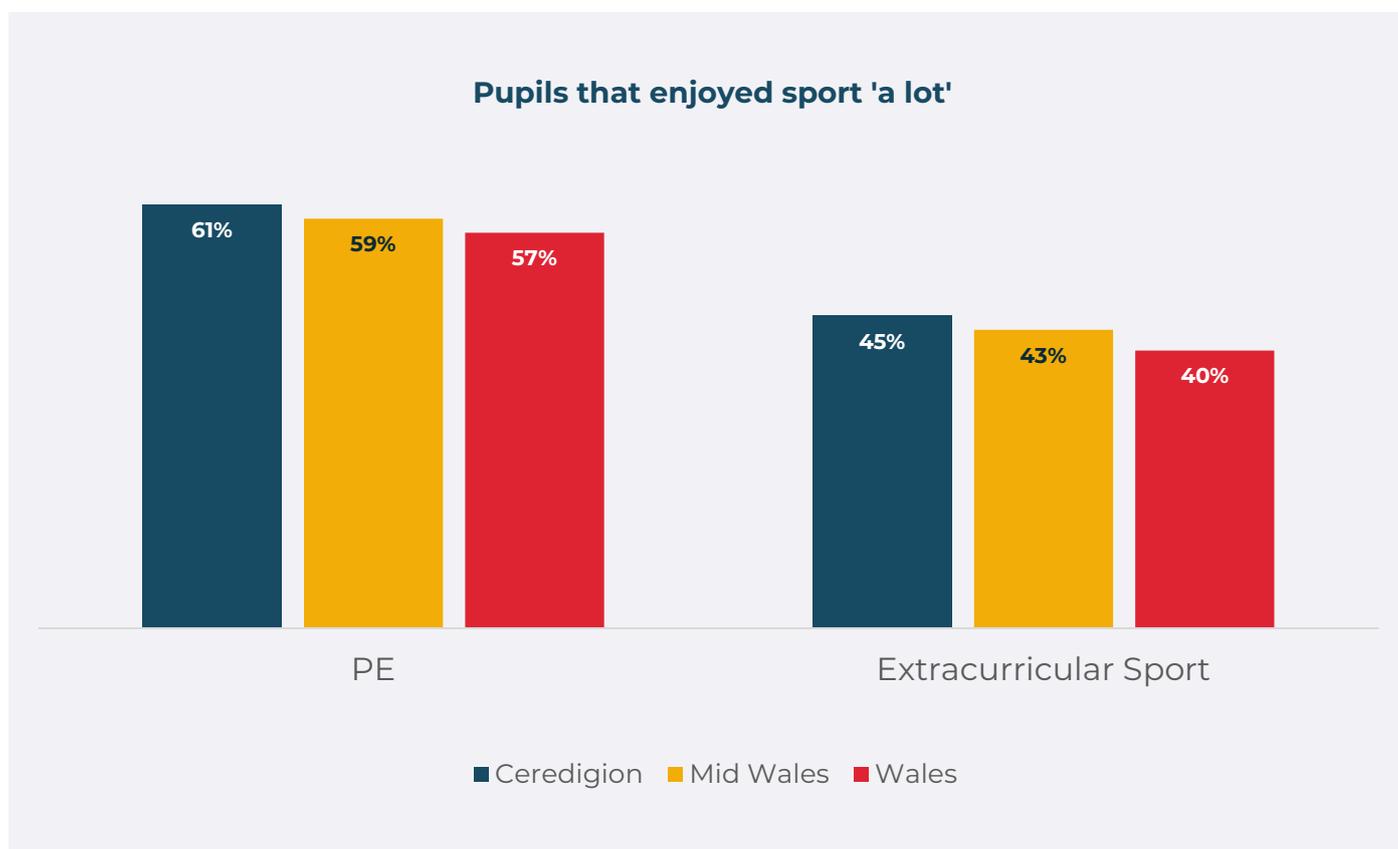
Enjoyment



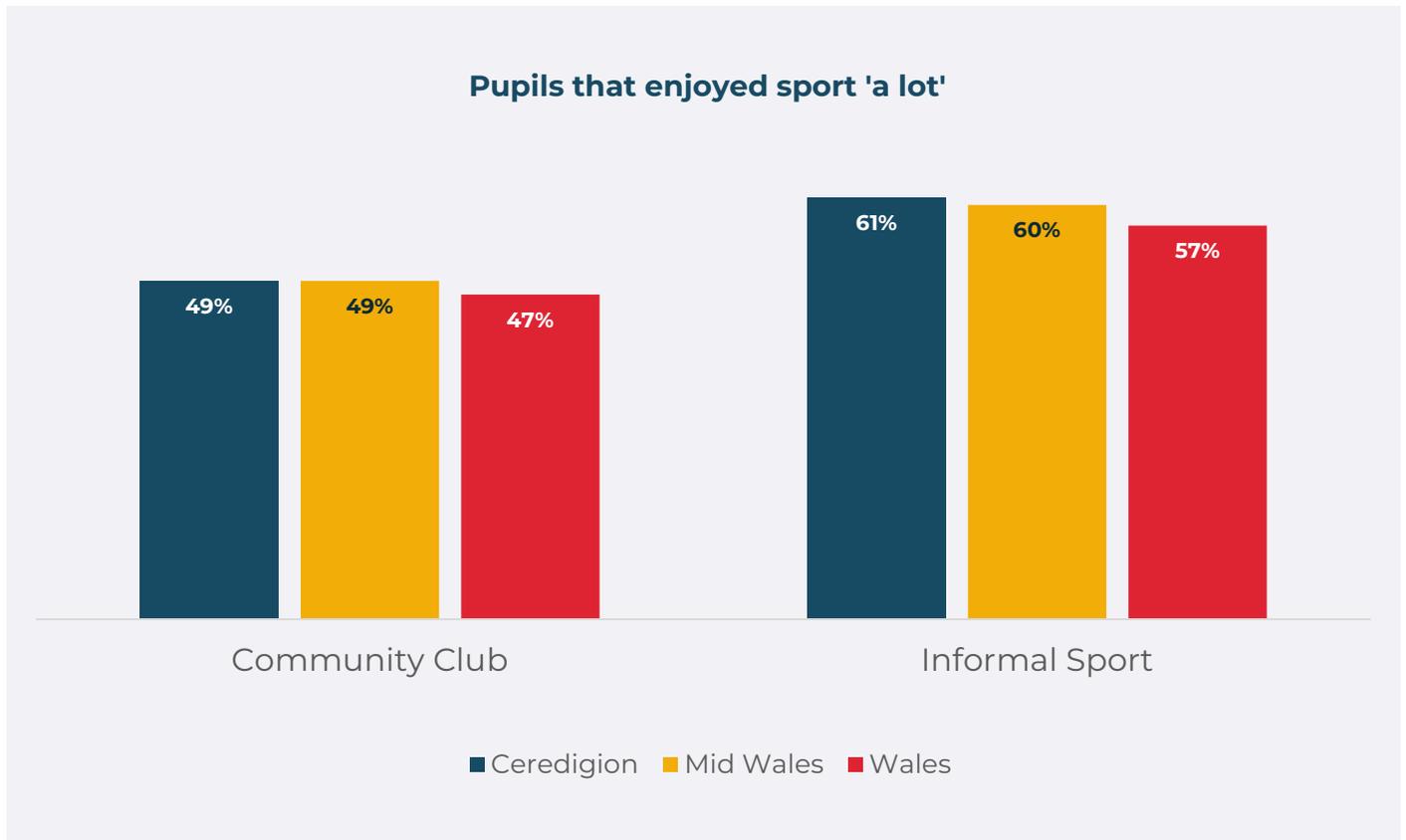
The vision focuses on creating a wide range of positive experiences so everyone can enjoy sport.

The 2018 School Sports Survey showed that pupils are almost twice as likely to participate in organised sport outside of the curriculum on three or more occasions a week if they enjoy school sport 'a lot'.

In Ceredigion in 2022, 61% of pupils enjoyed PE 'a lot', in comparison to 59% in Mid Wales and 57% across Wales. Meanwhile, 45% of pupils enjoyed extracurricular sport 'a lot' in Ceredigion in 2022. In comparison, 43% of pupils in Mid Wales and 40% of pupils across Wales enjoyed extracurricular sport 'a lot'.



Enjoyment and good experiences of sport in school can lead to participation outside of school, and can help build a habit of a healthy and active lifestyle. 49% and 61% of pupils in Ceredigion enjoyed community club and informal sport 'a lot', respectively. Meanwhile 49% in Mid Wales and 47% across Wales enjoyed community club sport 'a lot', and 60% in Mid Wales and 57% across Wales enjoyed informal sport 'a lot'.



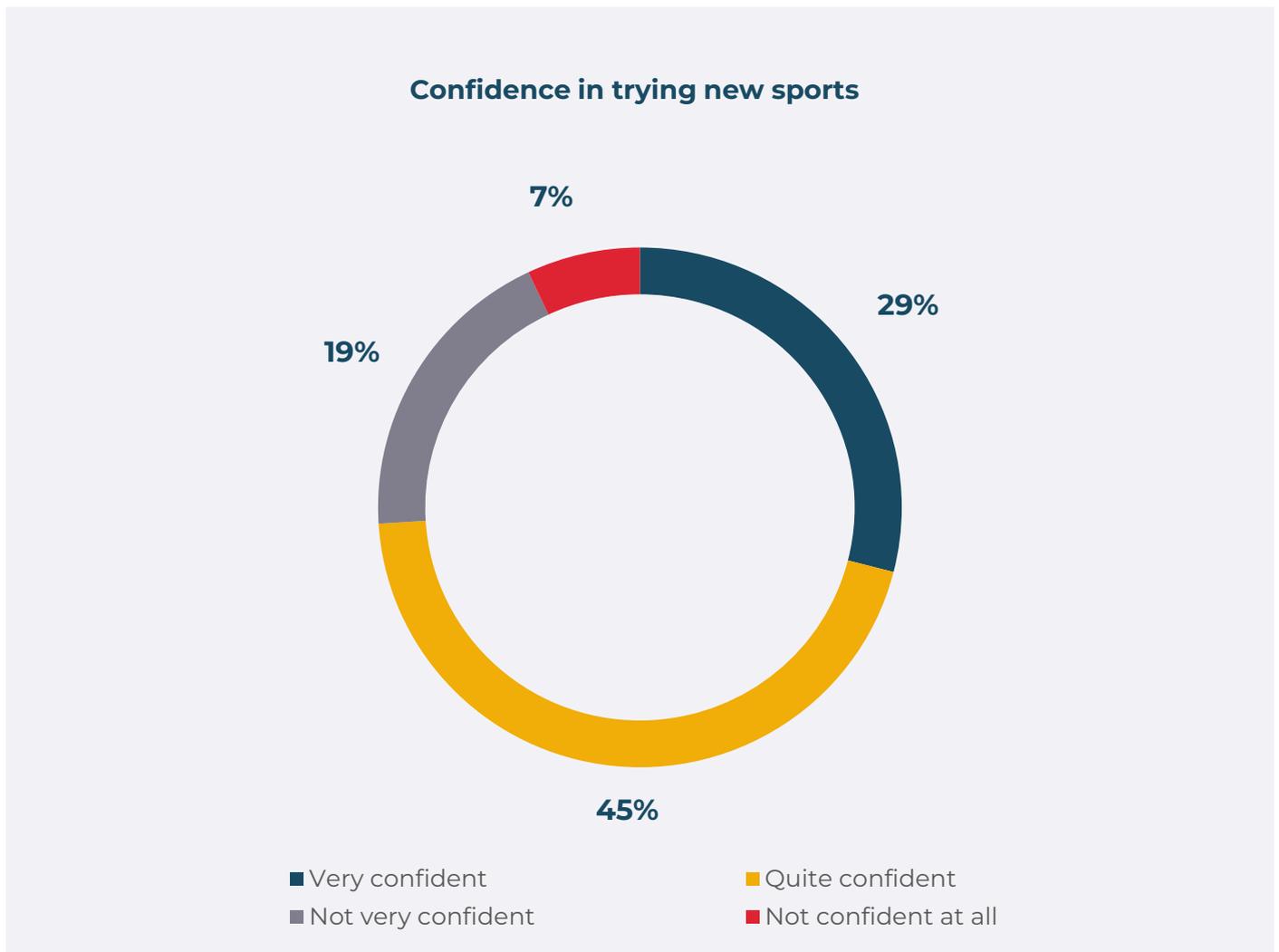
Historically, enjoyment of sport is one of those areas where we often see significant difference between boys and girls. In Ceredigion, 71% of boys enjoyed PE 'a lot', compared to 55% of girls.

Traditionally, pupils who 'always' feel listened to are more likely to participate more frequently in sport and enjoy PE and sport at school. In Ceredigion, 16% of pupils said their ideas were 'always' listened to, and 48% said their ideas were listened to 'sometimes'. In comparison with Mid Wales, 13% in said their ideas were 'always' listened to, and 48% said their ideas were listened to 'sometimes'.

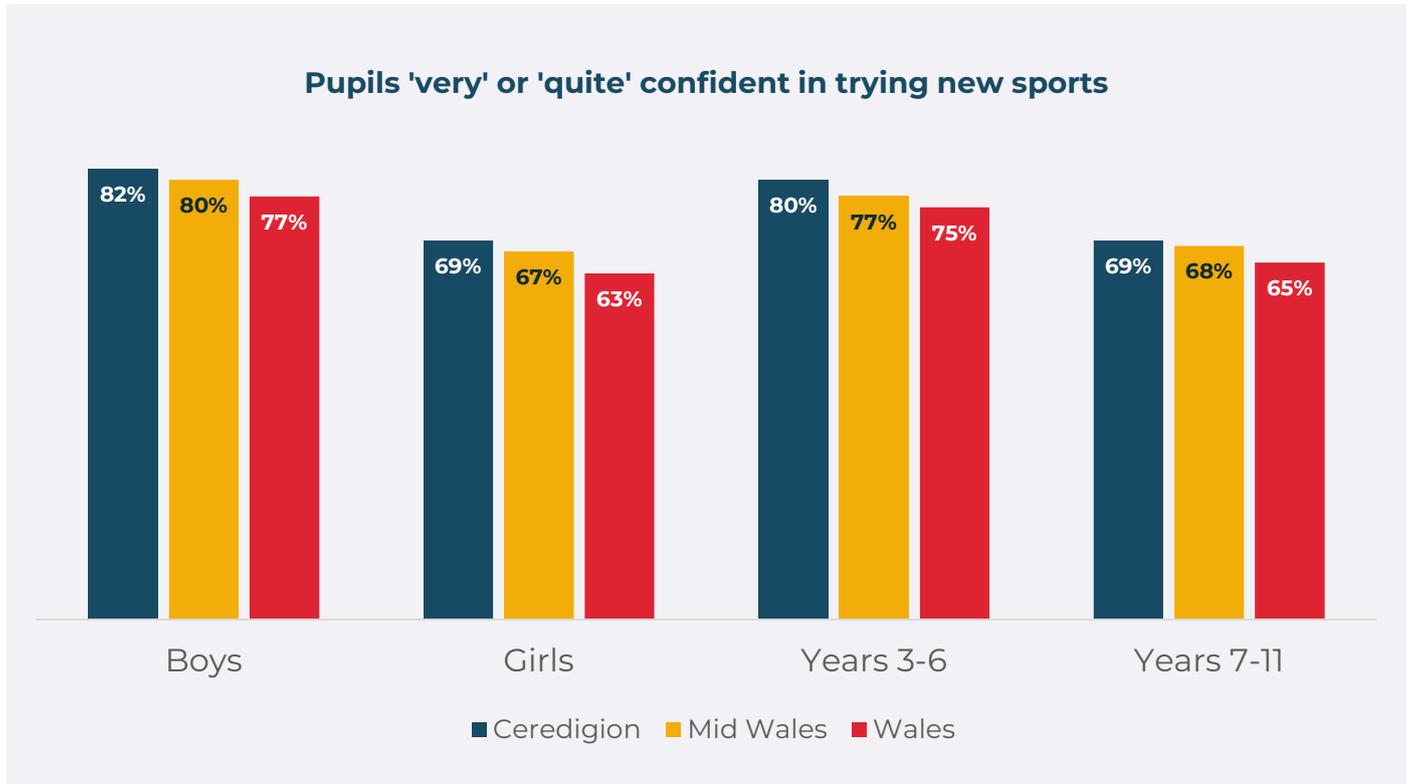
This is another area where we commonly see a gender divide: in Ceredigion 20% of boys felt listened to 'always', compared to 12% of girls. A similar pattern is observed in Mid Wales where 16% of boys and 11% of girls said their ideas were 'always' listened to.

Confidence

Young people's confidence to engage in new sporting opportunities has a large impact on their participation in sport. The 2018 Sport Wales Survey showed that pupils who are very confident in trying new activities are twice as likely to participate in sport three or more times per week. In Ceredigion, 74% of pupils felt either quite confident or very confident in trying new sports, compared to 72% in Mid Wales and 69% across Wales.



Whilst 82% of boys in Ceredigion felt either very confident or quite confident trying new sports, 69% of girls felt similarly.



Conclusions

Active nation

- 40% of pupils in Ceredigion participate in organised sport outside of the curriculum three or more times per week.
- In Ceredigion, the most popular sport for boys was Football and the most popular sport for girls was Running or Jogging.

Everyone

The groups in Ceredigion with the highest rates of participation were:

- Boys
- Year 11

Lifelong

- 96% of pupils in Ceredigion want to do more sport.
- The sport in Ceredigion with the most demand for boys is Football and for girls is Swimming.
- 58% of pupils in Ceredigion feel that PE lessons and sport help them 'a lot' to have a healthy lifestyle.

Enjoyment

- 61% of pupils in Ceredigion enjoy PE 'a lot'.
- 29% of pupils in Ceredigion felt 'very confident' in trying new sports.

Thank you

Thank you for helping us carry out this year's School Sport Survey. We hope that the information in this report will help you plan for the future, taking into account the needs and experiences of young people within Ceredigion and Mid Wales. By working together, we can achieve the Vision for Sport in Wales, ensuring sport is accessible to everyone in building a truly active nation.

For more information, visit www.sport.wales/research-and-insight/school-sport-survey.

If you have any questions about the survey or this report, please contact:
SchoolSportSurvey@sport.wales

Citbag

Visit Citbag. A Sport Wales hub of hundreds of free resources – supporting sporting experiences as part of the new Curriculum for Wales.

Go to <https://citbag.sport.wales/>



Appendix A

Full list of sports participated in at least once in any setting in the last year

Sport	Ceredigion	Mid Wales	Wales
Archery	25%	24%	21%
Athletics	32%	30%	27%
Badminton	33%	34%	30%
Basketball	48%	46%	50%
BMX	21%	23%	22%
Boccia	-	2%	2%
Bowls	15%	18%	15%
Boxing	13%	14%	18%
Canoeing or Kayaking	33%	29%	21%
Caving	7%	10%	8%
Cheerleading	4%	5%	6%
Climbing inside or outside	31%	31%	30%
Cricket	34%	35%	31%
Curling	2%	2%	2%
Cycling	70%	68%	59%
Dance	40%	39%	38%
Dodgeball	40%	38%	40%
Fencing	3%	4%	4%
Field Hockey	24%	22%	12%
Fishing or Angling	16%	17%	15%
Fitness classes	26%	25%	25%
Football	68%	67%	64%
Goalball	2%	2%	2%
Golf	28%	31%	30%
Gymnastics	18%	18%	19%
Horse riding	24%	25%	17%
Ice Hockey	2%	2%	3%
Judo	4%	6%	6%

Karate	11%	12%	13%
Lacrosse	1%	1%	2%
Lifesaving	10%	10%	10%
Motor sports	26%	23%	19%
Mountain biking	34%	32%	24%
Netball	32%	32%	27%
Paddleboarding	32%	26%	20%
Parkour	21%	21%	24%
Pool or Snooker	43%	43%	40%
Roller sports	14%	15%	14%
Rounders, Baseball or Softball	41%	41%	33%
Rowing	10%	9%	7%
Rugby	45%	44%	37%
Running or jogging	76%	74%	71%
Sailing	6%	6%	6%
Skateboarding	21%	21%	22%
Snowsports	10%	9%	8%
Squash	8%	10%	9%
Surfing	18%	13%	13%
Swimming	68%	69%	62%
Table tennis	38%	38%	35%
Target shooting	16%	17%	14%
Tennis or short tennis	41%	41%	35%
Trampolining	39%	41%	39%
Triathlon	5%	5%	5%
Volleyball	13%	14%	14%
Water polo	11%	11%	11%
Weightlifting	29%	25%	25%
Wheelchair basketball	3%	2%	2%
Wheelchair rugby	-	1%	1%
Wheelchair tennis	-	1%	1%
Windsurfing	3%	3%	3%
Wrestling	10%	11%	11%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix B

Full list of sports participated in at least once in any setting in the last year by gender

Sport	Ceredigion	Girls (Ceredigion)	Boys (Ceredigion)
Archery	25%	24%	26%
Athletics	32%	31%	33%
Badminton	33%	36%	31%
Basketball	48%	42%	56%
BMX	21%	14%	29%
Boccia	-	-	-
Bowls	15%	15%	15%
Boxing	13%	8%	18%
Canoeing or Kayaking	33%	32%	34%
Caving	7%	6%	8%
Cheerleading	4%	6%	-
Climbing inside or outside	31%	31%	32%
Cricket	34%	30%	39%
Curling	2%	-	2%
Cycling	70%	70%	71%
Dance	40%	56%	25%
Dodgeball	40%	38%	41%
Fencing	3%	-	4%
Field Hockey	24%	34%	16%
Fishing or Angling	16%	11%	22%
Fitness classes	26%	35%	18%
Football	68%	59%	79%
Goalball	2%	-	2%
Golf	28%	24%	32%
Gymnastics	18%	28%	9%
Horse riding	24%	34%	14%
Ice Hockey	2%	-	2%
Judo	4%	3%	6%

Karate	11%	8%	12%
Lacrosse	1%	-	-
Lifesaving	10%	10%	9%
Motor sports	26%	19%	32%
Mountain biking	34%	26%	42%
Netball	32%	49%	17%
Paddleboarding	32%	37%	28%
Parkour	21%	13%	28%
Pool or Snooker	43%	37%	49%
Roller sports	14%	20%	7%
Rounders, Baseball or Softball	41%	42%	40%
Rowing	10%	10%	10%
Rugby	45%	37%	54%
Running or jogging	76%	77%	76%
Sailing	6%	5%	6%
Skateboarding	21%	23%	19%
Snowsports	10%	11%	10%
Squash	8%	8%	8%
Surfing	18%	18%	18%
Swimming	68%	70%	66%
Table tennis	38%	37%	40%
Target shooting	16%	12%	20%
Tennis or short tennis	41%	41%	42%
Trampolining	39%	41%	36%
Triathlon	5%	4%	6%
Volleyball	13%	14%	12%
Water polo	11%	12%	10%
Weightlifting	29%	20%	38%
Wheelchair basketball	3%	-	3%
Wheelchair rugby	-	-	-
Wheelchair tennis	-	-	-
Windsurfing	3%	2%	4%
Wrestling	10%	6%	14%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix C

Full list of sports with latent demand

Sport	Ceredigion	Mid Wales	Wales
Archery	38%	38%	35%
Athletics	25%	25%	22%
Badminton	29%	30%	27%
Basketball	46%	46%	46%
BMX	23%	25%	24%
Boccia	2%	3%	3%
Bowls	13%	14%	13%
Boxing	28%	28%	30%
Canoeing or Kayaking	33%	32%	26%
Caving	16%	19%	18%
Cheerleading	11%	12%	14%
Climbing inside or outside	31%	34%	31%
Cricket	29%	29%	25%
Curling	7%	8%	7%
Cycling	50%	49%	44%
Dance	25%	24%	25%
Dodgeball	31%	33%	32%
Fencing	15%	16%	14%
Field Hockey	18%	16%	10%
Fishing or Angling	20%	19%	19%
Fitness classes	18%	17%	18%
Football	44%	45%	43%
Goalball	4%	4%	4%
Golf	28%	30%	28%
Gymnastics	21%	20%	20%
Horse riding	29%	30%	28%
Ice Hockey	9%	10%	11%
Judo	14%	15%	14%
Karate	21%	21%	22%

Lacrosse	6%	6%	5%
Lifesaving	16%	15%	14%
Motor sports	38%	37%	32%
Mountain biking	31%	31%	25%
Netball	24%	24%	20%
Paddleboarding	32%	29%	23%
Parkour	28%	30%	30%
Pool or Snooker	34%	35%	32%
Roller sports	18%	19%	19%
Rounders, Baseball or Softball	27%	28%	22%
Rowing	14%	14%	11%
Rugby	27%	27%	21%
Running or jogging	38%	39%	37%
Sailing	12%	12%	12%
Skateboarding	22%	23%	23%
Snowsports	23%	24%	21%
Squash	13%	14%	13%
Surfing	30%	28%	26%
Swimming	54%	53%	48%
Table tennis	37%	36%	32%
Target shooting	27%	30%	27%
Tennis or short tennis	44%	43%	38%
Trampolining	39%	42%	40%
Triathlon	12%	12%	10%
Volleyball	16%	18%	16%
Water polo	16%	16%	14%
Weightlifting	30%	29%	28%
Wheelchair basketball	5%	4%	3%
Wheelchair rugby	3%	3%	3%
Wheelchair tennis	4%	5%	4%
Windsurfing	12%	12%	11%
Wrestling	16%	18%	18%

Note: “-” represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix D

Full list of sports with latent demand by gender

Sport	Ceredigion	Girls (Ceredigion)	Boys (Ceredigion)
Archery	38%	38%	37%
Athletics	25%	27%	24%
Badminton	29%	33%	26%
Basketball	46%	41%	51%
BMX	23%	13%	34%
Boccia	2%	2%	3%
Bowls	13%	14%	13%
Boxing	28%	20%	36%
Canoeing or Kayaking	33%	34%	32%
Caving	16%	13%	18%
Cheerleading	11%	19%	3%
Climbing inside or outside	31%	32%	29%
Cricket	29%	25%	34%
Curling	7%	6%	8%
Cycling	50%	48%	53%
Dance	25%	39%	11%
Dodgeball	31%	30%	33%
Fencing	15%	13%	17%
Field Hockey	18%	26%	11%
Fishing or Angling	20%	12%	27%
Fitness classes	18%	27%	9%
Football	44%	35%	54%
Goalball	4%	3%	4%
Golf	28%	24%	33%
Gymnastics	21%	33%	8%
Horse riding	29%	46%	14%
Ice Hockey	9%	10%	8%
Judo	14%	10%	17%
Karate	21%	21%	21%

Lacrosse	6%	8%	3%
Lifesaving	16%	19%	14%
Motor sports	38%	27%	49%
Mountain biking	31%	22%	41%
Netball	24%	39%	11%
Paddleboarding	32%	39%	25%
Parkour	28%	24%	33%
Pool or Snooker	34%	26%	44%
Roller sports	18%	25%	11%
Rounders, Baseball or Softball	27%	27%	28%
Rowing	14%	15%	13%
Rugby	27%	23%	33%
Running or jogging	38%	37%	41%
Sailing	12%	10%	14%
Skateboarding	22%	25%	18%
Snowsports	23%	25%	22%
Squash	13%	12%	14%
Surfing	30%	33%	28%
Swimming	54%	56%	52%
Table tennis	37%	36%	40%
Target shooting	27%	21%	33%
Tennis or short tennis	44%	45%	44%
Trampolining	39%	44%	34%
Triathlon	12%	11%	13%
Volleyball	16%	19%	14%
Water polo	16%	18%	15%
Weightlifting	30%	20%	41%
Wheelchair basketball	5%	4%	4%
Wheelchair rugby	3%	2%	3%
Wheelchair tennis	4%	4%	4%
Windsurfing	12%	12%	12%
Wrestling	16%	12%	20%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix E

Full list of sports with unmet demand

Sport	Ceredigion	Mid Wales	Wales
Archery	21%	22%	21%
Athletics	10%	10%	10%
Badminton	9%	10%	10%
Basketball	14%	15%	13%
BMX	11%	12%	11%
Boccia	2%	3%	2%
Bowls	6%	6%	7%
Boxing	18%	18%	17%
Canoeing or Kayaking	16%	16%	15%
Caving	12%	14%	14%
Cheerleading	9%	9%	10%
Climbing inside or outside	14%	16%	15%
Cricket	10%	10%	9%
Curling	6%	7%	6%
Cycling	8%	8%	10%
Dance	4%	5%	5%
Dodgeball	12%	14%	13%
Fencing	13%	14%	13%
Field Hockey	6%	6%	5%
Fishing or Angling	11%	10%	11%
Fitness classes	6%	6%	7%
Football	4%	4%	4%
Goalball	3%	3%	3%
Golf	12%	12%	12%
Gymnastics	10%	10%	10%
Horse riding	14%	15%	18%
Ice Hockey	8%	9%	9%
Judo	11%	11%	10%
Karate	15%	14%	15%

Lacrosse	5%	5%	4%
Lifesaving	11%	10%	10%
Motor sports	20%	21%	20%
Mountain biking	12%	12%	11%
Netball	7%	7%	7%
Paddleboarding	13%	13%	12%
Parkour	15%	17%	16%
Pool or Snooker	9%	9%	10%
Roller sports	11%	12%	12%
Rounders, Baseball or Softball	8%	9%	8%
Rowing	9%	10%	9%
Rugby	5%	6%	5%
Running or jogging	3%	4%	4%
Sailing	9%	10%	9%
Skateboarding	11%	12%	12%
Snowsports	17%	18%	16%
Squash	8%	9%	8%
Surfing	19%	20%	18%
Swimming	11%	9%	11%
Table tennis	15%	14%	14%
Target shooting	17%	19%	19%
Tennis or short tennis	17%	16%	16%
Trampolining	15%	16%	17%
Triathlon	9%	9%	7%
Volleyball	11%	12%	10%
Water polo	10%	10%	9%
Weightlifting	12%	13%	13%
Wheelchair basketball	3%	3%	3%
Wheelchair rugby	2%	3%	3%
Wheelchair tennis	4%	4%	4%
Windsurfing	10%	11%	10%
Wrestling	10%	12%	11%

Note: “-” represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix F

Full list of sports with unmet demand

Sport	Ceredigion	Girls (Ceredigion)	Boys (Ceredigion)
Archery	21%	22%	19%
Athletics	10%	10%	9%
Badminton	9%	10%	9%
Basketball	14%	15%	13%
BMX	11%	7%	15%
Boccia	2%	2%	-
Bowls	6%	7%	5%
Boxing	18%	15%	22%
Canoeing or Kayaking	16%	17%	15%
Caving	12%	10%	13%
Cheerleading	9%	15%	2%
Climbing inside or outside	14%	16%	11%
Cricket	10%	9%	11%
Curling	6%	6%	7%
Cycling	8%	9%	7%
Dance	4%	7%	2%
Dodgeball	12%	11%	12%
Fencing	13%	12%	15%
Field Hockey	6%	7%	4%
Fishing or Angling	11%	8%	14%
Fitness classes	6%	10%	3%
Football	4%	5%	3%
Goalball	3%	3%	4%
Golf	12%	13%	12%
Gymnastics	10%	16%	4%
Horse riding	14%	22%	7%
Ice Hockey	8%	9%	7%
Judo	11%	8%	12%
Karate	15%	16%	13%

Lacrosse	5%	8%	3%
Lifesaving	11%	14%	10%
Motor sports	20%	16%	25%
Mountain biking	12%	11%	13%
Netball	7%	9%	5%
Paddleboarding	13%	15%	11%
Parkour	15%	16%	15%
Pool or Snooker	9%	8%	10%
Roller sports	11%	15%	7%
Rounders, Baseball or Softball	8%	9%	8%
Rowing	9%	10%	8%
Rugby	5%	6%	5%
Running or jogging	3%	4%	3%
Sailing	9%	8%	11%
Skateboarding	11%	15%	8%
Snowsports	17%	19%	17%
Squash	8%	7%	9%
Surfing	19%	22%	17%
Swimming	11%	11%	10%
Table tennis	15%	15%	16%
Target shooting	17%	14%	20%
Tennis or short tennis	17%	17%	16%
Trampolining	15%	18%	12%
Triathlon	9%	9%	9%
Volleyball	11%	13%	9%
Water polo	10%	12%	9%
Weightlifting	12%	10%	14%
Wheelchair basketball	3%	3%	3%
Wheelchair rugby	2%	-	3%
Wheelchair tennis	4%	4%	3%
Windsurfing	10%	11%	10%
Wrestling	10%	8%	11%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix G

I would do more sport if... list

	Ceredigion	Mid Wales	Wales
If there were more sport opportunities that suited me	38%	40%	37%
If I didn't have to get the school bus home	9%	9%	6%
If I had more time	40%	39%	36%
If it was cheaper	18%	19%	17%
If it was easier to get to	21%	21%	19%
If I had the equipment I need	16%	17%	16%
If the places I played sport in were better	10%	11%	10%
If boys and girls did sport or PE separately	9%	10%	9%
If boys and girls did sport or PE together	10%	11%	10%
If I enjoyed PE more	15%	15%	16%
If I enjoyed sport more	15%	15%	15%
If more people in the sport looked like me	4%	5%	5%
If I was more confident	26%	26%	25%
If I was better at sports	20%	20%	20%
If I could manage my period better	5%	6%	5%
If someone else went with me	24%	24%	23%
I do not need or want to play more sport	8%	8%	9%

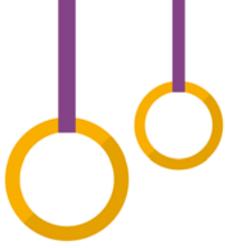
Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.

Appendix H

I would do more sport if... list by gender

	Ceredigion	Girls (Ceredigion)	Boys (Ceredigion)
If there were more sport opportunities that suited me	38%	42%	35%
If I didn't have to get the school bus home	9%	10%	8%
If I had more time	40%	44%	37%
If it was cheaper	18%	21%	15%
If it was easier to get to	21%	23%	19%
If I had the equipment I need	16%	15%	15%
If the places I played sport in were better	10%	9%	10%
If boys and girls did sport or PE separately	9%	15%	5%
If boys and girls did sport or PE together	10%	10%	8%
If I enjoyed PE more	15%	17%	12%
If I enjoyed sport more	15%	18%	11%
If more people in the sport looked like me	4%	4%	3%
If I was more confident	26%	33%	18%
If I was better at sports	20%	24%	14%
If I could manage my period better	5%	8%	-
If someone else went with me	24%	32%	16%
I do not need or want to play more sport	8%	5%	11%

Note: "-" represents less than 30 unweighted responses, meaning we cannot accurately report the % figure.



School Sport Survey 2018

Arllwg ar Chwaraeon Ysgol

Ceredigion

Local Authority Report



Ceredigion: 2018 Summary of Results

Motivation



97% of pupils would like to do more sport.

Confidence



80% of pupils confident to try new activities



52% of pupils participated in sport three or more times a week

Awareness



Are pupils aware of the opportunities to participate in sport in Ceredigion?

Opportunity and Resources



109 minutes of curricular P.E are provided by Ceredigion per week

The Experience



64% of pupils enjoy P.E 'a lot'

After a successful 2015 survey, the Sport Wales School Sport Survey was rolled out again in the summer term of 2018. Overall **120,175 pupils** from **1,095 schools** in Wales took part making this the largest survey to date.

This report presents results specific to Ceredigion where 2708 pupils took part and shared their voices in relation to physical education (PE), extracurricular sport, and community activity.

The first section on young people's participation in sport and physical activity provides an overview of how many pupils in Ceredigion frequently take part in sport and what types of activities they do. You'll be able to compare your results with previous years as well as the national average.

Following this, results are presented under the Elements of Engagement. These five key areas underpin the likelihood of a young person engaging in sporting opportunities. The evidence provided under each of these areas may help inform actions Ceredigion can take to strengthen the quality of sport it offers. This includes how much pupils currently enjoy taking part in sport and the types of activities they have shown an interest in doing more of. The Elements of Engagement are:

- Motivation
- Confidence
- Awareness
- Opportunity & Resources
- The Experience

Thank you for taking part in the survey. We hope you will find the evidence in this report useful for inspection, planning, and as a tool to aid discussion about sport, activity and well-being with pupils and staff. In doing so you will not only be enhancing the lives of your pupils but also helping Wales to achieve its vision of becoming **An Active Nation Where Everyone Can Have a Lifelong Enjoyment of Sport.**

Yours sincerely



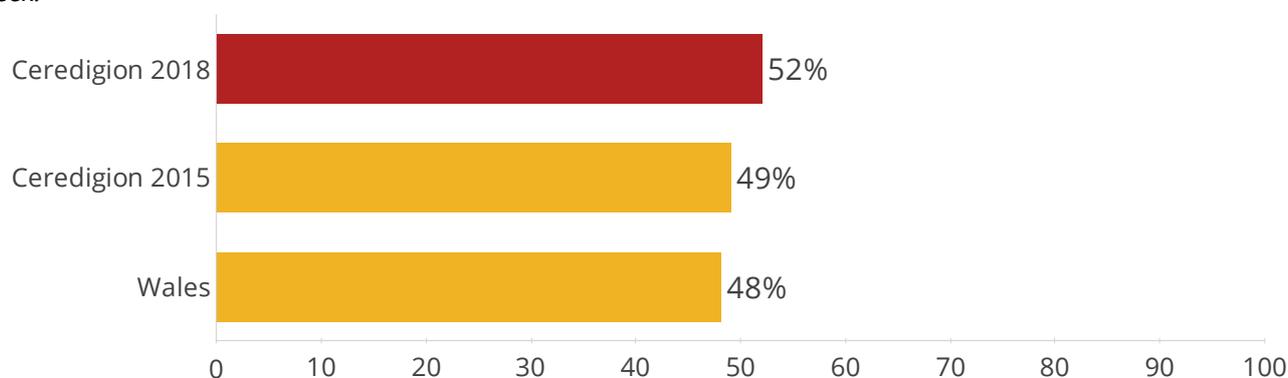
Sarah Powell
CEO / Prif Weithredwr

Section 1: Towards an Active Nation

Overall Participation

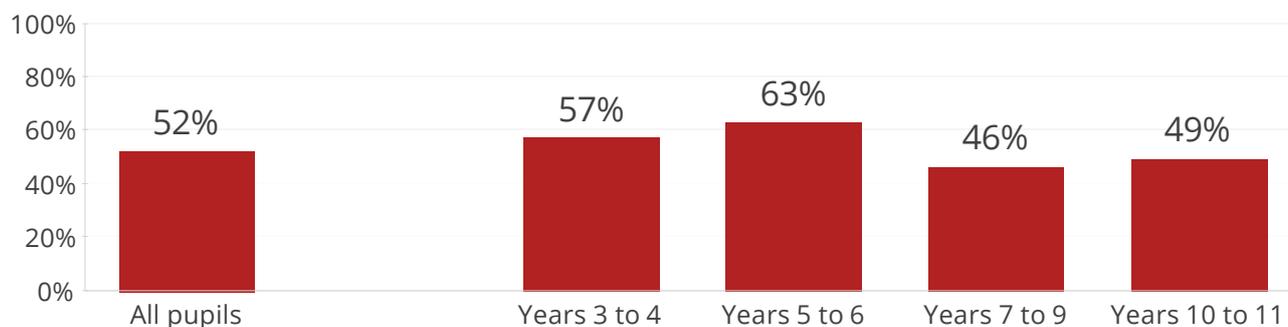
The **Vision for Sport in Wales** calls for an **Active Nation Where Everyone Can Have A Lifelong Enjoyment of Sport**. Since 2011, the School Sport Survey has captured a detailed picture of frequency of participation, allowing us to explore the number of occasions per week pupils take part in organised sport and physical activity outside of the curriculum. The degree to which pupils participate in sport and/or physical activity three or more times per week gives an indication as to whether young people in Wales are contributing to an **'Active Nation'**.

Figure 1. Percentage of pupils participating in organised sport outside of the curriculum at least three times a week.



In Ceredigion, **52%** of pupils participated in school-based extracurricular sport, or sport with a club outside of school on three or more occasions per week. Furthermore, **54% of boys** are participating three or more times a week, compared with **51% of girls**. In Wales, **47%** of primary and **48%** of secondary school pupils participate three or more times a week.

Figure 2. Percentage of pupils participating in organised sport outside of the curriculum at least three times a week by year group.



Taking Part in Extracurricular Sport (after school or lunchtime clubs)

74% of Ceredigion pupils participated at least once in extracurricular sport in the 2017/18 school year. This compares with a national participation rate of **66%**.

53% of Ceredigion pupils participated frequently (participating at least once a week on average in extracurricular sport in the 2017/18 school year), compared with a national participation rate of **50%**.

Figure 3. Percentage of pupils participating in any extracurricular activity by year group and gender.

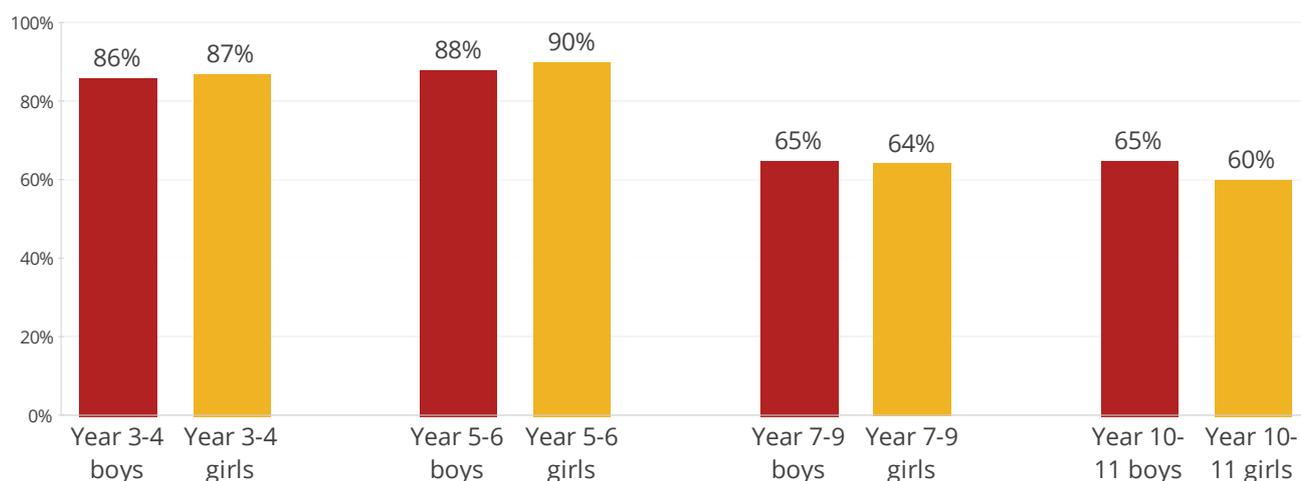
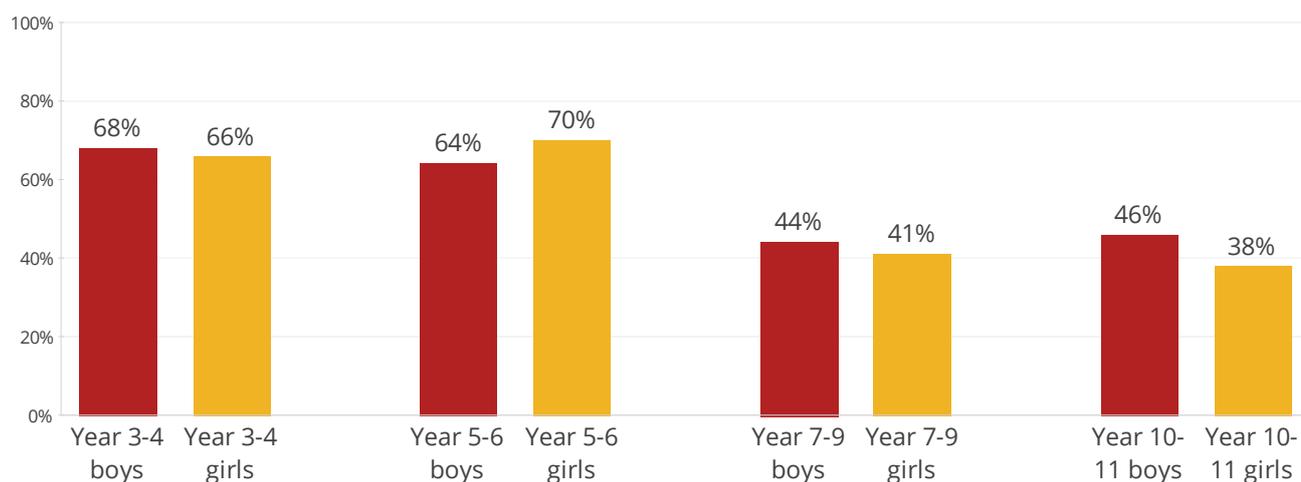


Figure 4. Percentage of pupils participating in frequent (at least once a week) extracurricular activity by year group and gender.



The sports that pupils are most likely to take part in during extracurricular time are shown below. A full list is shown in the Appendices.

Figure 5. Popular extracurricular activities in Ceredigion by gender.

Boys	Top 5	Girls	Top 5
	47%		37%
Football		Rounders/ Baseball/ Softball	
	37%		37%
Rugby		Athletics	
	35%		36%
Running or jogging		Netball	
	35%		34%
Athletics		Running or jogging	
	32%		32%
Rounders/ Baseball/ Softball		Football	

A full breakdown of activities is shown in Appendix A.

Taking Part in Community Sport

69% of pupils from Ceredigion participate in sport at least once a week in a community club compared with 65% Welsh average.

Popular community club sports that pupils in Ceredigion take part in are shown in the table below:

Figure 6. Popular community activities in Ceredigion by gender.

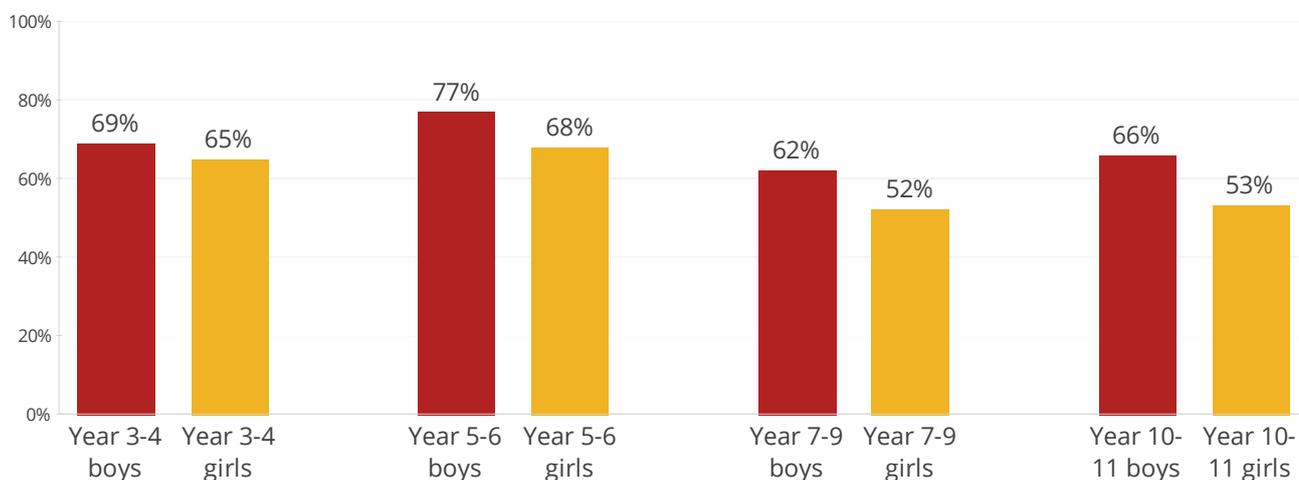
Boys	Top 5	Girls	Top 5
	43%		31%
Football		Swimming	
	30%		27%
Rugby		Dance	
	25%		19%
Swimming		Gymnastics	
	21%		18%
Running or jogging		Running or jogging	
	16%		18%
Athletics		Football	

A full breakdown of activities is shown in Appendix B.

Volunteering and Sports Club Membership

63% pupils in Ceredigion said that they were a member of a sports club.

Figure 7. Percentage of pupils with sports club membership by year group and gender.



Secondary school pupils were also asked if they volunteer or help with a sport at school or in their community.

36% of pupils within Ceredigion stated that they volunteer within or outside of school in some way (37% boys and 35% girls).

This compares with the national average (30%), for boys (31%), and for girls (30%).

Section 2: Motivation - 'I want to take part'

Motivation relates to a pupil's inner desire or drive to participate in sporting activities. **97%** of pupils in Ceredigion reported a desire to participate in more sport of some kind, compared with **96%** in Wales.

In Ceredigion, **55%** of pupils said that they would like to do more Swimming, compared with pupils in Wales in general where the greatest latent demand was for Swimming. In Ceredigion the greatest demand amongst boys was for Football, whereas for girls the greatest latent demand was for Swimming.



Figure 8. Top five sports pupils would like to do more of by gender.

Boys	Top 5	Girls	Top 5
	56%		60%
Football		Swimming	
	52%		50%
Cycling		Trampolining	
	51%		49%
Swimming		Cycling	
	45%		45%
Mountain biking		Climbing	
	44%		45%
Rugby		Dance	

A full breakdown of activities is shown in Appendix C.

Section 3: Confidence - 'I can take part'

Young people's **belief in their own ability**, and their **confidence to engage in new sporting opportunities** is also likely to affect whether they become active.



Analysis from the 2015 School Sport Survey revealed that those pupils that are very confident in trying new activities without worrying are twice as likely to participate in sport three or more times per week.

Overall, **80%** of pupils in Ceredigion are very or quite confident to try new activities.

Figure 9. How confident are pupils in trying new activities?

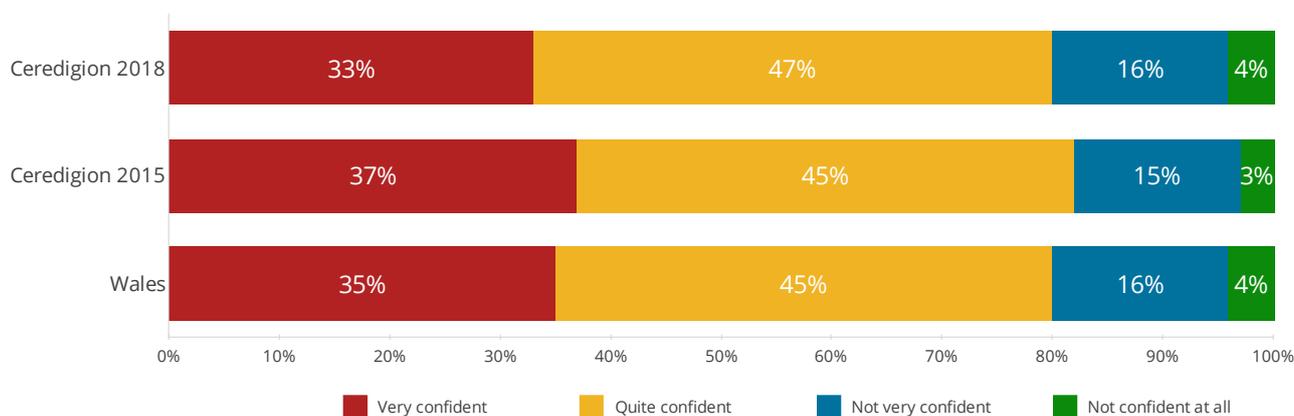
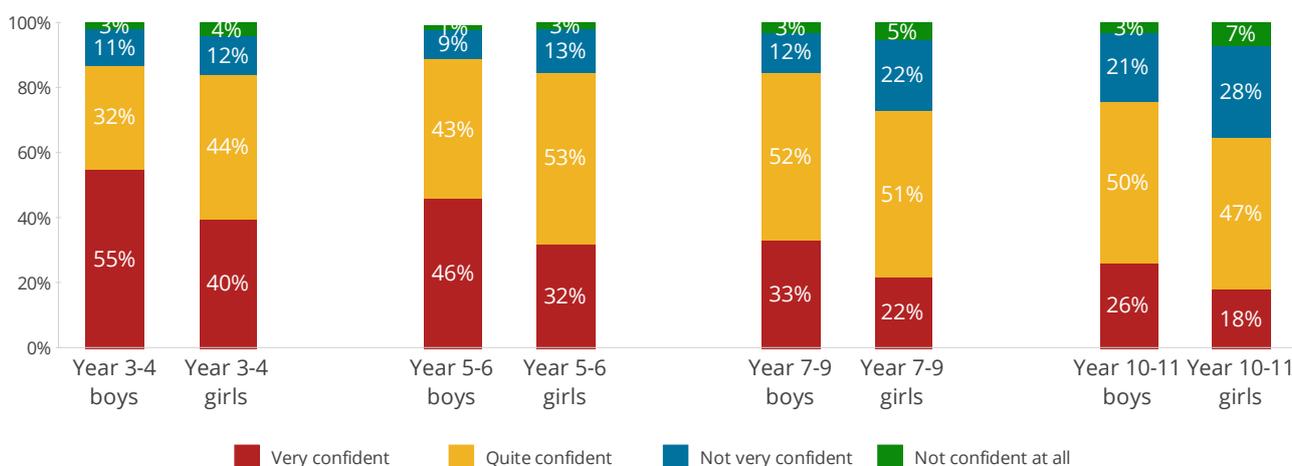


Figure 10. How confident are pupils in trying new activities? (by year group and gender)



By gender, **84% of boys** are very/quite confident, compared with **76% of girls**. **24%** of pupils also stated that they 'would do more sport if they were more confident', while **24%** of pupils would do more sport if they 'were better at sport'.

Section 4: Awareness - 'I know where to take part'

Knowing when, where and how to take advantage of relevant opportunities is essential if we want more young people to be active and have a lifelong enjoyment of sport in Wales.

Schools can take several steps to increase pupils' awareness of local and school run opportunities. The infographic below illustrates a few of these possible measures.

School Sport Survey 2018
Arolwg ar Chwaraeon Ysgol

"Without awareness of an opportunity, accessing it is impossible"

How is your school making pupils **aware** of sporting opportunities?

Are sports opportunities announced within the **school assembly**?
If not, could pupils announce these?

Does your school use **social media** to promote sports opportunities for pupils?

Does your school have a **newsletter**? Is it used for making pupils aware of opportunities to take part in sport?

How could **parents or your school's PTA** help to spread the word about sports opportunities at the school?

Does your school have a **website** which could be used to promote sports opportunities?

Do you have **young ambassadors** or a **sports council** at your school? How could they be promoting sport within your school?

sportwales
chwaraeoncymru

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Section 5: Opportunity & Resources – ‘It’s easy for me to take part’

For more young people to be able to participate in sport more frequently, it is important that opportunities are available and easy to access. The following section describes what is available in terms of curricular and extracurricular provision within Ceredigion.

Curricular PE



The Welsh Government set out in Climbing Higher a target for all primary and secondary schools to provide a minimum of 2 hours of curricular based sport and physical activity per week. Ceredigion provides **109 minutes of curricular PE per week** on average compared with **99 minutes** in local authorities across Wales.

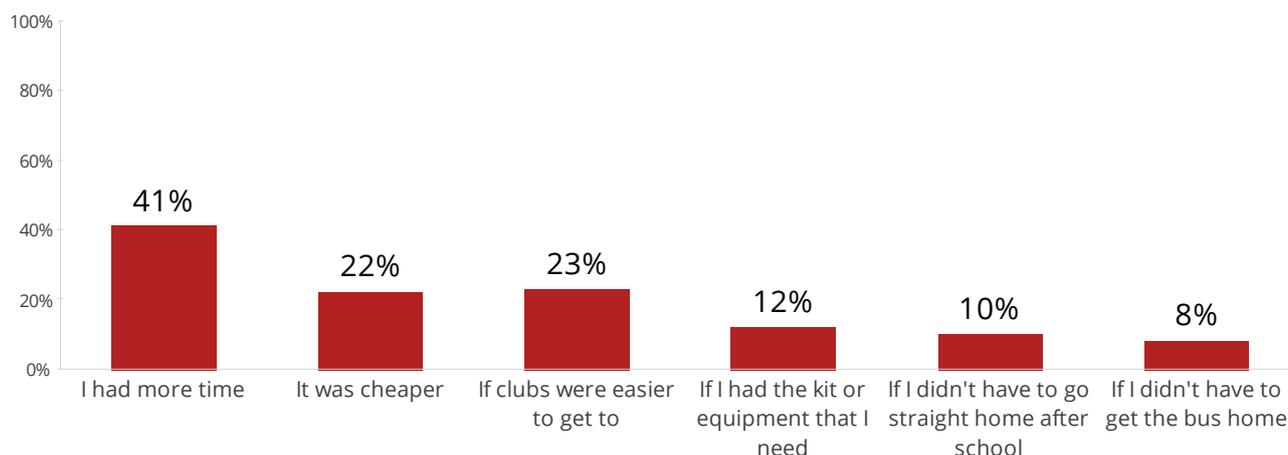
On average, Ceredigion offer **109 minutes per week** to primary school pupils, and **105 minutes per week** to secondary school pupils. This compares with a national average of **99 minutes** in primary, and **95 minutes** in secondary.

Extracurricular Sport



Providing a range of activities can help schools engage with all pupils and give them the opportunities to develop a range of different skills and competencies. **9** different activities are provided in primary schools and **14** different activities are provided in secondary schools in Ceredigion, compared with the national average of **8** (primary) and **15** (secondary) activities respectively. Comparing the activities your schools provide alongside the latent demand figures reported in the ‘motivation’ section may help your local authority identify potential areas for greater engagement in sport.

Figure 11. What ‘opportunities and resources’ would encourage Ceredigion pupils to do more sport?



Section 6: The Experience – ‘I love taking part’

In 2015, the School Sport Survey demonstrated that pupils were almost twice as likely to participate in sport on three or more occasions a week if they enjoyed school sport ‘a lot’.



Pupils were asked whether they enjoy their PE lessons and whether they enjoy taking part in sport in after-school or lunchtime clubs (our measure of extracurricular sport).

In Ceredigion, **64%** of pupils enjoy PE ‘a lot’ and **51%** enjoy extracurricular sport ‘a lot’.

Figure 12. How much do you enjoy PE lessons? (by year group and gender)

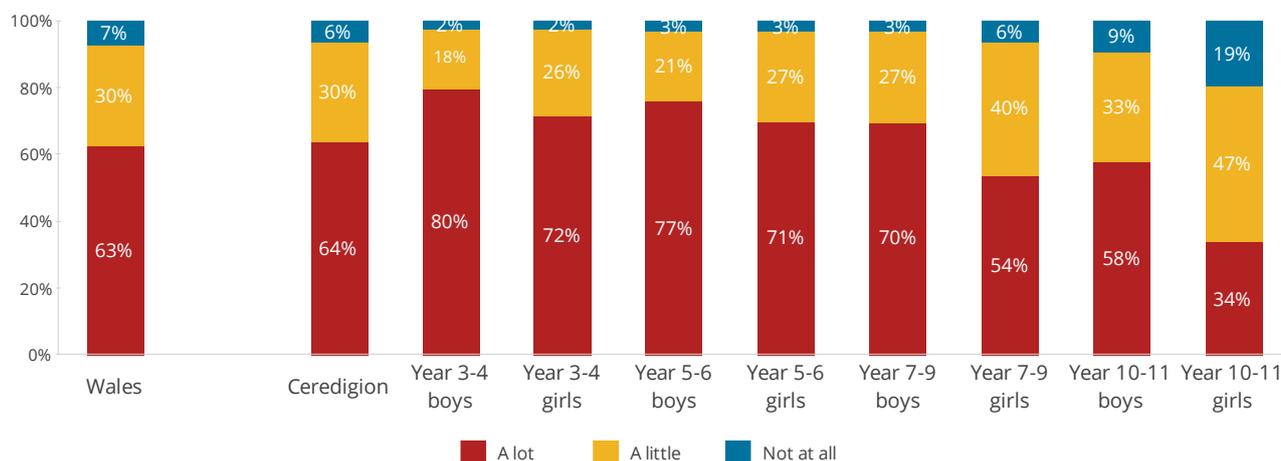
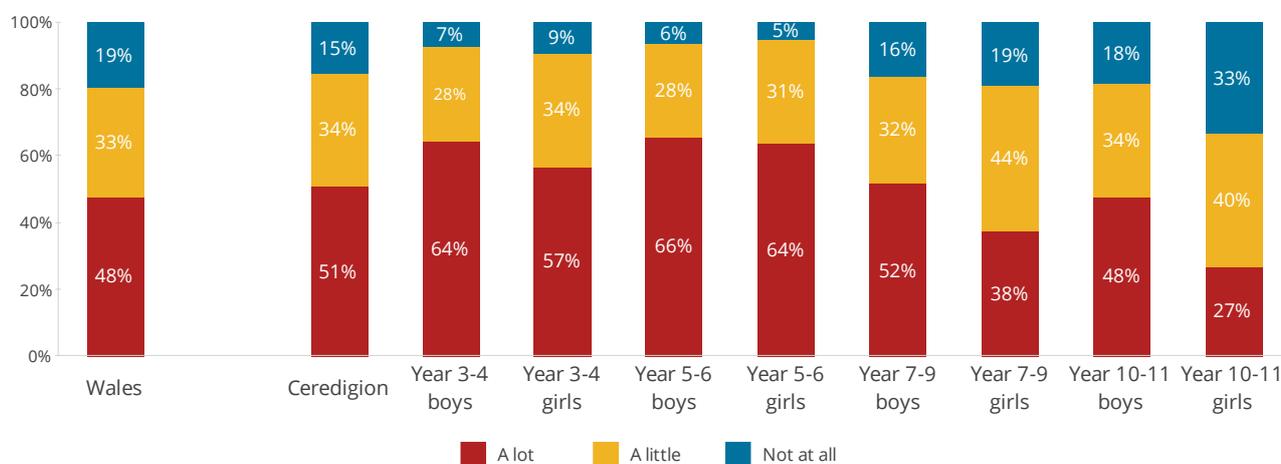


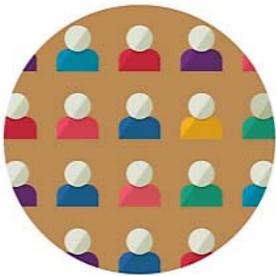
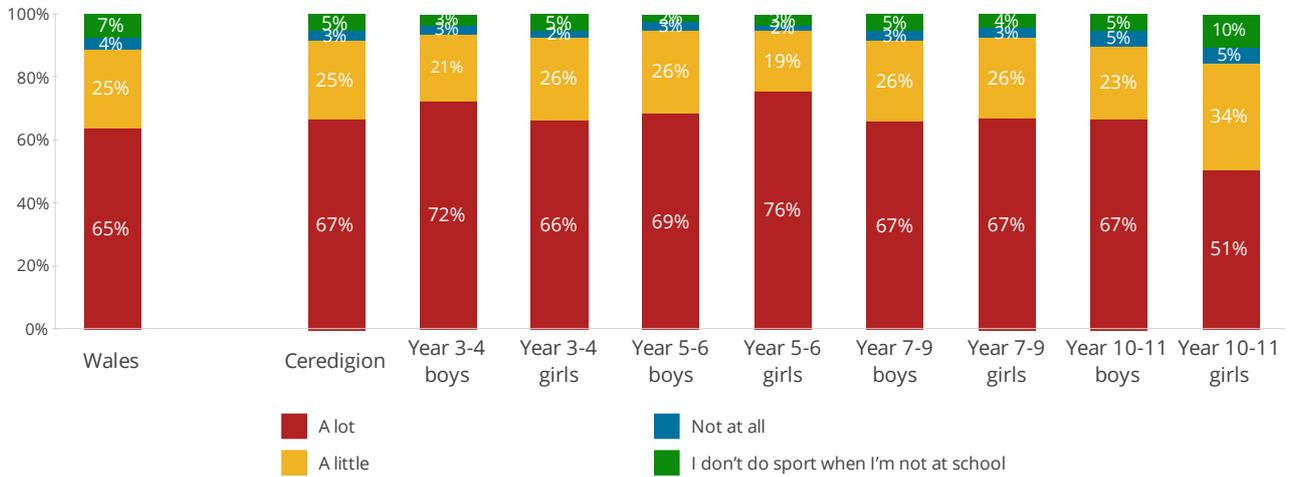
Figure 13. How much do you enjoy extracurricular activity? (by year group and gender)



Enjoyment and good experiences of sport in school can lead to participation outside of school and help build a habit of a healthy and active lifestyle.

67% of pupils in Ceredigion told us that they enjoy doing sport 'a lot' when they are not at school.

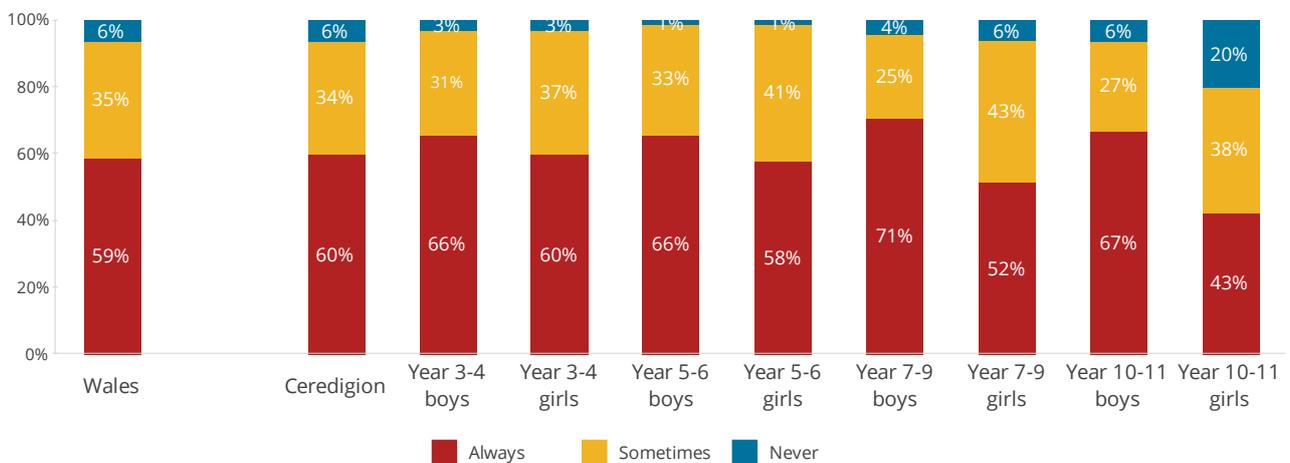
Figure 14. How much do you enjoy organised sport outside of school? (by year group and gender)



The 2015 survey showed that there was an increased likelihood of pupils participating in sport three or more times a week if they said they 'always' felt comfortable doing PE and school sport.

In 2018, **60%** pupils in Ceredigion said they **always felt comfortable** in PE lessons and school sport.

Figure 15. How often do you feel comfortable taking part in PE lessons and school sport? (by year group and gender)





Listening to pupils and shaping provision to meet their different needs can help to increase their enjoyment of sport and physical activity. Across Wales, pupils who feel their ideas are 'always' listened to are more likely to participate in and enjoy sport at school.

In Ceredigion, **25%** of pupils (**30%** of boys and **20%** of girls) said their ideas were 'always' listened to.

13% of pupils also articulated that they'd do more sport if school sport facilities were better, and **17%** stated that they'd do more sport if they enjoyed the experience more.

Section 7: Conclusions

Compared with the results for Wales, evidence from the School Sport Survey shows that Ceredigion has:

52% of pupils participating in school-based extracurricular sport, or sport with a club outside of school on three or more occasions per week, compared with a national average of **48%**.

1. Motivation:

97% of pupils stated that they would like to more sport of some kind, compared with **96%** in Wales.

2. Confidence:

80% of pupils state that they are either very or quite confident in trying new activities, compared with **80%** of pupils in Wales.

3. Awareness:

How aware are pupils in Ceredigion of opportunities to take part in sport?

What steps can be taken to ensure that all pupils are aware of the offers available to them?

4. Opportunity & Resources:

Ceredigion provides **109 minutes of curricular PE per week**, compared to Welsh schools who provide **99 minutes** on average.

Ceredigion provides **9 extracurricular activities** to primary schools and **14** to secondary schools, compared to Welsh schools who provide **8** (primary) and **15** (secondary) **extracurricular activities** respectively.

5. The Experience:

64% of pupils stated that they **enjoy PE** 'a lot' and **51%** stated that they **enjoyed extracurricular activities** 'a lot', compared with Welsh pupils in general who reported **enjoying PE** 'a lot' (**63%**) and **extracurricular activities** 'a lot' (**48%**).

Sport Wales encourages local authorities to make use of their report as a source of robust evidence for making continuous improvements in PE and sport, helping children to become physically literate and improving levels of wellbeing.

For examples of schools that have used School Sport Survey findings to improve PE and sport and develop healthy, confident and active pupils, please go to our website:
www.schoolsportsurvey.org.uk

To find out more about physical literacy and the resources that are available please go to:
<http://physicalliteracy.sportwales.org.uk/en/>

The content of the School Sport Survey has been informed by the following resources and documentation:

- Estyn (2010) *Guidance for the Inspection of Primary Schools from September 2010*. Estyn: Cardiff.
- Estyn (2010) *Guidance for the Inspection of Secondary Schools from September 2010*. Estyn: Cardiff.
- Qualifications and Curriculum Authority (2005) *Do you have high quality PE and sport in your school? A guide to self-evaluating and improving the quality of PE and school sport*. QCA: Annesely.
- Sport Wales (2010) *Guidance Notes for Completing PESS Self-evaluation*. Sport Wales: Cardiff.
- WAG (2006) *Physical Activity in School Assessment School: a tool for monitoring and evaluating a whole school approach to physical activity*. WAG: Cardiff.

Sport Wales has run surveys of primary and secondary school pupils, in school years 3 to 11, for over 17 years. All schools which collect a sufficient number of survey responses from their pupils receive unweighted results from the survey. For the 2018 Survey, Ceredigion surveyed 2708 pupils.

Appendix A: Extracurricular Sports

The following table shows the percentage of pupils participating in extracurricular sport in Wales and in your local authority:

	Wales	Ceredigion	Male pupils in Ceredigion	Female pupils in Ceredigion
Adventurous activities	8%	11%	11%	12%
Archery	3%	7%	8%	7%
Athletics	22%	35%	35%	37%
Badminton	9%	6%	7%	5%
Basketball	16%	18%	19%	17%
BMX	2%	2%	3%	2%
Boccia	1%	0%	1%	0%
Bowls (not ten pin bowling)	2%	2%	2%	2%
Boxing	2%	1%	1%	1%
Canoeing or kayaking	2%	5%	6%	5%
Cheerleading	2%	1%	1%	1%
Climbing	6%	10%	11%	11%
Cricket	15%	22%	27%	17%
Cycling	6%	9%	10%	10%
Dance	10%	12%	10%	15%
Dodgeball	19%	23%	24%	22%
Fitness classes (like aerobics, yoga or circuits)	8%	12%	12%	12%
Football	31%	39%	47%	32%
Goalball	1%	1%	2%	1%
Golf	3%	3%	3%	2%
Gymnastics	11%	11%	10%	13%
Hockey	11%	19%	12%	28%
Horse Riding	2%	3%	3%	3%
Life saving	4%	5%	6%	5%
Martial Arts (like Judo or Karate)	3%	2%	2%	1%
Mountain biking	2%	2%	3%	2%
Netball	19%	25%	16%	36%
Parkour	3%	2%	3%	1%
Roller sports	1%	1%	1%	1%
Rounders/ Baseball/ Softball	22%	34%	32%	37%
Rowing	2%	5%	5%	4%

Rugby	20%	28%	37%	20%
Running or jogging	24%	34%	35%	34%
Sailing	1%	2%	2%	2%
Skateboarding	1%	1%	1%	1%
Snowsports (like skiing or snowboarding)	2%	4%	4%	5%
Squash	2%	2%	2%	2%
Surfing	2%	2%	3%	2%
Swimming	17%	25%	26%	24%
Table tennis	6%	8%	10%	7%
Tennis or short tennis	10%	12%	13%	12%
Trampolining	4%	5%	5%	4%
Triathlon	2%	1%	1%	1%
Volleyball	3%	4%	4%	3%
Water polo	2%	2%	2%	2%
Weightlifting	3%	5%	6%	4%
Wheelchair basketball	1%	3%	4%	2%
Wheelchair rugby	1%	1%	2%	1%
Wheelchair tennis	1%	1%	1%	1%
Other sports	11%	13%	13%	13%

Appendix B: Community Sport

The following table shows the percentage of pupils participating in sport at clubs outside of school, for Wales and for your local authority:

	Wales	Ceredigion	Male pupils in Ceredigion	Female pupils in Ceredigion
Adventurous activities	9%	12%	13%	11%
Archery	5%	9%	9%	9%
Athletics	12%	16%	16%	15%
Badminton	4%	5%	4%	5%
Basketball	7%	10%	11%	8%
BMX	3%	3%	5%	1%
Boccia	1%	0%	0%	0%
Bowls (not ten pin bowling)	2%	4%	5%	3%
Boxing	9%	6%	8%	4%
Canoeing or kayaking	4%	9%	9%	9%
Cheerleading	3%	2%	1%	4%
Climbing	9%	12%	12%	13%
Cricket	8%	10%	15%	5%
Cycling	8%	12%	13%	11%
Dance	14%	16%	5%	27%
Dodgeball	7%	8%	9%	7%
Fitness classes (like aerobics, yoga or circuits)	10%	12%	8%	17%
Football	25%	31%	43%	18%
Goalball	1%	1%	1%	0%
Golf	6%	6%	7%	5%
Gymnastics	12%	12%	6%	19%
Hockey	6%	11%	7%	15%
Horse Riding	6%	9%	5%	14%
Life saving	6%	8%	8%	8%
Martial Arts (like Judo or Karate)	10%	9%	10%	8%
Mountain biking	4%	7%	9%	4%
Netball	9%	7%	5%	10%
Parkour	4%	3%	4%	2%
Roller sports	3%	3%	2%	4%
Rounders/ Baseball/ Softball	6%	9%	10%	9%
Rowing	3%	5%	6%	5%

Rugby	16%	21%	30%	11%
Running or jogging	16%	20%	21%	18%
Sailing	2%	3%	3%	4%
Skateboarding	2%	2%	2%	2%
Snowsports (like skiing or snowboarding)	3%	4%	5%	4%
Squash	2%	3%	4%	3%
Surfing	3%	6%	5%	6%
Swimming	27%	28%	25%	31%
Table tennis	6%	7%	9%	6%
Tennis or short tennis	7%	7%	9%	6%
Trampolining	9%	8%	7%	9%
Triathlon	2%	3%	3%	3%
Volleyball	3%	3%	3%	3%
Water polo	3%	4%	4%	4%
Weightlifting	4%	5%	6%	4%
Wheelchair basketball	1%	3%	2%	3%
Wheelchair rugby	1%	1%	1%	0%
Wheelchair tennis	1%	0%	0%	0%
Other sports	12%	12%	11%	13%

Appendix C: Latent Demand

The following table shows the percentage of pupils that would like to do more sport, in Wales and in your local authority:

	Wales	Ceredigion	Male pupils in Ceredigion	Female pupils in Ceredigion
Adventurous activities	31%	36%	32%	39%
Archery	27%	31%	31%	30%
Athletics	28%	32%	31%	34%
Badminton	18%	19%	19%	19%
Basketball	30%	29%	31%	28%
BMX	20%	24%	33%	15%
Boccia	4%	4%	5%	4%
Bowls (not ten pin bowling)	10%	13%	13%	13%
Boxing	27%	27%	33%	21%
Canoeing or kayaking	19%	27%	23%	31%
Cheerleading	16%	15%	4%	27%
Climbing	35%	42%	38%	45%
Cricket	23%	28%	36%	21%
Cycling	40%	50%	52%	49%
Dance	27%	27%	10%	45%
Dodgeball	37%	35%	39%	31%
Fitness classes (like aerobics, yoga or circuits)	20%	19%	13%	26%
Football	43%	46%	56%	37%
Goalball	6%	6%	7%	5%
Golf	20%	21%	27%	16%
Gymnastics	25%	25%	11%	38%
Hockey	20%	28%	21%	36%
Horse Riding	24%	27%	13%	41%
Life saving	18%	22%	18%	25%
Martial Arts (like Judo or Karate)	22%	23%	23%	22%
Mountain biking	28%	37%	45%	29%
Netball	26%	27%	16%	39%
Parkour	29%	29%	38%	19%
Roller sports	15%	18%	13%	23%
Rounders/ Baseball/ Softball	27%	32%	31%	35%
Rowing	13%	19%	17%	21%

Rugby	31%	37%	44%	29%
Running or jogging	34%	36%	35%	36%
Sailing	12%	16%	14%	19%
Skateboarding	17%	19%	19%	19%
Snowsports (like skiing or snowboarding)	18%	24%	22%	26%
Squash	11%	12%	14%	11%
Surfing	23%	30%	26%	34%
Swimming	52%	55%	51%	60%
Table tennis	26%	32%	35%	29%
Tennis or short tennis	22%	25%	27%	24%
Trampolining	40%	43%	36%	50%
Triathlon	11%	14%	15%	14%
Volleyball	17%	18%	16%	21%
Water polo	16%	17%	15%	19%
Weightlifting	17%	21%	25%	16%
Wheelchair basketball	7%	10%	10%	10%
Wheelchair rugby	5%	7%	7%	7%
Wheelchair tennis	5%	6%	6%	7%
Other sports	25%	24%	23%	25%

Appendix D: 'I would do more sport if...'

The following table shows the percentage of pupils that 'would do more sport if...':

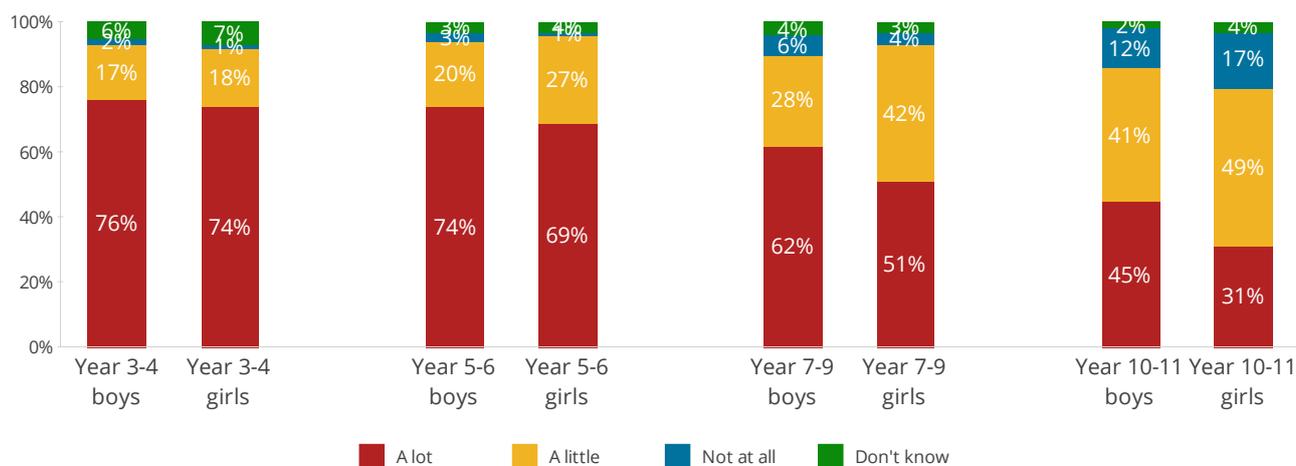
	Wales	Ceredigion	Male pupils in Ceredigion	Female pupils in Ceredigion
There were more sports that suited me	35%	35%	34%	37%
My parents went with me	11%	11%	11%	10%
My friends went with me	38%	38%	30%	46%
I had more time	34%	41%	38%	45%
It was cheaper	19%	22%	19%	25%
If the clubs were easier to get to	20%	23%	21%	26%
If the school sports facilities were better	12%	13%	12%	15%
If the community sports facilities were better	9%	11%	10%	12%
If the changing rooms were nicer	12%	11%	9%	14%
If the kit was nicer	12%	12%	9%	16%
If I had the kit or equipment that I need	12%	12%	12%	13%
If I was fitter	20%	23%	19%	26%
If I was better at sport	21%	24%	20%	29%
If girls and boys did sports at different times	10%	11%	6%	17%
If I didn't have to go straight home after school	9%	10%	8%	11%
If I didn't have to get the bus home	6%	8%	7%	9%
If I didn't have other things to do after school	14%	15%	12%	19%
If I enjoyed it more	15%	17%	16%	18%
If I was more confident	21%	24%	17%	31%
I already do enough sport	9%	9%	11%	7%
I don't want to do more sport	4%	3%	3%	3%
Other	13%	11%	12%	10%

Appendix E: Healthy Lifestyle

59% of pupils said that PE lessons and sport contributed a lot towards a healthy lifestyle, compared to a national average of **56%**.

64% of boys and **56% of girls** in Ceredigion believed that PE lessons and sport will help them achieve a healthy lifestyle, compared with national average for boys (**59%**) and girls (**54%**), respectively.

Figure 16. How much do PE lessons and sport help you to have a healthy lifestyle?



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Minutes of the Meeting of Healthier Communities Overview and Scrutiny Committee held at the Council Chamber, Penmorfa, Aberaeron and remotely on Thursday, 27 October 2022

PRESENT: Councillor Caryl Roberts (Chair), Councillors Ceris Jones (Vice-Chair), Ann Bowen Morgan, Amanda Edwards, Elaine Evans, Eryl Evans, Keith Evans, Wyn Evans, Gwyn James, Sian Maehrlein, John Roberts & Carl Worrall.

Also in attendance: Councillors Euros Davies & Rhodri Evans.

Cabinet Members Present: Councillor Alun Williams.

Officers in attendance: Elizabeth Upcott, Corporate Manager, Safeguarding; Carwen Evans, Corporate Manager, Public Protection; Heddwyn Evans, Environmental Health Manager; Elis Gwyn, Senior Environmental Health Officer; Donna Pritchard, Corporate Lead Officer, Porth Gofal; Dwynwen Jones, Overview and Scrutiny Officer; Neris Morgans, Democratic Services Officer & Nia Jones, Corporate Manager, Democratic Services.

(10.00am - 12.00pm)

1 Apologies

- i. Councillor Mark Strong apologised for his inability to attend the meeting.
- ii. Councillor Matthew Vaux, Cabinet Member apologised for his inability to attend the meeting due to other Council commitments.

2 Disclosures of personal interest (including whipping declarations) Members are reminded of their personal responsibility to declare any personal and prejudicial interest in respect of matters contained in this agenda in accordance with the provisions of the Local Government Act 2000, the Council's Constitution and the Members Code of Conduct. In addition, Members must declare any prohibited party whip which the Member has been given in relation to the meeting as per the Local Government (Wales) Measure 2011.

There were no disclosures of Personal and Prejudicial Interests (including whipping declarations) from Committee Members.

3 To present to Committee the Regional Dementia Strategy developed by the West Wales Care Partnership Regional Dementia Steering Group

Councillor Alun Williams (Cabinet Member for Through Age and Wellbeing) explained that the Regional Dementia Strategy had been developed by the West Wales Care Partnership (WWCP) Regional Dementia Steering Group. WWCP brings together organisations from the statutory, third and independent sectors with a remit of integrating and transforming health, care and support in the region. Funding provided by Welsh Government (WG) funding was managed through the Dementia Steering Group and would be instrumental in delivering agreed priorities within the Strategy. A Population Needs Assessment recently presented at Cabinet indicated an increase in the number of people aged 80+ due to the post-war baby boom reaching this age and so this strategy would be key in moving forward. An overview of the WWCP Dementia Strategy was provided to the committee, with reference to

the current provision, best practices, feedback from structured interviews with stakeholders and carers and the approach to implementing the dementia wellbeing pathway.

Donna Pritchard referred to the Next Steps from a regional and county perspective. Regionally, 6 work streams had been identified which included Community Engagement, Hospitals and Training and Recruitment. There was representation from the local authority on all work streams. It was noted that well-being connectors would work in the community and would work closely with Porth Cymorth Cynnar. The local authority had secured funding from WG to commission consultants to support developing a plan to deliver the key outcomes noted in the strategy.

Members were provided with the opportunity to ask questions which were answered by Donna Pritchard. The main points raised were as follows:

- Members welcomed the paper and noted that it was key to ensure members in the community received the best care.
- Given the current economic climate, concerns were raised about how the strategy would be implemented. It was noted that an in-depth mapping of services was crucial to understanding what provision was already in place in the county and whether they continued to be fit for purpose. There was a regional focus at present, but the local authority was in the process of developing a service specification, which would hopefully be completed by 31.03.23. Following this, the work would be able to progress at a county level.
- Members felt strongly that day centres which were severely impacted by Covid-19 were a lifeline for people who cared for loved ones. Work currently being undertaken at Canolfan Padarn, Canolfan Meugan and Hafod had been impacted by a lack of materials. At present, there was currently no timeframe to re-open the buildings. Reassurance was provided that everyone who received support from staff in the centres continued to receive support.
- In response to a question related to whether there were enough places in the county's residential care homes for dementia care and respite care, it was noted that homes were managing people with far more complex needs than in the past. Wrap-around services were being developed to support people to live at home and a 6-bed wing dedicated to dementia care was in the process of being developed at Hafan Deg, Lampeter. Dependent on its success, similar wings would hopefully be developed in other homes in the county. EMI nursing was the biggest challenge and opportunities to develop this was being looked at.
- Concerns were raised that respite care and day centres were not available locally for families which results in people travelling further afield and spending more time on buses rather than in day services. Transport proved challenging in Ceredigion due to its rurality, but the aim was to make services more accessible for people. The utilization of community facilities and current resources was suggested.
- The importance of ensuring patients with dementia received support in their first language was highlighted.

- In terms of staffing, there were difficulties recruiting and retaining social care staff nationally, and therefore this area would need to be looked at. A dementia training programme would be developed for staff who provided support for people with dementia.
- In extensive review of how services including day centres and residential care provision were delivered across the board in Ceredigion was due to commence, which would provide a platform for the next 5-10 years.

Following questions by the Committee Members, it was agreed to note the report for information and the following recommendations to Cabinet prior to approval:

1. The importance of ensuring the preferred language of service users was considered in the service provision
2. Utilization of current resources including buildings
3. Suitable transport and ensure service provision was as local as possible
4. The importance of day centres available locally to service users

4 Independent Reviewing Service Performance Management Report quarter 4 2021 2022

Councillor Alun Williams (Cabinet Member for Through Age and Wellbeing) presented the Independent Reviewing Service Report Quarter 4 2021/2022. Quarterly reports were taken to the Healthier Communities Overview and Scrutiny Committee as part of an ongoing examination of the topic to ensure that the Local Authority fulfils its duties as the Corporate Parent. The report includes national and local standards and targets used to measure outcomes for looked-after children (LAC) and care leavers at the time of their review meeting and includes Welsh Government Performance Indicators. Based on the information available and the views expressed during the review meeting, the IRO makes a professional judgement about the effectiveness of a child/young person's care plan in meeting their needs and may recommend changes to the care plan. During the review meeting, the IRO considers whether the child/young person requires assistance to identify relevant other people to obtain legal advice/take proceedings on their behalf. This action was not deemed necessary by the IRO for any child in the period. In addition, the IRO has regard as to whether the child/young person's human rights are being breached in any way and, if so, might make a referral to CAF/CASS Cymru. This action was not required at any of the review meetings in the period.

These reports are considered within Multi Agency LAC Quality Assurance Meetings which meet quarterly; these meetings provide an opportunity to identify and act upon performance and other issues with this area of work. The reports are also circulated and reviewed by the Local Authority's Corporate Parenting Group, which takes place quarterly. Councillor Alun Williams proceeded to present a Summary of the Key Points noted on page 2 of the report.

Members were provided with the opportunity to ask questions which were answered by Elizabeth Upcott and Councillor Alun Williams. The main points raised were as follows:

- There was no mother and baby residential provision in the county and therefore if an assessment was required, they had to go out of county. In addition, some placements were out of county due to the locations of foster carers whilst others were due to specialist placements which were not available in the county.
- There was a process to follow when the public expressed an interest in becoming foster carers which included assessments and interviews that could take up to six months. There were ongoing recruitment drives nationally due to the shortage of foster carers. Foster carers worked either for local authorities or for agencies.
- Reference was given to the placement language and the child's first language needs noted on page 6 of the Independent Reviewing Service Performance Management Report.
- It was noted that the cost of out-of-county placements varied, dependent on the needs of children and young people. Out-of-county placements could be more costly than placing children and young people in a foster care setting.
- Work was ongoing to increase the range of in-county care, which was important for the children, their families and potentially financially.
- It was highlighted that GP services were under extreme pressure, particularly since Covid-19 however no problems had been reported regarding children and young people in the local authority's care having access to appointments. Any issues would be discussed at quarterly monitoring meetings and escalated as required.
- If the local authority had parental responsibility for a child, the child would be given the necessary immunisations. In the event a parent had parental responsibility and did not give consent, discussions would take place with the parent.

Committee Members expressed their appreciation for the department and for their hard work in very challenging times.

Following questions by the Committee Members, it was agreed to note the contents of the report and the levels of activity within the Local Authority.

5 Air Quality Progress Report

Heddwyn Evans explained that the purpose of the report was to provide members with the findings of Ceredigion County Council's 2022 Air Quality Progress Report, in fulfilment of Part IV of the Environment Act 1995 Local Air Quality Management. In terms of statutory monitoring duties placed on Ceredigion County Council, there was a requirement to report on both Nitrogen Dioxide (NO₂) and Particulate Matter (PM₁₀) annually. Other pollutants contained in the regulations were exempt from mandatory reporting unless there was evidence of a local issue that needed to be addressed. Given Ceredigion's rural location and lack of heavy industries, the authority was not subject to exceedances in relation to the pollutants exempt from mandatory reporting. By using diffusion tubes, 11 sites were currently monitored in Ceredigion for NO₂. If levels of NO₂ reached an annual mean objective of 40µg/m³, a Local Air Quality Management Area would be

declared. In terms of PM₁₀, it can cause adverse health issues however the monitoring of PM₁₀ has been consistently good in Ceredigion.

Due to restrictions and different priorities during the Covid-19 pandemic, sampling was paused hence the 6 months of reporting in the report. From a Quality Assurance and Quality Control perspective, Diffusion Tube Bias Adjustment Factors were used on the spreadsheet provided by Defra to adjust measurements, to ensure results were consistent across the county. Reference was given to the trends in annual mean NO₂ concentrations during the last 5 years of monitoring included in the report. It was highlighted there had been a reduction nationally last year due to less traffic during the pandemic. It was highlighted that air pollution in Ceredigion was the second lowest in Wales.

Members were provided with the opportunity to ask questions which were answered by Heddwyn Evans, Elis Gwyn and Carwen Evans. The main points raised were as follows:

- It was noted there was no requirement for the local authority to monitor ammonia or methane.
- Questions were raised around whether monitoring should be done in all towns within the county; it was clarified that officers actively evaluated sites to ensure the most effective areas were measured.
- In terms of resources, it was noted that the diffusion tubes were not expensive, but the work involved was not always the best use of staff time. As all towns were smart towns, it was suggested that sensors could be considered to provide indicative monitoring in moving forward.
- In response to a member's comments, it was noted that appropriate legislative steps were taken to deal with pollutants and as risks and understanding developed, adaptations were done to the legislation.

The Chair highlighted the importance of communicating the county's success to the public in a press release.

Following questions by the Committee Members, it was agreed to note the content of the report and recommend to Cabinet that the report is published on the council website, and submitted to DEFRA, in line with statutory requirements.

6 Draft Forward Work Plan 2022-2023

It was agreed to note the contents of the Forward Work Programme presented subject to the following:

- A meeting would be held with the Chair/ Vice-Chair and relevant Corporate Lead Officers to discuss the Forward Work Plan on 09.11.22.
- Members agreed to arrange a Special meeting on 23.01.22. An update on Covid-19 would be provided and CAMHS have been invited to attend the meeting.
- An update on the 'Through Age & Wellbeing Programme'
- A report on Inspection of Food Outlets (after April 2023)
- Update on Domiciliary Care (Dementia Services/ Residential Care Homes) (April 2023)

- Update on Day Services in the County (Interim report in January 2023/ full report April 2023)
- Occupational Therapy outsourcing work – costs and cost implications

The Chair explained that Learning Communities Overview and Scrutiny Committee had invited members of the committee to their meeting on 08.12.22 to discuss a report on autism and the services around this.

7 To consider minutes of the previous meeting

It was agreed to confirm the minutes of the meeting held on 28 July 2022.

Matters arising: None.

Confirmed at the Meeting of the Healthier Communities Overview and Scrutiny Committee held on 23 January 2023

Chairman: _____

Date: _____